### DIRECTORY

Mike Bridges, PT, DPT, Instructor Kenneth Bush, PT, PhD, Professor Nancy Cicirello, PT, EdD, MPH, Professor Alice Johnson, Administrative Assistant to ACCE Katie Farrell, PT, DSc, GCS, Professor Jeremy Hilliard, PT, DPT, Instructor Erin Jobst, PT, PhD, Associate Professor John Medeiros, PT, PhD, Professor Tamarra Mellick, Administrative Assistant Robert Nee, PT, PhD, MAppSc, Associate Professor Verna Ourada, PT, PhD, Assistant Professor Rebecca Reisch, PT, DPT, OCS, Associate Professor, ACCE Jose Reyna, PT, DPT, Instructor Richard Rutt, PT, PhD, ATC/R, Professor, Director Sheryl Sanders, PhD, Professor of Anatomy Daiva A. Banaitis, PT, PhD, Professor Emerita Laurie Lundy-Ekman, PT, PhD, Professor Emerita

Julie Robertson, MSPT, 2000, Editor e-mail: jrobertson@fvcc.edu

#### **OFFICE OF ALUMNI AFFAIRS**

Martha Calus-McLain, Director 503-352-2057 alumni@pacificu.edu

#### PACIFIC UNIVERSITY

School of Physical Therapy 222 SE 8th Ave. Hillsboro, OR 97123 www.pacificu.edu/pt

#### WEB SITES FOR PHYSICAL THERAPISTS:

2013 Salary Survey Results http://physical-therapy.advanceweb.com/Web-Extras/ Online-Extras/2013-Salary-Survey-Results-2.aspx

PT Magazine www.apta.org/PT\_magazine/index.html

Physical Therapy Journal www.apta.org/PT\_Journal/index.html

**Therapy Student Journal** www.TSJournal.com

Wheeless' Textbook of Orthopaedics www.medmedia.com

**Oregon Physical Therapy Association** www.opta.org

Medline

www.medportal.com

**Physician and Sports Medicine** www.physsportsmed.com

**Outlines of Clinical Medicine** www.avicenna.com

American Physical Therapy Association www.apta.org

Oregon State Licensing Board www.ptboard.state.or.us

North American Institute of Orthopedic Manual Therapy (NAIOMT) www.naiomt.com

**Employment Opportunities** email: sfisher@opta.org

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HOMECOMING 201 PACIFIC UNIVERSITY SAVE THE DATE OCT. 2-4, 2015

#### SAVE THE DATE FOR HOMECOMING 2015

Return home for a weekend with friends at Homecoming 2015, October 2-4. Make your hotel accommodations now for this great weekend of activities including: • Class reunions for milestone years • Athletic Hall of Fame • Willamette Valley wine tour • Boxer Nation Celebration tailgate party • Football vs. Pacific Lutheran University

• And more!

Visit pacificu.edu/homecoming to learn more. Registration will be available this summer.

#### EMPLOYMENT OPPORTUNITIES

Check out the Pacific University PT website for employment postings. From the PT page click on Alumni and then view the different states at the bottom of the page. Select a state and review the opportunities that are posted. If you have a job listing that you would like posted, email mell9585@pacificu.edu. Take advantage of this great opportunity to market your position!

#### IN MEMORIAM

James T. Nunley, PT '84 passed away on October 27, 2014 after battling colon cancer. Jim died peacefully with his family at his bedside at Valley Care Medical Center, in Pleasanton, California. After graduating from physical therapy school, Jim worked in Astoria, Oregon before moving to the East Bay area of California in 1985, continuing his PT work until shortly before his death.

To view his obituary: http://www.legacy.com/obituaries/contracostatimes/obituary.aspx?pid=173010994#sthash.OmnW-PVkF.dpuf

### A NOTE FROM THE EDITOR

#### Greetings fellow PT Alumni,

There are many fellow alumni we haven't heard from in a long time; please don't forget to submit your updates either by filling out the form in this newsletter or by emailing me at jrobertson@fvcc.edu. In addition, you are welcome to share your reflections and memories of your days at Pacific University for inclusion in the next newsletter - along with any old photos. As always, I love to hear what you are doing both personally and professionally. I look forward to hearing from you!

Julie Robertson, PT, MSPT Class of 2000

### KEEP US UP-TO-DATE!

Let us know what you and your colleagues are up to.

\_\_\_\_\_

Name:

Class Year: Address:

Phone: \_\_\_\_\_

What's happening: \_\_\_\_\_

Pacific Contract Oregon School of Physical Therapy 222 SE 8th Ave. Hillsboro, Oregon 97123



Third, we are preparing our self-study for re-affirmation of our accreditation. An on-site team representing the Commission on Accreditation of Physical Therapy Education (CAPTE) will be on campus this coming October to review our program. While it is a lot of work, it is always exciting to showcase the program and the good work of our students, faculty and staff.

As always, please stay in contact with the School and let us know what is happening in your lives. We love to hear from each and every one of you.

Warm regards,

Richard A. Rutt, PhD, PT, ATC/R Director, School of Physical Therapy

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# PHYSICAL THERAPY NEWS PAID NONPROFIT ORG. PERMIT NO. 67 FOREST GROVE, OR

US POSTAGE



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### DEAR ALUMNI AND FRIENDS,

We just completed another commencement ceremony. Forty-two graduates walked across the stage to receive their hoods and diplomas signifying successful completion of their studies for the Doctor of Physical Therapy degree. We welcome these graduates as colleagues in the profession of physical therapy.

This year has been very busy and exciting with many changes in the offing. First, Dr. Nancy Cicirello retired from the faculty at the end of this academic year. After having been a core faculty member of the School of Physical Therapy for 24 years, Nancy is off to new adventures.

She will certainly be missed by all of us here in the School and by many others from around the University as well. We wish her the best as she begins her new journey. Nancy was granted Professor Emerita status upon her retirement and we hope she will continue to be involved with the School. Dr. Barbara Johnson most recently on faculty at the University of Wisconsin has been appointed to fill the faculty position vacated by Dr. Cicirello. Dr. Johnson received her physical therapy degree from the University of Utah, her Master of Science in Public Health degree from Walden University in 2007 and her PhD in Disability Studies from Utah State University in 2012. She has been providing care to pediatric patients/clients since receiving her PT degree in 1980.

Second, Dr. John Medeiros, who was on sabbatical during this past spring semester, will be returning in the fall on a part-time appointment. Dr. Ken Bush has also reduced his appointment to part-time. In essence, Dr. Medeiros and Dr. Bush will share a position with Dr. Medeiros teaching in the fall semester and Dr. Bush teaching in the spring. This allowed us to establish another full-time teaching position; this position was filled by Dr. Becca Reisch, who is relinquishing her responsibilities as Academic Coordinator of Clinical Education (ACCE). Dr. Jeremy Hilliard, who has served as Assistant ACCE for the past 3 years will take over the ACCE responsibilities beginning this summer. Dr. Brian Wilkinson has been appointed Assistant ACCE. Dr. Wilkinson received his DPT degree from University of Southern California in 2006 and received his certification as a hand specialist in 2014. We also welcomed Dr. Michael Bridges (2008) to the faculty this past fall. His teaching responsibilities include Clinical Biomechanics and Physical Agents and Mechanical modalities. He also treats patients in the faculty practice clinic.

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### **AIUMNI UPDATE**

#### 1979

Jean Black-Groubs is retiring from teaching in the Gresham Barlow School District this June. Jean states, "I still carry my PT licenses and my license to teach, but have not yet decided if I will use them or how. I intend to join a writers' group, do some work with both donkey and Great Pyrenees rescue, garden, and spend some well-deserved time with my wonderful husband Rick."

#### 1986

Macy (Tadena) Massey, husband Mark, and teenagers Ruby and Sterling are living in paradise. After years of living in Seattle and Whitefish, Montana they made the move to Hawaii!

Judy Bredskar has been working in acute care at McKenzie Willamette Medical Center for the past 28 years and has two kids in college now. She changed her last name from Ellis back to her maiden name of Bredskar.

Sally Miller has been working as a PT for 29 years and has been with Tuality Healthcare in Forest Grove, OR for the past 17 years. In addition, she has coached endurance cycling for the Leukemia-Lymphoma Society for 10 years and recently started a wood fired mobile pizza business.

Lisa Goodrich works at Good Samaritan Regional Medical Center in Corvallis and is now a certified lymphedema therapist. Her twins are in college: one at OSU, one at U of O!

#### 2000

Julie Robertson was awarded her 2nd degree black belt in taekwondo in November 2014. She has been practicing the sport for 10 years (and has had two broken noses to show for it).

#### 2004

Judy DeLong-Rittman has been busy giving back to the PT profession. She was elected in September 2014 as the APTA delegate for Washington state, has been serving on the APTA Advocacy group committee providing responses to Medicare regarding rule changes for DME, and is a volunteer advisory board member for Bridge Disability. In addition, she co-sponsored a CE course "Managing the Medicare Maze of DME" in Spring 2014.

#### 2005

Kelsi Compton-Griffith made a permanent move to San Diego in December and is working at Rady Children's hospital. If classmates want to reach her, she is still at kelsicg@yahoo.com.

Nicole Runyan is still working at an outpatient orthopedic clinic for Providence in Clackamas. She mostly sees orthopedic patients, but also treats vestibular patients. She and her husband have been married for 14 years now, and they are getting ready to send their foster son to college this fall. It was a new experience for them to be foster parents and they are looking forward to this big transition for him.

Kathryn (Hoover) Blacken is still working at Life Care Center of Kirkland SNF and living in Seattle. She says "Congratulations to the class of 2005 on 10 years post-graduation. Our classmates have had many moves and changes - please keep me updated with your most current e-mail and address! You can email me at hooverke@hotmail.com or via the Pacific University PT class of 2005 Facebook page. Hope all is well!"

Jarrod Karnofski was remarried on July 12, 2014. He and wife Vinessa have 4 kids between the two of them, which keeps them very busy! Jarrod has been at Columbia Memorial Hospital in Astoria, OR for the past seven vears and has been working in hospital administration for the past four. He is currently Vice President of Ancillary and Support Services, overseeing the managers of Imaging, Lab, Rehab, Cardiac and Pulmonary Rehab, Respiratory Therapy, Facilities, Food Services, Medical Nutrition, Housekeeping, and Laundry. He is also the Safety Officer and runs the hospital Safety Committee. He still sees occasional patients, and is training in spinal manipulation.

#### 2008

Kimi Hee is working at Kapiolani Medical Center for Women and Children in Honolulu. She married Nick Aina, a pediatric oncology nurse.

Andrea Johnson was married to David Koskamp on August 9, 2014.

Jeremy Hilliard welcomed daughter Annelise Jayne on August 14, 2014. He accepted the position of ACCE at Pacific University beginning July 1, 2015.

#### **ALUMNI CLASS CONTACTS**

This is the current list of class contacts. If your class is not represented and you are willing to be your class contact person, please email the editor at jrobertson@fvcc.edu. Thank you!

| 1979 | Anne (Harrington)   | annewats@aol.com       | 2005 | Kathryn Hoover    | hoo   |
|------|---------------------|------------------------|------|-------------------|-------|
|      | Watson              |                        | 2006 | Stephanie Wolfe   | vbps  |
| 1984 | Enid Halewyn        | enideh@gmail.com       | 2007 | Jeanette Schacher | jean  |
| 1986 | Lisa Goodrich       | mlgoody@peak.org       | 2008 | Jeremy Hilliard   | hill4 |
| 1988 | Rita (Flaim) Larson | ritajohnlarson@msn.com | 2009 | Josh Zavertnick   | zave  |
| 1989 | Cathy (Leong) Doyle | mptcnt@gmail.com       | 2010 | Belen Garcia      | garc  |
| 1999 | Jason Brumitt       | brum4084@pacificu.edu  | 2011 | David Peterson    | pete  |
|      | Julie Robertson     | jrobertson@fvcc.edu    | 2012 | Shahin Pabani     | paba  |
| 2001 | Melissa Miller      | melamiller@hotmail.com | 2013 | Laura Volcheff    | volc  |
| 2003 | Jeni Gall           | jrussellmania@msn.com  | 2014 | Alysha Spear      | spea  |
| 2004 | Jen Lambert         | lamb5802@pacificu.edu  | 2015 | Evan Liu          | liu4  |
|      |                     |                        |      |                   |       |

SCHOOL OF PHYSICAL THERAPY LOST ALUMNI: CONTACT MELL9585.PACIFICU.EDU WITH ANY UPDATES

Tudy Gates '82 Rebecca A. Reed '01 Nancy A. Ward '90

### **FACULTY NEWS**

#### Katie Farrell, PT, DSc

Katie helped established an Interprofessional Dizziness and Balance Clinic. This is a new clinic run by PT, Audiology, and Optometry. It is also a volunteer opportunity for health profession students. The clinic is held once a month, and started Dec. 5, 2014.

#### Michael Bridges, PT, DPT

Mike and the Portland State Physics department produced a video regarding Physics in Physical Therapy. The final product will be around 2-3 5min videos explaining how Physics is used in Physical Therapy. The videos will then be used in an undergraduate physics course along with problem examples from the videos. They collected videos from several medical settings that show how important physics is in each setting. https://www.youtube.com/playlist?list=PL8sA-GV63nB5fozXiOtNVtJtk bnK528i Nov. 2014

#### Jeremy Hilliard, PT, DPT

Medical Camp for Saturday Academy: Jeremy Hilliard, PT, DPT and Verna Ourada, PT, PhD. discussed physical therapy with high school students. This was a combination lecture and demonstration on what physical therapy is and some of the interventions physical therapists do. July 2014

Verna Ourada, PT, PhD. participated in a Poster presentation at Pacific University Board of Trustees Meeting, Pacific University CHP Inaugural Poster Session, and at the Oregon Public Health Association Annual Conference, Corvallis, OR on Insights into care provision to family caregivers. April 2014

Pacific Authors Celebration. Nancy Cicirello, Chris Hoekstra, Erin Jobst, John Medeiros, Robert Nee, Verna Ourada, and Richard Rutt were among selected works of faculty and staff published in 2014. This opportunity recognizes colleague's scholarly contributions made on behalf of the university over the past year. April 2015

#### Nancy Cicirello, PT, EdD

Nancy received one of the University Target Grants with co-faculty Sandra Rogers, OTR, PhD and Chris Macfarlane, PhD (OT and Special Education faculty) to pilot an on-line technology course for Chinese therapists working in the NICU.

The three went to China in May to complete the practicum portion of the course. If this is successful, the three will be working towards development of an on-line pediatric therapist specialty certificate for therapists in China and potentially other countries.

On April 27, Nancy attended the Therapy in Educational Settings (TIES) conference. She received a PT excellence award for extended service and support to children and students in Oregon from the Regional Services for Students with Orthopedic Impairments, Oregon Department of Education.



## 2015 CLASS LISTING

overke@hotmail.com osteph@msn.com nette\_77\_2000@yahoo.com 14088@pacificu.edu e2503@gmail.com cibelen@gmail.com e4118@pacificu.edu ba8615@pacificu.edu c6542@pacificu.edu a9976@pacificu.edu 4236@pacificu.edu

UPC Walk Run Roll with Nancy Cicirello and PT students.



#### Graduates

Matthew Asahara Andrew Ball Anora Burwell Elizabeth Hagemaier (Cater) Kristen Delsigne Jennifer Dimon Nicholas Fabula Kirsten Gower (Giannaris) Nathan Gilpin Erin Good Kevin Grisell Victoria Haddad Jessica Hawley-Gamer Andre Heiber Natalie Chirgwin (Hemphill) Shawnae Huffsmith Brandy Jacob Claire Kopfmann Lacey Krebs Lauren Kriegel Courtney Lewis

Evan Liu Joseph Oelfke Nicole Peterson **Ricky Pitman** Jessica Pryor Kevin Pust Mary Jenkins (Reed) Megan Rennie Ashlee Roderick Jacob Schneller Hannah Schonau-Taylor Ashley Schroder Anne Jeffery (Schulenberg) Ashley Althaus (Sledz) Stephanie Smith Emily Thacker Jonathan Thaher Lauren Wagner Caleb Werner Daniel Wittrock Stephanie Yamamoto

#### **STUDENT AWARDS FOR 2015**

Director's Award: Joseph Oelfke Valedictorian: Kristen Delsigne

Community Service: Lauren Wagner

Alumni Award/Outstanding Graduate: Evan Kien Liu

Outstanding Service to the School of Physical Therapy: Caleb Werner