Do you struggle with ADHD? Would you like to learn skills to overcome everyday difficulties related to ADHD? Then this group is for you!

Join the

ADHD SKILLS GROUP FOR ADULTS

Meetings will begin January 20th Wednesdays @ 6:00 p.m.

Pacific Psychology & Comprehensive Care Clinic - Portland

Call us if you or someone you know could benefit from this group!

Supervised by Dr. Cindy Marino

(503) 352 – 2400 x8066