Congratulations Class of 2017

Edna K. Gehring, M.S. ’70, ’72
Aunty Edna, NHOH Advisor
gehringe@pacificu.edu

Hope Villanueva
Aunty Hope, NHOH Advisor
villanuh@pacificu.edu

Business Office 503-352-2128
Campus Public Safety 503-352-2230
Financial Aid 503-352-2222
Hawaii Outreach and Programming 503-352-2147
Health & Counseling Center 503-352-2269
Learning Support Services 503-352-2194
Pacific Information Center 503-352-3174
Registrar’s Office 503-352-2793
Stoller Center (PAC) 503-352-2848
Student Life 503-352-2200
Technology Information Center 503-352-1500
Welcome

Nā Haumāna O Hawai‘i, Pacific University’s Hawaiian Club, was founded in the Fall of 1959. Sixteen students from the islands of Hawai‘i, under the guidance of Dr. Fred Scheller and Dr. A.C. “Hap” Hingston, decided to unify all of Pacific’s Hawaiian students into one common group. These “students of Hawai‘i” led by the club’s first president, Tagay Kang, actively shared their island traditions by performing at various functions both on and off the University campus.

The club’s membership grew rapidly, and by 1962, sixty members represented five of the eight Hawaiian islands. On September 28th of that historical year, president Ray Nishiyama received the official charter of “Nā Haumāna O Hawai‘i.”

Nā Haumāna O Hawai‘i, or NHOH, boasts a very active membership and accomplished history. Active members not only participate in social functions, but are also involved with community service projects. In 1996, NHOH received television and news recognition in Hawai‘i for hosting one of the most outstanding college lū‘au’s in the Pacific Northwest. On April 11th, 1998, the Senate Legislature of the State of Hawai‘i recognized Pacific’s Hawaiian club by proclamation, for promoting their lū‘au to educate and perpetuate the Hawaiian culture. On March 19, 2010, Senators Daniel Inouye and Daniel Akaka presented Pacific University’s Hawaii Club with a Congressional Record for their 50th Anniversary Lū‘au.

As we enter our 58th year of being a prominent cultural organization on campus, our club has opened up membership to any individual interested in learning more about the Hawaiian culture. Our club’s membership has doubled over the years. Through social and community activities, members of NHOH continue to strive to acquaint Pacific and the Northwest community with Hawai‘i - it’s people, culture, and the special meaning of “Aloha.”
Getting Involved

Perhaps the most unique part of the Hawai‘i club is the support amongst its members. Students who are a part of Nā Haumāna O Hawai‘i become part of a family, or ohana, and are quickly woven into an intricate pattern that makes their college experience very interesting. From the beginning, Nā Haumāna O Hawai‘i provides its members with networks of support and numerous opportunities to get involved.

Our Peer Mentor Success program is one example of support the upperclassmen provide for new students. Through this program, new students are able to adjust to their new surroundings with the help of their upperclassmen “big brothers and sisters.” On many occasions, this initial friendship goes on to last many years after leaving Pacific.

Students not only support each other academically, but also spiritually and socially. During times of homesickness, students rely on each other to help get through the readjustment period. Also, throughout the school year, members have the opportunity to participate in club functions and play on the club’s intramural teams. Our club has participated in intramural volleyball, soccer, flag football, and softball. The students enjoy the competitive spirit that comes along with playing sports, but the most important thing is to have fun and meet new people.

Members of Nā Haumāna O Hawai‘i have the opportunity to take on leadership positions, both within the club as well as on campus. Any member is welcome to run for a position on the NHOH Executive Board. Elections are held every Spring and officers attend weekly meetings throughout the year. There is no restriction as to how many years one may serve as an officer. The Exec Board is responsible for planning activities for club members to take part in. Each September two freshman are elected to serve as representatives on the executive board. They help to open the lines of communication between the upperclassmen and new students.

Students can also get involved by chairing or working with various different lū‘au committees. There are various committees that you can join, all of which are essential to making lū‘au the large-scale event that it is. The skills developed through these leadership roles lead to opportunities for you to get involved in different organizations on campus (i.e. residence life, student government, Pacific Outdoor Pursuits, clubs & organizations, etc.)

The most obvious benefit to members of the club are the activities provided. At the beginning of the year, we have a “Welcome Back” picnic, so the members can all meet one another. About a week before Thanksgiving, the club goes on a shopping trip to buy clothes and necessities for winter. If you’re not sure about what you need, the upperclassmen are there to help you out.

http://www.pacificu.edu/current-undergraduate/activities/clubs-and-organizations/nā-haumāna-o-hawaiʻi
During Thanksgiving break, the students who stay on-campus participate in a number of activities, including getting together for a potluck dinner, shopping, playing football, and skiing. The club also has Christmas shopping trips, so you can do all your shopping before you go home for the break. The last activity for the fall semester is the annual Christmas banquet, a nice dinner on campus where members get to come together right before going home for the holidays.

During Spring Semester, our main activity is our annual lūʻau. Meetings start late in the fall, with practices usually starting in the beginning of February. Traditionally, our lūʻau has always been the second Saturday in April - April 14, 2018. We usually perform a few pre-shows at elementary schools or senior centers in the community. This gives us a small taste of what the actual performance will be like. But nothing compares with the lūʻau itself. Pacific University’s lūʻau is a culmination of many hours of hard work and many hearts coming together to share a unique aspect of our island heritage. Pacific University boasts the only completely student-run and student-directed lūʻau in the Northwest, attracting over two thousand people a year.


Lūʻau Board

President
Haley Kodama
koda4824@pacificu.edu

Vice-President
Kyra Calbero
calb3722@pacificu.edu
Haley Kodama
koda4824@pacificu.edu
Wyatt Ma’a
maa7708@pacificu.edu
Kea Myers-Rosa
myer7091@pacificu.edu
Zach Souza
souz0769@pacificu.edu
Quincee Taguchi
tagu3085@pacificu.edu
Jaylen Ehara
ehare5723@pacificu.edu
Natalie Lau
lau8971@pacificu.edu

NHOH Club Advisors
Edna K. Gehring
telenuh@pacificu.edu
Hope Villanueva
villanuh@pacificu.edu

Historian
Garin Fukushima
fuku2712@pacificu.edu

Programmers
Sam Shizuru
shiz8316@pacificu.edu
Anthony Ward
ward4719@pacificu.edu

Pre-Show Coordinators
Kea Myers-Rosa
myer7091@pacificu.edu
Chascity Sarmiento
sarm6008@pacificu.edu

Webmaster
Tyler Kanoa
kano6940@pacificu.edu

Lūʻau Treasurer
Jaylen Ehara
ehare5723@pacificu.edu

Lūʻau Secretary
Natalie Lau
lau8971@pacificu.edu

NHOH Executive Board
2017 - 2018

President
Haley Kodama
koda4824@pacificu.edu

Vice-President
Coran Yamamoto
yama9116@pacificu.edu

Treasurer
Racesen Nakagawa
naka4154@pacificu.edu

Assistant Treasurer
Lauren Hirano
hirano3818@pacificu.edu

Recording Secretary
Ariela Bali
bali5201@pacificu.edu

Corresponding Secretary
Quincee Taguchi
tagu3085@pacificu.edu

Peer Mentor Coordinators
Caitlyn Ramiscal
rami7808@pacificu.edu
Kaydee Ramos
ramo3843@pacificu.edu
Cody Tang
tang5528@pacificu.edu
Rachel Taketa
take6117@pacificu.edu
Keola Tamanaha
kano6940@pacificu.edu

Historian
Garin Fukushima
fuku2712@pacificu.edu

Programmers
Sam Shizuru
shiz8316@pacificu.edu
Anthony Ward
ward4719@pacificu.edu

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Kea Myers-Rosa
myer7091@pacificu.edu
Chascity Sarmiento
sarm6008@pacificu.edu

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Tyler Kanoa
kano6940@pacificu.edu
### 2017-2018 Academic Calendar (Partial)

#### Fall Term 2017
- **August 23**: Freshman Hawaii Students Arrive
- **August 25**: New Student Orientation begins
- **August 26**: Returning Hawaii Students Arrive
- **August 28**: First day of courses
- **September 1**: Last day to add/drop 1st half semester courses
- **September 4**: Labor Day (no courses held)
- **September 11**: Last day to add/drop full semester courses
- **September 27**: Last day to withdraw from 1st half semester courses
- **October 6**: Fall Break (no courses held)
- **October 16**: (tentative) Advising for current students begins for Winter Term and Spring Semester
- **November 3**: Last day to withdraw from full semester courses
- **November 10**: (tentative) Advising for current students ends for Winter Term and Spring Semester
- **November 15**: Last day to withdraw from 2nd half semester courses
- **November 22-24**: Thanksgiving Holiday (no courses held)
- **December 5**: Last day of courses
- **December 6**: Reading Day
- **December 7-8**: Final Examinations
- **December 11-13**: Final Examinations
- **December 14**: Home to Hawaii

#### Winter Term 2018
- **January 6**: Back to Pacific University for Winter Term
- **January 8**: First day of courses
- **January 9**: Last day to add/drop courses
- **January 15**: Martin Luther King Day (no courses held)
- **January 16**: Last day to withdraw from courses
- **January 22**: Last day of courses
- **January 23**: Final Examinations
- **January TBA**: New Student Orientation
- **January 27**: Back to Pacific University for Spring Semester

#### Spring Term 2018
- **January 29**: First day of courses
- **February 9**: Last day to add/drop full semester courses
- **March 26-30**: Spring Break (no courses held)
- **April 2**: Advising Begins for current students for Summer Term and Fall Semester
- **April 13**: Last day to withdraw from full semester courses
- **April 14**: 5th Annual Luau
- **April 20**: Advising Ends for current students for Summer Term and Fall Semester
- **April 25**: Senior Projects Day (no courses held)
- **May 8**: Last day of courses
- **May 9**: Reading Day
- **May 10-12**: Final Examinations
- **May 14-15**: Final Examinations
- **May 16**: Undergrads Home to Hawaii
- **May 19**: Commencement
- **May 20**: Graduates to Hele on Home

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**Oregon 101:**

**What You Should Know**
What to Expect

Weather
- Oregon averages about 37 inches of rain each year.
- SUMMER (June-August)- temperatures range between 70’s-100’s.
- FALL (September-November)- temperatures drop to 50’s & 60’s, and it begins to RAIN. It usually rains from October to March. During the fall, the leaves begin to change color and fall from the trees.
- WINTER (December-February)- temperatures drop to the 30’s. There is a slight chance of snow in Forest Grove.
- SPRING (March-May)- temperatures in 50’s & 60’s and the rain slowly subsides. It is not uncommon to have a few sunny days during the latter part of March and beginning of April. Usually during May temperatures return to the 70’s & 80’s.

Time Difference
All of Oregon is on Pacific Standard Time, except for the Ontario city area in Eastern Oregon, which is on Mountain Standard Time. Daylight Saving Time (DST) is observed from the second Sunday in March until the first Sunday in November and starts at 2:00 am.

March 12, 2017 - November 5, 2017 (DST observed) “Spring forward” 1 hour (Time changes from 1:59 am to 3:00 am) 3 hours ahead of Hawai‘i time

November 5, 2017 - March 11, 2018 “Fall back” 1 hour (Time changes from 1:59 am to 1:00 am) 2 hours ahead of Hawai‘i time

March 11, 2018 - November 4, 2018 (DST observed) “Spring forward” 1 hour 3 hours ahead of Hawai‘i time

All About Travel
Students from Hawaii may consider making their travel arrangements with All About Hawaii, a Portland-based travel agency. If you are interested in arranging travel for the academic year, please call and speak to Doreen at 503-598-0100.

We recommend you check the airline website for information about checked baggage policies/fees.
www.hawaiianair.com
www.alaskaair.com
www.united.com

Transportation

Car Rentals at PDX Airport
www2.portofportland.com/PDX/GroundTransportation
Avis Rent-a-Car 503-249-4953
Budget Rent-a-Car 503-249-4556
Dollar Rent-a-Car 503-249-4792
Enterprise Rent-a-Car 866-808-0228
Hertz Rent-a-Car 503-249-8216
National & Alamo Car Rental 503-249-4907

NOTE: Oregon law requires passengers in both the front and back seats to buckle their seatbelts.

Shuttle Services at PDX Airport
www2.portofportland.com/PDX/GroundTransportation
Ready Ride 503-289-8337
Royal Town Car & Shuttle 503-515-3111
Tee to Green Transportation 503-349-8677
White Van Shuttle 503-774-9755
Northwest Town Car 503-702-5999

TriMet
www.trimet.org
The bus and MAX, the light rail system in Oregon, are run by TriMet. Check out the website to get maps, schedules, and other information. You can also use the trip planner to find out exactly how to get to your destination, including stations to stop at and transfers to take.

Amtrak & Greyhound
www.amtrak.com www.greyhound.com
Need to get away? Chances are Amtrak or Greyhound can take you wherever you need to go. With stations right in downtown Portland, these nationally known train and bus companies makes routine trips to all over the country. Use the website to find times and destinations, current specials and promotion, and even up-to-date fares. You can also plan your trip or even make reservations.

Airport Shuttle Service
Transportation to and from the Portland International Airport (PDX) and Pacific University in Forest Grove is provided at a low rate for students on the arrival and departure dates listed. If your travel arrangements are at other dates/times, you need to make separate transportation arrangements.

Tentative Airport Shuttle Dates
The student activities office is responsible for shuttles. Please contact Steve Klein at (503)-352-2822 Email: Kleinsk@pacificu.edu
PDX Airport to Forest Grove
August 23, 26, 2017
January 6, 27, 2018

Forest Grove to PDX Airport
December 14, 2017
May 16, 2018
<table>
<thead>
<tr>
<th>Restaurant Name</th>
<th>Address</th>
<th>Phone</th>
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<td>Forest Grove</td>
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<tr>
<td>Bites Restaurant</td>
<td>2014 Main Street</td>
<td>503-746-6812</td>
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<tr>
<td>Maggie’s Buns</td>
<td>2007 21st Ave.</td>
<td>503-992-2231</td>
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<tr>
<td>B.J.’s Coffee</td>
<td>2834 Pacific Avenue</td>
<td>503-357-0969</td>
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<tr>
<td>Cornerstone Pub &amp; Grill</td>
<td>2307 Pacific Avenue</td>
<td>503-357-4742</td>
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<td>Diversity Cafe</td>
<td>2104 Main Street</td>
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<td>Forest Grove</td>
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<tr>
<td>FG Sushi</td>
<td>1905 Birch St.</td>
<td>503-357-0754</td>
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<tr>
<td>Kama‘āina</td>
<td>1910 Main Street</td>
<td>503-430-0465</td>
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<tr>
<td>La Sierra</td>
<td>2331 Pacific Ave.</td>
<td>503-992-8980</td>
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<td>New Chinese Cuisine</td>
<td>1931 Main Street</td>
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<td>Pac Thai</td>
<td>1923 Pacific Ave.</td>
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<td>Phil’s 1500 Subs</td>
<td>2834 Pacific Ave., Ste. D</td>
<td>503-359-1500</td>
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<tr>
<td>Pizza Schmizza</td>
<td>2042 Main St.</td>
<td>503-359-5320</td>
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<tr>
<td>Scottie’s Drive-In</td>
<td>1702 Pacific Ave.</td>
<td>503-357-6898</td>
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<td>Scottie’s Drive-In</td>
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<tr>
<td>Sushi and Maki</td>
<td>2401 NE Cornell Rd, Hillsboro</td>
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<tr>
<td>Syun Japanese Restaurant</td>
<td>209 NE Lincoln St, Hillsboro</td>
<td>503-640-3131</td>
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<tr>
<td>Sayler’s Old Country Kitchen</td>
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<tr>
<td>Rainbow Lanes</td>
<td>2748 19th Place</td>
<td>503-357-6321</td>
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<tr>
<td>Cornelius Cinemas</td>
<td>200 S 26th Ave</td>
<td>503-844-0891</td>
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<tr>
<td>Things to do</td>
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<td>Rainbows Lanes</td>
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<tr>
<td>Ballad Town Billiards</td>
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<td>Camp 18</td>
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<tr>
<td>Helvetia Tavern</td>
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</tbody>
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* directions given in the last half of pamphlet.
FOREST GROVE
Best Value Inn
3306 Pacific Ave., Forest Grove
Phone: 503-357-9000
Toll free: 1-888-315-2378
www.bestvalueinn.com

Best Western
3933 Pacific Ave., Forest Grove
Phone: 503-992-8888
Toll free: 1-800-780-7234
www.bestwestern.com

Forest Grove Inn
4433 Pacific Ave., Forest Grove
Phone: 503-357-9700
Toll free: 1-800-240-6504
www.forestgroveinn.com

McMenamins Grand Lodge
3505 Pacific Ave., Forest Grove
Phone: 503-992-9533
Toll free: 1-877-992-9533
www.mcmenamins.com

PORTLAND (near the airport)
Hampton Inn
8633 NE Airport Way, Portland
Phone: 503-288-2423
Toll free: 1-800-HAMPTON
www.hamptoninn.com

Holiday Inn
8439 NE Columbia Blvd., Portland
Phone: 503-256-5000
Toll free: 1-888-HOLIDAY
www.holidayinn.com

Shilo Inn
11707 NE Airport Way, Portland
Phone: 503-252-7500
Toll free: 1-800-222-2244
www.shiloinns.com

Ask if they offer a Pacific University discount!

Places to Stay

Larkspur Landing
3133 N.E. Shute Road, Hillsboro
Phone: 503-681-2121
http://www.larkspurhotels.com/hotel_listings/LLHillsboro

TownePlace Suites
6550 NE Brighton Street, Hillsboro
503-268-6000

Residence Inn by Marriott
18855 NW Tanasbourne Drive
Hillsboro
503-531-3200

Portsmouth (near the airport)
Comfort Suites
12010 NE Airport Way, Portland
Phone: 503-261-9000
Toll free: 1-877-424-6423
www.comfortsuites.com

Embassy Suites
7900 NE 82nd Street, Portland
Phone: 503-460-3000
Toll free: 1-888-236-2427
www.embassysuites.com

Fairfield Inn by Marriott
11929 NE Airport Way, Portland
Phone: 503-253-1400
Toll free: 1-888-236-2427

Oregon Coast Aquarium
(2.5-3 hour drive from Forest Grove)
2820 S.E. Ferry Slip Road
Newport, OR 97365
541-867-3474
www.aquarium.org

Oregon Museum of Science & Industry (OMSI)
1945 SE Water Ave., Portland
1-800-955-6674 or 503-797-4000
www.omsi.edu

Chinook Winds
(2 hour drive from Forest Grove,
5 minutes from Lincoln City Outlets)
1777 N.W. 44th St.
Lincoln City, OR 97367
Toll Free: (888) CHI-NOOK
www.chinookwindscasino.com

International Rose Test Garden
850 SW Rose Garden Way, Portland
503-227-7033
www.rosegardenstore.org/thegardens.cfm

Japanese Garden in Washington Park
611 SW Kingston Ave., Portland
503-223-1321
www.japanesegarden.com

Oregon Zoo
(Trimet MAX stops at the Zoo)
4001 S.W. Canyon Rd. Portland
503-226-1561
www.oregonzoo.org

Western Antique Aeroplane & Automobile Museum
1600 Air Museum Rd.
Hood River, OR 97031
541-308-1600
www.WAAAMuseum.org

Sake One
820 Elm St. Forest Grove
503-357-7056

Places to Visit
Places to Visit

Portland Art Museum
1219 SW Park Avenue, Portland
503-226-2811
http://portlandartmuseum.org/

Portland Chinese Garden
127 NW 3rd Ave, Portland
503-228-8131
http://www.portlandchinesegarden.org/

Rose Quarter
(Trimet MAX stops at Rose Quarter)
One Center Court
Portland, OR 97227
www.rosequarter.com

Schreiner’s Iris Gardens
3625 Quinaby Road N.E. Salem OR
1-800-525-2367
http://www.schreinersgardens.com/

Spirit Mountain
(1 hour drive from Forest Grove)
27100 S.W. Salmon River Highway
Grand Ronde, OR 97347
Toll Free: 1-800-760-7977
www.spiritmountain.com

Tillamook Cheese Factory
4175 Highway 101 N.
Tillamook, OR 97141
503-815-1300
www.tillamookcheese.com

The Grotto
Sandy Boulevard NE 85th Ave,
Portland
503-254-7371
www.thegrotto.org

The Oregon Garden
879 W. Main St.
Silverton, OR 97381
877-674-2733 or 503-874-8100
www.oregongarden.org

Wooden Shoe Tulip Farm
33814 S. Meridian Rd., Woodburn
503-634-2243
Check website for hours
http://www.woodenshoe.com

For more information, visit:
Portland, Oregon Visitors
www.travelportland.com/visitors

Places to Shop

Costco
1255 NE 48th Ave
Hilsbobo, OR 97124
Phone: 503-681-2800

Frye’s Action Athletic
2016 Pacific Ave.
Forest Grove, OR 97116
503-357-5120
www.fryesactionathletics.com

IKEA
10280 North East Cascades Parkway
Portland, OR 97220
Phone: 503-282-4532
Hrs: M-Sun 10am-9pm

Lincoln City Factory Stores
(120 min. from Forest Grove)
1500 S.E. East Devils Lake Rd.
Lincoln City, Oregon 97367
541-996-5000
www.shoplincolncity.com

Lloyd Center
(60 min. from Forest Grove)
Northeast Ninth Ave. at Multnomah St.
Portland, Oregon 97232
503-282-2511
www.lloydcenter.com

Pioneer Place
(45 minutes from Forest Grove)
700 S.W. Fifth Ave. at Morrison St.
Portland, Oregon 97204
503-228-5800
www.pioneerplace.com

Portland Saturday Market
(60 min. from Forest Grove)
108 W. Burnside St.
Portland, Oregon 97209
503-222-6072
www.portlandsaturdaymarket.com

Streets of Tanasbourne
(25 min. from Forest Grove)
19350 NW Emma Way
Hillsboro, OR 97124
503-533-0561
www.streetsoftanasbourne.com

Tanasbourne Mall (185th)
(30 min. from Forest Grove)
incl. Target, Old Navy, Ross, Sushi Town

Trades Joe’s (185th)
2285 NW 185th Ave.
Hillsboro, OR 97124
503-645-8321
traderjoes.com

Trades Joe’s (Beaverton)
(30 minutes from Forest Grove)
11753 SW Beaverton-Hillsdale Hwy
Beaverton, OR 97005
503-626-3794
traderjoes.com

Uwajimaya (Asian Food Market)
(40 mins. from Forest Grove)
10500 SW Beaverton-Hillsdale Hwy
Beaverton, OR 97005
503-643-4512
www.uwajimaya.com

Washington Square
(45 min. from Forest Grove)
9585 SW Washington Sq. Rd.
Tigard, OR 97223
503-639-8860
www.shopwashingtonsquare.com

Woodburn Company Stores
(90 min. from Forest Grove)
Take I-5 to Woodburn, Ex. 271
503-981-1900
www.woodburncompanystores.com
Forest Grove Summer Storage Options

At the end of the year, many students need a place to store their belongings for the summer. Here are a couple of options within Forest Grove. NHOH usually provides transportation services at a low rate for club members to/from these storage locations.

Forest Grove Mini Storage
3312 Pacific Ave.
303-357-7375
www.nwselfstorage.com

B St. Self Storage
1610 B St.
971-249-4554
www.selfstoragei5.com

Banks

Bank of the West
1926 Pacific Ave.
Forest Grove, OR 97116
503-357-6165
www.bankofthewest.com

Washington Mutual Savings Bank
2200 Baseline Rd.
(In Fred Meyer)
Cornelius, OR 97113
503-357-9296
www.wamu.com

Columbia Community Bank
2811 19th Ave. Suite A
Forest Grove, OR 97116
503-992-6806
www.columbiacommunitybank.com

Wells Fargo Bank
1905 Pacific Ave.
Forest Grove, OR 97116
503-359-1670
www.wellsfargo.com

Oregon First Credit Union
3924 Pacific Ave.
Forest Grove, OR 97116
503-992-1768
www.oregonfirstccu.org

U.S. Bank
1940 Pacific Ave.
Forest Grove, OR 97116
503-359-4402
www.usbank.com

West Coast Bank
4110 Pacific Ave.
Forest Grove, OR 97116
503-359-4495
www.wcb.com

Forest Grove Self Storage
620 Elm Street, Forest Grove
503-357-0111

Cornelius Mini Storage
3437 E Baseline Street, Cornelius
503-547-0174

Airports to Forest Grove
1. Follow Airport Way, stay in the middle lane, follow signs to Freeway I-205
2. After about 2.5 miles, get in the far right lane and follow signs to I-205 South I-84
3. Merge onto I205 South, stay in the right lane.
4. Take exit 21B: I-84 West-Portland, merge and stay in middle lane.
5. After approx. 4 miles, get in far left lane, follow signs to I-5 South Salem.
6. Merge onto I-5 South, get into far left lane, follow signs to I-405/Hwy 26 - City Center/Beaverton.
7. Merge onto I405, stay in the same lane, take exit 1D Hwy 26 West - Beaverton/Ocean Beaches.
8. Go through the tunnel, stay in the middle lane, follow Hwy 26 West, about 20 mi.
9. Take exit 57: Glencoe Road/North Plains, turn left at the light onto Glencoe Rd., you will begin to see signs directing you to Pacific University, this will take you on the overpass across Hwy 26.
10. After approx. 1.3 miles, you will reach another stoplight, turn right onto Zion Church Rd., which curves and turns into Cornelius Schefflin Rd.
11. After approx. 3.6 miles, you will reach two roundabouts.
   - Enter the first roundabout and take the first right towards Forest Grove.
   - Enter the second roundabout and take the second right.
12. You are now on NW Verboort Rd., and will pass through the town of Verboort.
13. At the next (3rd round-about) take the 3rd right following the sign pointed towards Pacific University.
14. Continue straight until the fourth roundabout. Take the 2nd exit and you will see a sign that says Downtown.
15. Further down the road, on the right side you will see a sign that says, “Welcome to Forest Grove, Home of Pacific University”
16. At the stoplight, turn right onto Sunset Dr. and you will arrive at Pacific University’s campus.

Directions

Forest Grove to Airport
1. Follow University Ave., curve left onto Sunset Dr., passing the aquatic center on the left.
2. At the stoplight, get in the left turning lane and turn left onto Hwy 47.
3. There will be two roundabouts. At the first roundabout, take the first right to continue straight onto Hwy 47.
4. At the second roundabout, take the first right onto NW Verboort Rd.
5. After you pass through the town of Verboort there are two roundabouts
   - Enter the first roundabout and take the second right.
   - Enter the second roundabout and take the second right.
6. You are now on Cornelius Schefflin Rd., which becomes Zion Church Rd., Stay on this road for approx. 3.6 miles.
7. At the stoplight turn left onto Glencoe Rd., for approximately 1.3 miles to Hwy 26.
8. Take the Hwy 26 East on-ramp towards Portland, merge onto Hwy 26 and stay in the right hand lane.
9. After approximately 18 miles, Hwy 26 becomes three lanes, stay in the far right hand lane, follow signs to I-405 South – The Dalles/Salem.
10. Go through the tunnel, staying in the far right hand lane, merge onto I-405 South. 
11. Follow signs toward I-84 East-The Dalles, you will go over the Markham bridge, get into the far right hand lane.
12. After about ½ mile, take exit 300: I-84 East – Portland Airport/The Dalles, merge onto I-84 East, stay in the middle lane.
13. Follow I-84 East for about 5.5 miles, take exit 8: I-205 North – Seattle/Portland Airport, merge onto I-205 North, stay in far right lane.
14. Follow I-205 for about 2 miles and take exit 24A: Portland Airport, stay in the left lane, merge onto Airport Way and follow signs to the terminal.
Directions

Pacific to Ikenohana
1. Follow Pacific-airport directions from Forest Grove to Hwy 26.
2. Exit onto Murray, go straight.
3. Turn LEFT AT 3rd stoplight onto SW ALLEN
4. Turn QUICK RIGHT into Safeway parking lot

Pacific to Streets of Tanasbourne
1. Follow Pacific-airport directions from Forest Grove to Hwy 26
2. Take EXIT 64 to 185th Ave, turn right.
3. Turn RIGHT onto NW Cornell.
4. Streets of Tanasbourne is on your right hand side about 0.5 miles.

Pacific to Washington Square/ Benihana
1. Follow Pacific-airport directions from Forest Grove to Hwy 26
2. Take Exit 69A onto 217 South
3. Take SCHOLLS FERRY ROAD Exit
4. Turn LEFT to Washington Square OR Turn RIGHT and another QUICK RIGHT to Benihana.

Washington Square to Forest Grove
1. Leaving Washington Square, stay in middle lane
2. Go onto 217 North
3. Follows signs to Hwy 26 W (Astoria/ Tillamook).
4. Follow directions airport-Pacific directions to Forest Grove

Pacific to Olive Garden
1. Follow Pacific-airport directions from Forest Grove to Hwy 26.
2. Take exit 69A onto 217 South
3. Exit onto CANYON ROAD
4. Turn RIGHT onto CANYON RD. (1st light) from Forest Grove Portland (Turn left if coming from Washington Square)

First Year Experience
By Tyler Oshiro
August 2009

As incoming freshmen, you will register for a class called “First-Year Seminar.” However, the First-Year Experience is what your first year in college is really about, something filled with new growth, fond memories, and nothing to be afraid of.

A year ago I stood where you are now, and the people sitting beside me quickly became the first friends I had at Pacific. See, our school isn’t one of those individualist places where each student is obsessed with outdoing everyone else, it is a multi-faceted community of staff, students, and family. That’s what makes Pacific special, and it’s also the main reason you have nothing to fear as you embark on your college journey.

The road is difficult, yes, for those seeking an undergraduate degree, and take it from me, Pacific’s undergrad is certainly no cakewalk. Coursework is tedious, exams are difficult, and lectures are often far from interesting. However, it is the community aspect of Nā Haumāna O Hawai‘i, literally “the students of Hawai‘i,” that makes all the difference. I struggled in my fall semester’s Calculus II class; I knew no one at the start, much less the material. I’m sure you’ll feel the same fear when confronted with infinite bounds and integrating to infinity. However, it was through the friendships I established here that I was able to find help with studying and pull off a decent grade by the end of class. As a freshman, it is always comforting to remember not only that your classmates are willing to help you, but that three years of upperclassmen have already taken the class, and of those, a majority will jump at the chance to help once asked. We all want to keep up our grades; those of us headed to grad school need high marks, and those in varsity athletics need to stay eligible. The comforting thing to keep in mind is that we can all help each other, and freshmen need the most help, and have the most available to them. So whether it be study groups, tutoring, or borrowing a textbook, we’re all here for the same purpose: to get an education, and we’re all willing to help each other out to do so.
On a separate note, another of the key issues freshmen face is homesickness. Being away from home is difficult to say the least; I remember looking outside my window, wondering if the rain was ever going to stop. It didn’t. And it doesn’t. But that’s nothing to get emotional over. We appreciate the sunny days that much more, and get excited when we have the chance to play tennis or flag football or barbecue potluck-style. The rainy days (most of them) aren’t so bad either; we watch a lot of movies, play video games, and even get a chance to study. The best way to keep from getting homesick is to surround yourself with friends. It’s hard to think about missing shave ice when you’re laughing at a movie or crave the beach when you’re playing Halo. Laughter might cure all illnesses, but friends prevent homesickness. That’s a diagnosis straight from (not yet) Doctor Oshiro.

At the start of this article, I mentioned that this is the start of your First-Year Experience, and the only way to truly feel an experience is to keep an open mind and allow yourself to try new things. There are so many opportunities available to you, and I’m not just talking about going to the parties you will be invited to. I’m talking about clubs, organizations, friendships: things that you can be a part of, make a contribution to, and take more away from than you ever thought possible. Our club offers various programs to explore Oregon like driving down to the coast, or picking pumpkins at the infamous Roloff Farms. I know the programmers have some really great ideas; they want to make sure that your first year in Oregon is one that will make you want to come back for the next three. So no worries, guys, we know how to have a good time.

When I began college, I was a little worried, friendless, and overwhelmed in my classes. Meeting people, getting out there and experiencing what Pacific truly had to offer changed everything. So allow yourself to make the most of your First Year Experience; don’t stress over the little things, utilize your opportunities, and don’t be afraid to ask for help. The mentors you will meet today are here for the sole purpose to make your transition into college as smooth as possible, so feel free to use us! Good luck, and I wish you all the best as you enjoy your Freshman year here.

**Advice for Mainland-bound Isle Students**

- Make a packing checklist. Do this at least a month in advance. Indicate how each item should be transported, whether via UPS or as a carry-on. It will later serve as an inventory list when checking to make sure everything arrived.
- Call your roommate(s) ahead of time. This will allow roomies to “meet” over the phone or Internet, coordinate what each will bring, and set a meeting time and place.
- Join NHOH, the Hawaiian club!
- Collect contacts. Fill your cell phone contact list with names, phone numbers, and snail-mail and e-mail addresses of your ohana and friends. Don’t forget stamps.
- Take reminders of home. Homesickness is a given. Packing posters, photos, even cheesy postcards can liven up your residence hall room and your spirit. And don’t forget the Hawaiian music; you may not like it now, but you’ll miss it when you’re thousands of miles away from your Island home.
- Go to all freshman orientation events!! They will help put you more in sync with fellow students and Pacific University.
- Be ready to explain over and over again about living in Hawai‘i. Mainland friends will ask Hawai‘i students endlessly about why anyone would ever want to “leave paradise.” Yet being from Hawai‘i also has its advantages: You can always make conversation about your pidgin English accent.
- Bring your aloha wear. Don’t forget a ribbon or kukui nut lei. And of course, you’ll definitely want to bring a couple pairs of “slippahs.”
Notes about my haumana

UC Box #: __________

Pacific Email: _____________@pacificu.edu
Residence Hall: ________________________
    Room #: __________

Roomate Name(s): ______________________
    ______________________
    ______________________
    ______________________

Other Address: ________________________
Congratulations Class of 2017

Mahalo
Aloha

2017 - 2018 Academic Year