

## AGENDA | CONCUSSION 2014

8:00am	Sign in & light Breakfast
8:30— 12:30pm	Sports Concussion*

\* A short break of 10 minutes will be offered at the discretion of the presenters and participants.

**INTENDED AUDIENCE:** This Continuing Interprofessional Education course is appropriate for healthcare providers who will treat or support patients with sports related concussions.

“[Continuing Interprofessional Education](#) is undertaken after initial qualification when members of 2 or more health and/or social care professions learn with, from and about each other to improve collaboration and the quality of care.”

### QUESTIONS:

Contact Lisa Downing at 503.352.2663 or

[lisa.downing@pacificu.edu](mailto:lisa.downing@pacificu.edu)

## COLLEGE OF HEALTH PROFESSIONS

### Mission

Pacific University's College of Health Professions is dedicated to preparing leaders in innovative healthcare for a diverse global community.

### Vision

The College of Health Professions aspires to excellence and sustainability in inter-professional scholarship, education, and practice to create models of person-centered healthcare.

### CE APPROVAL STATUS |



Pacific University is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. This program has been approved for a maximum of 4 hours of Category A continuing education. Certified Athletic Trainers are responsible for claiming only those hours actually spent participating in the continuing education activity.

This program has been reviewed and is approved for a maximum of 4.00 hours of AAPA Category 1 CME credit by the Physician Assistant Review Panel. Physician assistants should claim only those hours actually spent participating in the CME activity.



This program was planned in accordance with AAPA's CME Standards for Live Programs and for Commercial Support of Live Programs.

**Course submitted to:**  
OBNM

Contact [Lisa Downing](#) or 503.352.2663 for the latest update on CE approval.

## COLLEGE OF HEALTH PROFESSIONS

# Sports Concussion Therapeutic and Medical Management

**Friday  
October 3, 2014  
8:30am to 12:30pm**

**222 SE 8th Avenue  
Hillsboro, OR 97123  
Room 518**

**Continuing Education  
Interprofessional Series**



## COURSE DESCRIPTION |

Healthcare Providers are increasingly treating patients for sports-related concussions. The 10-20 percent of concussion clients that have a protracted recovery (greater than three weeks) are often seen in the therapy clinic for headaches, dizziness, balance deficits or inability to exercise. Despite the growing awareness of concussions, there are many questions about what is the best medical management for this complex patient population. In this workshop, attendees will learn the latest in concussion epidemiology and diagnosis, as well as the latest evidence based medical and therapeutic management. The course will identify evaluation tools for balance assessments and will include discussion about the interdisciplinary team approach for concussion management. The presentation will cover various treatments including headache management, dizziness and return to sport. Case studies will demonstrate how to apply these concepts. The use of computerized neuropsychological and balance testing will be presented, including how to incorporate these tests into an athlete's return to play.

## PRESENTERS |

[James Chesnutt, MD](#) is a board certified specialist in Sports Medicine and is the Medical Director of the OHSU Sports Medicine Program. He is a Portland native who has been working at OHSU since 1995. Dr. Chesnutt is active in community sports medicine programs that support the local schools and other organizations promoting physical activity and healthy lifestyles.

## PRESENTERS | Continued

[Jenny L. Wilhelm, PT, DPT, NCS](#) specializes in neurological diagnoses including Parkinson's disease, traumatic brain injury (including concussions) and geriatric clients. Jennifer is part of the comprehensive neurological rehab team (CNRT) that provides interdisciplinary care for her clients.

## LEARNING OBJECTIVES |

At the conclusion of the workshop, participants will be able to:

- Apply regional and state laws regarding concussion and concussion management
- Identify the diagnosis of concussion and list the primary signs and symptoms
- Describe the various objective tests used to monitor a patient's/client's progress including neuropsychological, balance and aerobic function
- Explain the six steps of exertional return to play
- Recognize the various members of an interdisciplinary team involved in effective concussion management
- Distinguish opportunities for appropriate referral to other healthcare professionals
- Apply presented information to case studies

## REGISTRATION | Sports Concussion

Pay by Credit Card: [ONLINE REGISTRATION](#)

### To pay by check:

- Complete registration form below
- Make check payable to: Pacific University CE
- Mail check and completed registration to:

Pacific University College of Health Professions  
Continuing Education  
222 SE 8th Ave, #570  
Hillsboro, OR 97123

Space is limited. Registration is first come, first serve.

Full Name \_\_\_\_\_

School + Year \_\_\_\_\_

E-mail \_\_\_\_\_

Daytime Telephone \_\_\_\_\_

Address \_\_\_\_\_

City/ST/Zip \_\_\_\_\_

Special Accommodations/Dietary Restrictions \_\_\_\_\_

	Register by October 1	Register October 2
Alumni	\$50.00	\$100.00
Preceptor	\$55.00	\$100.00
Unaffiliated	\$60.00	\$100.00
Handouts	\$10.00	\$25.00

TOTAL FEES (USD) \$ \_\_\_\_\_

Refunds less \$25 administration fee will be processed up to 10 days prior to the event. Refunds within 10 days of the event may be granted with approval.

**COLLEGE OF HEALTH PROFESSIONS**

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[Become an Exhibitor](#)

[Questions?](#) Or Call Lisa Downing at 503.352.2663

