

Information for Pacific University Graduate Psychology Students Accessing the Student Counseling Center

Hillsboro Office located at 730 SE Oak Street, Suite D | 503-352-2658
Forest Grove Office located at 2043 College Way | 503-352-2191

The Student Counseling Center (SCC) serves both as a clinical training site and as a clinical service center for students of the School of Graduate Psychology. This document is provided for your information regarding our intentions to follow our ethical, legal, and clinical directives in both of these roles.

The SCC is committed to supporting students reach their academic potential by focusing on intellectual, emotional, social, and cultural development. Therefore, we encourage students to seek counseling when the need arises. However, receiving counseling services at SCC is likely to make practicum training at SCC untenable due to our ethical guidelines to avoid engaging in "potentially exploitive or harmful multiple relationships" as outlined in the *APA Ethical Principles and Code of Conduct* and the *NASW Code of Ethics*, "safeguard the integrity of the counselor-client relationship," as outlined in the *ACA Code of Ethics*. If you are interested in pursuing training in college counseling center settings and are in need of counseling services please do not forgo counseling. For students who choose to seek counseling through the SCC, there are several other college counseling center sites in the Portland-metropolitan area to choose from for practicum training. Alternatively, if you would like to keep the SCC as an option for clinical training, we are happy to help with referrals for off campus mental health providers.

In accordance with our ethical and legal mandates, we protect the confidentiality of our clients including taking precautions to avoid accidental disclosures of confidential information related to education and clinical services. SCC clients enjoy the same privileges of confidentiality that protect any person who seeks counseling. Additionally, we choose to take extra precautions, as outlined below, to protect student privacy because of our dual role.

- We utilize safeguards to ensure your privacy in our Electronic Records System (Titanium Schedule), such as restricting access to client records and to search functions for our practicum trainees.
- SGP students are offered services with SCC professional staff in our Hillsboro location to avoid contact with our clinical practicum trainees, who provide services in our Forest Grove location.

As part of our routine practice, we may offer referral services for students whose concerns cannot be accommodated within our scope of practice (please refer to Scope of Practice Statement for more information). SCC services are not an appropriate substitute for long-term, comprehensive, or specialty psychological services. We encourage students seeking services off campus to contact their medical insurance companies for a list of preferred providers and we are happy to make recommendations to community providers upon request.

Please see our website at <http://www.pacificu.edu/about-us/offices/student-counseling-center> for clinic hours, staff profiles, and additional resources.