


Alumni Update

1998
John Rocklin co-authored an article with Dr. John Medeiros titled “Manual Therapy, Therapeutic Exercise, and HipTrac for Patients with Hip Osteoarthritis: A Case Series,” which was accepted for publication in Orthopaedic Practice.

2000
Natalie Reed (Beltram) traveled to the Dominican Republic in January 2017 with a Portland team from Operation Walk Freedom to Move to perform joint replacement surgeries. The team performed 62 surgeries in four days and Natalie was the only PT on the trip, using her creative PT skills to work with few to no supplies, cramped rooms, and an unfamiliar Spanish dialect! The trip was a huge success and Natalie hopes to return in 2018. For more about the organization, visit their website at www.operationwalkftm.com.
Julie Worski-Gustafson works part time at Las Cruces Comprehensive Rehab and Home Care in Las Cruces, NM. She continues to work in both outpatient and home health and specializes in Lymphedema therapy. Julie stays busy with running and strength conditioning and spending time with her kids and husband of 17 years.
Jeremy Kern is in his 17th year working at Providence Milwaukie hospital’s outpatient physical therapy department. He recently presented on conservative treatment options for knee pain and hip pain at community information sessions. He continues to play rec soccer weekly and just completed a trail run half marathon at Timothy Lake.

2005

Brenna Brandsma married Christopher Templeton on May 16, 2015. They welcomed son Andrew on September 12, 2016. Brenna continues to work at Mary Bridge Children’s Therapy as well as the MultiCare Research and Movement Lab. They are currently working on studies for children with cerebral palsy and autism, as well as writing new grants for studies on electrical stimulation for children with cerebral palsy and adults with diabetes.
2007

The Class of 2007 will be having their 10-year reunion on July 15th at Grand Lodge in Forest Grove. For further details, please contact Jeanette Schacher (jeanetteschacher@gmail.com).
Jeanette Schacher was promoted to Medical Group Director for Columbia Memorial Hospital in Astoria, Oregon. Jeff Soulia and Ana Dupuis (’05) welcomed a baby girl on January 24, 2017. Eleanor Victor Soulia and her mom and dad are happy and healthy in Missoula, Montana.
Marie Edd (Britton) and her husband, Troy, live in Albuquerque, NM with their two children, Sonya (4) and Ethan (almost 2). Troy works for the VA and helps veterans get the medical care they need. Half of Marie’s practice is women’s health pelvic, with the remainder in outpatient with occasional PRN in skilled nursing. Marie is the resident PT at a birthing center in Albuquerque, NM where she teaches a class to new moms and moms-to-be about the possible need for PT postpartum.
Chante Larlee was the co-presenter for Oregon Health Sciences University “Ask the Expert” lecture on the role of PT for rotator cuff disorders. She has the pleasure of serving on the committee to start an orthopedic residency as OHSU and they are now an APTA candidate program. Chante is responsible for teaching the section on the foot/ankle and enjoying the challenge of teaching OHSU’s first resident this year. OHSU has been proud to partner with Pacific University to collaborate in their residency program.
2008
Crystal Bridges, a Pacific alumna and adjunct faculty is a leader with the local Go Baby Go Chapter. Visit www.pacificu.edu/ptnews Empowering Action to see the January Go Baby Go event.
Stacy Carman (Snellgrove) and husband Greg welcomed their third child, Heidi Ann Carman, on April 11, 2017. Stacy works in outpatient pelvic health in Carson City, NV.
Jessica Haugen (Thoms) works in acute care at Olympic Medical Center in Port Angeles, WA, and is studying Nutritious Movement and Wilderness Fusion. She and husband Kurt are living in Sequim and have two children, Milo (5) and Hawksley (3).
Jeremy Hilliard is the Director of

Clinical Education at Pacific University. He and wife Julie welcomed their second child, Luke Edward Hilliard, on March 11, 2017. They live in Newberg, OR. He is the secretary of the Oregon Physical Therapy Association.
Nicole Nelson (Dahl) is working as a pediatric physical therapist for Mercer Island School District and Seattle Public Schools. She and husband Adam recently welcomed their third child.
Amy Pakula is the owner of a private practice outpatient orthopedic clinic, Momentum Physical Therapy, in Bozeman, MT. She is the secretary of the Montana Physical Therapy Association and was recently awarded the APTA’s Emerging Leader Award.
Adam Reinecker works in outpatient orthopedics for Westside Physical Therapy in Beaverton, OR, and is an adjunct faculty member and clinical instructor for Pacific University. He and wife Edith enjoy spending time with their twins, Matthew and Elizabeth.
Vanessa N. Sage works in acute care at Tacoma General Hospital in WA.

2011
Ryan and Erin Moore (Tagami) ’11 welcomed new baby Kailyn to their family on July 24th.

2014
Cassie Fuller lives in Jackson, WY with her husband Josh. She works at Peak PT (outpatient orthopedics) in Wilson, WY.
Anna Leith (Botterill), husband Tariel, and their 1 1/2 year-old baby, Leia, moved back to Oregon in November of last year. Anna recently took a position as Outpatient Clinical Director of two clinics in Eugene, OR with Infinity Rehab. Both are small sites located inside assisted living facilities.
Zach Christopherson is in the process of finishing a year-long Division 1 Sports Fellowship at Duke University. He completed a Sport Residency at Duke the year prior. Over this time frame he passed his SCS exam and presented an educational session at CSM in San Antonio. Recently he accepted a position in the Duke Athletic Department as the lead Physical Therapist with the Football team.



Directory

Mike Bridges, PT, DPT, Assistant Professor
Kenneth Bush, PT, PhD, Professor
Kevin Chui, PT, DPT, PhD, Director & Professor
Katie Farrell, PT, DSc, Professor
Jeremy Hilliard, PT, DPT, Assistant Professor & DCE
Erin E. Jobst, PT, PhD, Professor
Barbara Johnson, PT, MSPH, PhD, Assistant Professor
John Medeiros, PT, PhD, Professor
Robert Nee, PT, PhD, MAppSc, Professor
Rebecca Reisch, PT, DPT, PhD, OCS, Associate Professor
Jose Reyna, PT, DPT, Assistant Professor
Sheryl Sanders, PhD, Professor of Anatomy
Andy Weyer, PT, DPT, PhD, Assistant Professor
Brian Wilkinson, PT, DPT, CHT, Assistant Professor & ADCE
Daiva A. Banaitis, PT, PhD, Professor Emerita
Nancy Cicirello, PT, EdD, MPH, Professor Emerita
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Alumni Class Contacts Keep Us Updated

If your class is not represented on our www.pacificu.edu/ptalumni page and you are willing to be your class contact person, please email the editor at jrobertson@fvcc.edu. Thank you!

Visit www.pacifiedu/ptnews for program news.

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SCHOOL of PHYSICAL THERAPY

Physical Therapy News

Summer | 2017

A Message from the Director

Kevin Chui | DIRECTOR



This is my first opportunity to communicate with all of our alumni, friends, and partners. As my first year as the program director ends, I reflected on the transition, what we accomplished

this year, and what we will work on next year. I am excited to share with you the highlights of this academic year, which marks our 40th Anniversary!

As with most transitions, it has not always been easy. While we experienced many challenges, we also experienced countless triumphs, and through it all we emerged as a stronger program. I offer a special thanks to the faculty, staff, and students of the School of Physical Therapy, including my predecessor Dr. Richard Rutt, for their enduring commitment to our program. In addition, I am grateful for the support from the leadership of the seven other Schools within the College of Health Professions and our Vice Provost and Executive Dean, Dr. Ann Barr-Gillespie. They all helped to make this transition successful!

In the fall of 2017, faculty worked together to develop a strategic plan to set goals for our program and a plan to achieve them. For the next several years, we will focus on its four components: 1) maintaining and increasing teaching excellence, 2) increasing faculty productivity of peer-reviewed scholarship, 3) increasing faculty and student participation with service and advocacy opportunities, and

4) revising our evidence-based practice and applied statistics curriculum. Other activities throughout the year included: enhancing our admissions process, improving our assessment capabilities, investing additional resources in faculty development, acquiring student amenities, helping the Physical Therapy Student Association update their bylaws, exploring new service-learning and clinical education partnerships, updating sections of our website including frequent news announcements to highlight program accomplishments, continuing to mentor new faculty, increasing our clinic resources, revising policies and procedures, surviving the snowpocalypse, completing a national search for two new faculty members, and supporting scheduled reviews of faculty by the College of Health Professions – Personnel Committee.

This year we celebrated the decorated careers of Dr. John Medeiros and Dr. Kenneth Bush, as they both retired from the University and were recognized with emeritus status. In May, we also celebrated the 10th Anniversary of the College of Health Professions and I had the privilege of hooding our 52 newly minted Doctors of Physical Therapy. We are currently in the process of planning a national and local celebration for our 40th Anniversary. In February of 2018, we will host an event at CSM in New Orleans and then in March, we will host an event connected to the OPTA Conference.

During the next academic year, we will welcome two new colleagues (Dr. Kim-

berly Burdge and Dr. Tzurei Chen), build a student success program, change the name of the School of Physical Therapy to reflect the addition of our Athletic Training Program in 2013, develop new and strengthen existing clinical education partnerships, increase fundraising efforts to support our students, work on policies and procedures to better serve our stakeholders, further improve our assessment capabilities, and of course continue to work towards achieving the goals of our strategic plan. With everyone’s support, we continue to advance our program and build upon its national reputation. I look forward to providing you with additional program updates and seeing you at our 40th Anniversary celebrations. Thank you all for a great year! ◀

Student Awards for 2017

Alumni Award/Outstanding Graduate:
Timothy Valenti

Outstanding Service to the School of Physical Therapy:
Rachael Livingston, Clair Gubernator

Director’s Award:
Megan Roos

Valedictorian:
Andre Popich

Community Service:
Erika Chason, Jennifer (Monaco) Hutchenson

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Faculty News

Dr. Michael Bridges ('08) (*center*) was recognized by the Alumni Association with the 2016 Emerging Leader Award. He is pictured receiving the award from Mrs. Martha Calus-McLain (Senior Director of Alumni & Community Engagement) and Mr. Joel Lampert (President of the Alumni Association Board).

Dr. Kevin Chui contributed to an Academy of Geriatric Physical Therapy document, "Essential Competencies in the Care of Older Adults at the Completion of a Physical Therapist Post professional Program of Study", which is posted on its homepage (<https://geriatricspt.org/>).

Yen SC, **Chui K**, et al. Hip-ankle coordination during gait in individuals with chronic ankle instability. *Gait & Posture*. 2017;53:193-200.

Lusardi M, Fritz S, Middleton A, Wingood M, Phillips E, Criss M, Verma S, Osborne J, **Chui K**. Determining Risk of Future Falls in Community Dwelling Older Adults: A Systematic Review and Meta-analysis Using Posttest Probability. *Journal of Geriatric Physical Therapy*, 2017;40(1):1-36.

Tudini F, **Chui K** (2017). Musculoskeletal Review. In J Stewart & N Dennert (Eds.), *Family Nurse Practitioner: Certification Review* (pp. 185-214). Burlington, MA: Jones & Bartlett Learning.

Dr. Katie Farrell was part of an interprofessional presentation at Pacific University's Island Eyes Conference in Kaua'I, titled Balance and Vestibular Dysfunction: An Interprofessional Approach to Diagnosis and Treatment. Co-presenters included Dr. Annie Hogan (School of Audiology) and Dr. Bradley Coffey (College of Optometry). The presentation highlighted the assessment process used in the Interprofessional Dizziness and Balance Clinic that they developed.

(Pictured from left to right: Jennifer Coyle, OD, MS, FAAO, Dean of the College of Optometry; Bradley Coffey, OD, FAAO; Katie Farrell PT, DSc; Annie Hogan, PhD; Ann Barr-Gillespie, PT, DPT, PhD, Vice Provost and Executive Dean of the College of Health Professions)

Dr. Erin E. Jobst presented Pharmacology Considerations for Older Adults, a 7-hr continuing education course for physical, occupational, and speech therapists in Denver, CO.

Dr. Barbara Johnson is part of a research team who recently received a planning grant from Shriners Hospital for Children to evaluate the effects of a physical therapy intervention for children with cerebral palsy.

Medeiros JM, Rocklin T. Manual therapy, therapeutic exercise, and HipTrac for patients with hip osteoarthritis: a case series. *Orthopaedic Physical Therapy Practice*. 2017;29(1):12-23.

Dr. Robert Nee was invited to join a prestigious International Advisory Board for Musculoskeletal Science & Practice (formerly Manual Therapy). Boyd BS, **Nee R**, et al. Safety of lower extremity neurodynamic exercises in adults with diabetes mellitus: a feasibility study. *Journal of Manual and Manipulative Therapy*, 2017;25:30-38.

Matthews M, Rathleff MS, Claus A, McPoil T, **Nee R**, et al. The foot orthoses versus hip exercises (FOHX) trial for patellofemoral pain: a protocol for a randomized clinical trial to determine if foot mobility is associated with better outcomes from foot orthoses. *Journal of Foot and Ankle Research*, 2017;10:5.

Matthews M, Rathleff MS, Claus A, McPoil T, **Nee R**, et al. Can we predict the outcome for people with patellofemoral pain? A systematic review on prognostic factors and treatment effect modifiers. *British Journal of Sports Medicine*, 2016;0:1-12.

Dr. Becca Reisch was recently named as an Associate Editor for the Journal of Women's Health Physical Therapy, the official journal for the APTA Section on Women's Health.

Davis-Risen, S, Boggis, T, Zuniga, R, **Reisch, R**, et al. Simulation Based Learning to Promote Professional Collaborative Practice Competencies. Poster presentation at the 2016 Western Consortium Conference in Hillsboro, OR.

Dr. Andy Weyer received a Faculty Development Award for "Low Intensity Isometric Contractions as a Treatment for Pain in Individuals with Fibromyalgia: A Pilot Study".

Weyer AD, et al. Development of TRPM8 antagonists to treat chronic pain and migraine. *Pharmaceuticals (Basel)*. 2017;Mar 30:10(2) pii: E37.

Weyer AD, et al. Nociceptor sensitization depends on age and pain chronicity. *eNeuro*. 2016;Feb 8:3(1).

Lehto SG, **Weyer AD**, et al. Selective antagonism of TRPA1 produces limited efficacy in models of inflammatory- and neuropathic-induced mechanical hypersensitivity in rats. *Mol Pain*. 2016;Nov 29:12.



Dr. Ken Bush, PT, PhD has retired from the School of Physical Therapy to travel, explore and spend time with his family. We will miss him and wish him the best in his retirement.



I want to thank Dr. Daiva Banaitis for inviting me to interview for a faculty position at Pacific University 29 years ago. I have been truly fortunate to have a teaching and research career devoted to the advancement of the science and practice of physical therapy. I have had the privilege to work with bright, highly motivated students (a thousand or so), faculty, staff and alumni. Thank you for all the wonderful memories.
- **Dr. John M. Medeiros**, PT, PhD, Distinguished University Professor



My Experience As Student Assembly President

In October of 2016, Dr. Megan Roos, Class of 2017, went to the National Student Conclave in Miami, Florida as a candidate and came back as the President of the Student Assembly Board of Directors.

The Student Assembly (SA) Board is made up of ten individuals and functions as a connection between the 28,000 student APTA members and the APTA staff and leadership. We work towards the goals in our strategic plan including empowering students to find value in their APTA membership, advancing the profession to better serve the societal needs, and improving communication across the spectrum of all students and professionals. A large part of my role as President is to facilitate this communication between board members, APTA staff and other external groups.

During the first two months of our term, the SA Board attended orientation at APTA headquarters in Alexandria, where we realigned our strategic plan, established project committees and began preparing for the largest event of the year, Combined Sections Meeting in San Antonio. The Board has also gone to Washington DC for Federal Advocacy Forum and Boston for APTA House of Delegates and NEXT Conference. The function of the Board at these events is to organize meetings, provide information and facilitate student engagement. Additionally, as a component leader, I attend leadership meetings with Chapter and Section Presidents and the APTA Board of Directors to represent the student membership voice. This experience has given me insight into how a large national association is organized, functions to provide for its members and plans for the future of the profession. I am very thankful to both the APTA and to Pacific University for assisting me with this unique leadership opportunity as a student.

Combining His Love of Traveling With His Education

Dr. André Popich, Class of 2017 Valedictorian, traveled almost 20,000 miles as a PT student from his hometown of Seattle, Washington. He shares a few words about his experience:

Pacific University gave me the wonderful opportunity to combine two of my passions, traveling and physical therapy. My clinical internships took me on a journey to destinations including: 1) Coeur d'Alene, Idaho; 2) Kailua, Hawaii; 3) Pavullo, Italy; 4) Reno, Nevada; and 5) Chico, California. With this geographical variety, I was able to practice in many different physical therapy settings and there was never a dull moment. I learned so much about the regional differences in laws that govern the scope of physical therapy practice, some of the intricate nuances of the Italian healthcare system, and how a patient's culture may greatly influence their care.

Dr. Jean Baldwin Physical Therapy Endowed Scholarship Fund

Please help us raise an additional \$8,570 to reach endowment status. Dr. Jean Baldwin served as the founding director of the Physical Therapy program at Pacific University until her retirement in 1984. Under her leadership, the program was accredited in 1977 and she helped to lay the foundation for our national reputation. Dr. Baldwin lived the last years of her life in Hagerman, Idaho and sadly passed away on June 6, 2010.

In honor of her career at Pacific University, a scholarship fund in her name was established by alumni Mark Ono, PT ('79), Bryan Casper, PT ('78), and Anne Watson, PT ('79). Since then, through the generous support of our alumni, faculty, staff, and friends of the program \$16,430 has been raised to support the fund. Our goal is to raise an additional \$8,570 to endow the scholarship at the \$25,000 level. Endowing this scholarship will ensure Dr. Baldwin's legacy will continue in perpetuity and provide generations of physical therapy students with scholarship support.

To make a donation to help reach endowment status, please visit the following website: giving.pacific.edu. Please designate "School of Physical Therapy" and in the comments section specify "Dr. Jean Baldwin Physical Therapy Endowed Scholarship Fund". You can also contact Megan Knowles, Major Gift Officer at 503-342-1581 or mknowles@pacificu.edu. On behalf of the School of Physical Therapy, thank you for honoring the memory of Dr. Jean Baldwin and supporting our students and future colleagues.

2017 Graduates

Heather Beichner	Sophie McNeely
Ruth Blake	Katelyn Means
Eric Braman	Kortney Medina
Joanna Chadd	Kyle Merriam
Erika Chason	Jacob Nelson
Josiah Cobb	Emma Nelson
Melissa Cohen	David Nyland
Rebekah Colasurdo	Kathleen Osmundson
Amy Cowley	Amy Peterson
Tara Dines	Andre Popich
Devon Engstrom	Zachary Pugmire
Meghan Robert	Megan Robert
Cheston Feaster	Mark Rohde
Jordan Fukumoto	Megan Roos
Kristin Glisczinski	Conlin Skaar
Tanner Gubernator	Tanner Spade
Jessica Hopp	Nicholas Steller
Franklin Howard	Kalena (Quilici) Stevenson
Connor Hurley	Rebecca Swords
Jennifer (Monaco) Hutchenson	Tia Totura
Kilani Kaaikala	Laura Truong
Brielle Kadmas	Louie Turbeville
Mladen Kolundzija	Timothy Valenti
Evan Lewis	Mackenzie Van Loo
Rachael Livingston	Amy Weller
Lauren Luke	Paul Wilson

Life Has Come Full Circle

Dr. Evan Liu, Class of 2015, talks about life since graduating and coming back home. He will return to the anatomy lab to assist Dr. Sanders in the fall of 2017 and is exploring fellowship opportunities.

After graduating I worked at a thriving, local outpatient orthopedic and sports clinic, while assisting Dr. Sheryl Sanders in the anatomy lab. As a new PT there was still so much that I did not understand, so I decided to continue my education. I am currently an orthopaedic physical therapy resident at the University of Illinois at Chicago and it has been a roller coaster this past year - I thought PT school was rough, but residency is a different beast. One of the primary reasons why I chose this residency, is the integrated teaching component. I love academia and know that I want it to be a part of my future. On top of treating and assisting in class, and discussing cases with my mentors, I am also responsible for a research capstone project. For new or recent graduates, I highly advise you all to consider residency... but make sure you pick the right one for you. It will challenge you and push you beyond your limits.



Student News

Physical Therapy Students Volunteer to Teach Gross Anatomy to Local High School Students.

Recently, over 100 high school students from Aloha High School and Faith Bible High School toured the gross anatomy labs on Pacific University's Health Professions Campus in Hillsboro as a capstone experience for their year-long anatomy class. Students and chaperones communicated their gratitude at the opportunity to learn from the human cadavers, with many students expressing their surprise at how different the muscles and organs of the body look "in real life" as compared to the images in textbooks.

This event would not have been possible without the volunteer work of twelve first-year physical therapy students (pictured below) and the generous educational gift provided by body donors.



Back row (left to right): Claudia Cordero, SPT; Kayla Peters, SPT, Courtney Belt, SPT; Sarah Tiffany, SPT; Jessica Truong, SPT; Jamie Condiss, SPT; Dr. Jose Reyna, PT, DPT; Tabitha Galindo, SPT
Front row (left to right): Carly Negrila, SPT; Katie Rock, SPT; Heather Higashi, SPT; Shannon Wurgler, SPT; Dr. Andy Weyer, PT, DPT, PhD
Not Pictured: Sarah Troickoy, ATC, SPT, Dr. Erin Jobst, PT, PhD, and Dr. Sheryl Sanders PhD.

Clinical Education

Hello Pacific PT Alumni—

I hope that this finds you all well, enjoying life as we approach the official start of summer. As you likely know, we recently held the graduation festivities for the Class of 2017. What you may not know is that this was our largest student cohort in the history of Pacific University's School of Physical Therapy... 52 students! It's hard to believe that just three years ago these now entry-level practitioners were sitting in class learning what it means to become a part of the physical therapy profession. Now they are licensed, hired, and eager to carry a caseload!

With increased numbers of students comes an increased need for clinical internship experiences. As we now have a total of 150 students among three cohorts, we have a need for 250 clinical rotations each year, a nearly 20 percent increase compared to just three years ago. As the pressures in clinical education continue to

Physical Therapy students Rebecca Gasca and Kayla Peters receive the Sara Hopkins-Powell Scholarship.



Rebecca Gasca ('18) and Kayla Peters ('19) were selected as recipients of the Sara Hopkins-Powell Scholarship Fund. Dr. Sara Hopkins-Powell was the first Executive Dean of the College of Health Professions and Vice Provost at Pacific University from 2005-2010. She played an instrumental role in establishing the Health Professions Campus in Hillsboro. The fund in her name is used to support both student and faculty international education opportunities and international students' education at Pacific University.

Rebecca (left) will be traveling to Cape Town, South Africa this summer where she will be interning at Maitland Cottage Children's Hospital. Maitland Cottage is one of two hospitals in the Southern Hemisphere specializing in pediatric orthopedic procedures. Rebecca's goal for this internship is to become an autonomous clinician that can problem solve difficult situations using previous experience and consideration of the individual that appears before her.

Kayla (right) will intern in two different clinical settings over 10 weeks in Gavivana and Emilia Romagna, Italy. Kayla will be treating patients with neurological diagnoses in Gavivana, and will work on a cardiopulmonary intensive care unit in

Emilia Romagna where she will be working with patients with cardiorespiratory failure. The internship is aimed to helping individuals, generally in the geriatric population, who have been effected by physical and potentially mental disabilities

Second year physical therapy student Rachel Karpelowitz ('18) hosted a documentary on human rights this past May. Rachel is actively involved with a non-profit organization called ENGAGE (Educational Network for Global and Grassroots Exchange), that works on many international projects centered around human rights and community organizing against large-scale development projects (www.engagegrassroots.org/). She was part of a recent campaign that took a small delegation of Thai villagers on a 2 week exchange trip to Oaxaca, Mexico where they lived with and learned from local villagers who are also facing the massive destruction and human rights violations that have accompanied large-scale gold mines on their land. The documentary was followed by a conversation around the implications of mining, the impact of government and large scale development projects, the impact to public health, and what it means to build solidarity and community.

