

*Pacific Psychology &
Comprehensive Health Clinic
Portland*

ADHD Skills Group for Adults

**12-week group based in
Cognitive Behavioral Therapy (CBT)**

Weekly meetings start:
Monday, May 3rd from 6-8pm
via Zoom

For information call:
(503) 352-2400 x8066

Supervised by:
Cindy Marino, PsyD
Licensed Clinical
Psychologist