AGENDA | CONCUSSION 2014

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00am</td>
<td>Sign in &amp; light Breakfast</td>
</tr>
<tr>
<td>8:30-12:30pm</td>
<td>Sports Concussion*</td>
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</tbody>
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* A short break of 10 minutes will be offered at the discretion of the presenters and participants.

INTENDED AUDIENCE: This Continuing Interprofessional Education course is appropriate for healthcare providers who will treat or support patients with sports related concussions.

“Continuing Interprofessional Education is undertaken after initial qualification when members of 2 or more health and/or social care professions learn with, from and about each other to improve collaboration and the quality of care.”

QUESTIONS:
Contact Lisa Downing at 503.352.2663 or lisa.downing@pacificu.edu

COLLEGE OF HEALTH PROFESSIONS

Mission
Pacific University's College of Health Professions is dedicated to preparing leaders in innovative healthcare for a diverse global community.

Vision
The College of Health Professions aspires to excellence and sustainability in interprofessional scholarship, education, and practice to create models of person-centered healthcare.

CE APPROVAL STATUS |

Pacific University is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. This program has been approved for a maximum of 4 hours of Category A continuing education. Certified Athletic Trainers are responsible for claiming only those hours actually spent participating in the continuing education activity.

This program has been reviewed and is approved for a maximum of 4.00 hours of AAPA Category 1 CME credit by the Physician Assistant Review Panel. Physician assistants should claim only those hours actually spent participating in the CME activity.

This program was planned in accordance with AAPA’s CME Standards for Live Programs and for Commercial Support of Live Programs.

Course submitted to:
OBNM

Contact Lisa Downing or 503.352.2663 for the latest update on CE approval.
COURSE DESCRIPTION

Healthcare Providers are increasingly treating patients for sports-related concussions. The 10-20 percent of concussion clients that have a protracted recovery (greater than three weeks) are often seen in the therapy clinic for headaches, dizziness, balance deficits or inability to exercise. Despite the growing awareness of concussions, there are many questions about what is the best medical management for this complex patient population. In this workshop, attendees will learn the latest in concussion epidemiology and diagnosis, as well as the latest evidence based medical and therapeutic management. The course will identify evaluation tools for balance assessments and will include discussion about the interdisciplinary team approach for concussion management. The presentation will cover various treatments including headache management, dizziness and return to sport. Case studies will demonstrate how to apply these concepts. The use of computerized neuropsychological and balance testing will be presented, including how to incorporate these tests into an athlete’s return to play.

PRESENTERS

Jenny L. Wilhelm, PT, DPT, NCS specializes in neurological diagnoses including Parkinson’s disease, traumatic brain injury (including concussions) and geriatric clients. Jennifer is part of the comprehensive neurological rehab team (CNRT) that provides interdisciplinary care for her clients.

LEARNING OBJECTIVES

At the conclusion of the workshop, participants will be able to:
- Apply regional and state laws regarding concussion and concussion management
- Identify the diagnosis of concussion and list the primary signs and symptoms
- Describe the various objective tests used to monitor a patient’s/client’s progress including neuropsychological, balance and aerobic function
- Explain the six steps of exertional return to play
- Recognize the various members of an interdisciplinary team involved in effective concussion management
- Distinguish opportunities for appropriate referral to other healthcare professionals
- Apply presented information to case studies

REGISTRATION

Pay by Credit Card: ONLINE REGISTRATION

To pay by check:
- Complete registration form below
- Make check payable to: Pacific University CE
- Mail check and completed registration to:
  Pacific University College of Health Professions
  Continuing Education
  222 SE 8th Ave, #570
  Hillsboro, OR 97123

Space is limited. Registration is first come, first serve.

Full Name__________________________
School + Year________________________
E-mail______________________________
Daytime Telephone____________________
Address____________________________
City/ST/Zip__________________________
Special Accommodations/Dietary Restrictions ________________________________

Preceptor $55.00 $100.00
Unaffiliated $60.00 $100.00
Handouts $10.00 $25.00

TOTAL FEES (USD) $ ___________

Refunds less $25 administration fee will be processed up to 10 days prior to the event. Refunds within 10 days of the event may be granted with approval.

PRESENTERS

James Chesnutt, MD is a board certified specialist in Sports Medicine and is the Medical Director of the OHSU Sports Medicine Program. He is a Portland native who has been working at OHSU since 1985. Dr. Chesnutt is active in community sports medicine programs that support the local schools and other organizations promoting physical activity and healthy lifestyles.