



# Working up a patient using the SOAP format

## Patient Specific Information

- May be obtained by pharmacist or others; examples:
  - History & Physical
  - Medication History

## Develop The Problem List Based on Your Analysis of Patient Data

- Pharmacist problem list
- Each problem is prioritized (what is most important to address 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, etc..)
- Be discerning – example:
  - Is HTN a separate problem or part of a bigger problem?

SOAP out each problem

Problem #1	
S	O
A	P

S&O: Only include data **relevant to this particular problem** – be discerning

Problem #2	
S	O
A	P

Problem #3	
S	O
A	P

Etc..

Assessment and plan are for each individual problem, but don't forget to think if **treatment or monitoring** needs to be altered in view of the other problems

(e.g., If problem #1 is HTN and problem # 2 is heart failure – can rationalize therapy to treat both)

Be specific  
Drug, dose, route,  
how & when to  
monitor, counseling  
issues, etc