School of CSD Appearance & Behavior Requirements
for Graduate Students in Clinical Settings
[Appendix 2B]

Tops
- No visible midriff or cleavage (anterior or posterior). Ensure clothing coverage will remain adequate for required clinical activities (e.g., sitting on the floor, client transfers, leaning over etc).
- No tank tops
- Some sites require shirts to be tucked in
- T-shirts, when allowable, should be in good condition and not have bold logos/advertising or messages

Bottoms
- Pants or longer skirts are acceptable
- No shorts, short skirts, or blue jeans
- Pants should be high enough or belted to avoid skin exposure around mid-section

Shoes
- Wear comfortable, sensible shoes at all times
- Shoes must be closed toe and heel (no sandals or flip-flops)
- Socks must be worn with all shoes (discrete “footie” socks and hosiery ok)
- No strikingly high heels (modest heel ok)
- No sneakers/athletic shoes

Grooming
- No fragrance. This includes perfume/cologne, as well as body odor and breath
- Minimal or no jewelry
- Hair should look professional/tidy
- Facial hair should be neatly trimmed or shaved
- Nails clean and trimmed
- Nail color should be professional and without apparent chips. Some healthcare settings prohibit artificial nails, nail polish/gels.

Other
- Pacific University name tag must be worn at all times while on site in any clinical setting
- With the exception of a maximum of 2 small earrings per ear, all visible piercings/bars/spacers should be removed
- All tattoos should be covered
- Tattoo and piercing exceptions may be made by some clinical sites
Professional Behavior during Clinical Experiences
- Eat, caffeinate, and hydrate yourself before you arrive to your clinical site. You should do little/nothing of this until a designated break.
- No chewing gum at any time; breath fresheners are okay as long as they are discrete.
- Arrive well-rested, healthy, and motivated to work and learn each day.
- Exchange contact information with your site supervisor so you can reach them as needed and vice versa.
- If you are ill, give your supervisor notice of your absence promptly and directly.
- Arrive early every day and always allow extra time for travel.
- Silence or power off all electronic devices/cell phones and avoid using them during clinical time.
- Come prepared for your clients and any basic supplies like notepad and writing utensils.
- Save discussion, comments, and questions for after client sessions, unless otherwise arranged with supervisor.
- Demonstrate a commitment to learning by seeking new ideas, trying out new methods, and completing all assignments.
- Seek feedback, accepting constructive criticism, and implementing suggestions.
- Demonstrate self-advocacy by asking questions, seeking clarification, and addressing concerns in a timely manner.
- Referrals, recommendations, or advice shared with clients always requires the approval of your supervisor.
- Send a thank you card to every supervisor and other supportive individuals at your site, post-observation or at the conclusion of a practicum.
- Respond to all emails regarding clinic (from supervisor, site staff, or clinical faculty) within 24 hours.