

OUTDOOR PURSUITS VOYAGES

Backpacking Multi-Day Individual Gear List

Used by Participant to pack for trip

As part of your registration process you will be asked to give your sizes. You will also be asked if you would like to rent any gear from Voyages.

*= Available to Rent (fee included in trip price)

**= Available to rent for a fee

- Backpack (internal/external frame >45 L)*
- Sleeping bag (Synthetic or down mummy style rated to at least 20°)**
- Sleeping pad*
- Wool/synthetic socks (minimum of 3 pairs)
- Boots (MUST be waterproof hiking boots that have been worn in by YOU with sturdy tread)
- Shorts (synthetic)
- T-shirt (three synthetic)
- Sports Bras (two pair of synthetic)
- Underwear (three pairs)
- Swimsuit (appropriate for activity)
- Long sleeve shirt (one synthetic)
- Long underwear (one synthetic)**
- Warm jacket (one fleece or wool)**
- Warm top (one synthetic or wool)**
- Warm pants (one synthetic or wool)**
- Waterproof Jacket (breathable, with a hood)**
- Warm hat (wool or synthetic)
- Brimmed hat
- Gloves/mittens
- Bandana
- Camp shoes (Crocs, Tevas, flip flops etc.)
- Sunglasses (polarized, broad spectrum UV protection preferred)
- Bowl, Cup, Spoon
- Water bottles (two 1 liter bottles)
- Personal hygiene items:
 - Toothbrush/toothpaste
 - Gender specific items
 - Wash cloth
 - Sun Block/ Bug Spray
 - Comb
 - Medications if necessary
- Optional:
 - Journal with Pen
 - Waterproof Pants*
 - Multi-Tool/Knife
 - Playing cards
 - Hacky sack
 - Frisbee
 - Instruments (Harmonica, etc.)
 - Camera