

***Do you struggle with ADHD?
Would you like to learn skills to overcome
everyday difficulties related to ADHD?
Then this group is for you!***

Join the
ADHD SKILLS GROUP
FOR ADULTS

Meetings will begin January 20th
Wednesdays @ 6:00 p.m.

**Pacific Psychology & Comprehensive
Care Clinic - Portland**

***Call us if you or someone you know could benefit from
this group!***

Supervised by Dr. Cindy Marino

**PACIFIC
psychology &
COMPREHENSIVE HEALTH
CLINIC**

(503) 352 – 2400 x8066

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