

*Pacific Psychology &  
Comprehensive Health Clinic  
Portland*

# **ADHD Skills Group for Adults**

**12-week group based in  
Cognitive Behavioral Therapy (CBT)**

**Weekly meetings start:**  
Wednesday, May 5<sup>th</sup> from 6-8pm  
via Zoom

**For information call:**  
**(503) 352-2400 x8066**

**Supervised by:**  
**Cindy Marino, PsyD**  
Licensed Clinical  
Psychologist