

## PRESENTERS |

[Maureen C Nash](#), MD, MS, FAPA  
[David Fuentes](#), Pharm D, BCPP, CGP  
[Denise Ernst](#), PhD

Pat Buckley, PA-C, ND  
Jeffrey Yates, PharmD

*This Performance Improvement CME program has been reviewed and is approved for a maximum of 20.00 AAPA Category 1 PI-CME credits by the Physician Assistant Review Panel. Total number of approved credits for each stage of this PI-CME program are as follows: Stage A :5.00 AAPA Category 1 PI-CME credits; Stage B :5.00 AAPA Category 1 PI-CME credits; Stage C :5.00 AAPA Category 1 PI-CME credits. Bonus for completion of all three stages: 5.00 AAPA Category 1 PI-CME credits. AAPA Category 1 PI-CME credit approval is valid for the dates of 06/03/2016 - 12/31/2016 . Physician Assistants should claim only the credit commensurate with the extent of their participation in the activity. This program was planned in accordance with AAPA's CME Standards.*

*Oregon Board of Pharmacy and Oregon Nursing Home Administrators Board have approved this course for a maximum of 16 CE units.*

*Oregon Board of Naturopathic Medicine has approved a total of 16 hours, 6 of which can be used for pharmacy.*

*Washington State Pharmacy Quality Assurance Commission has approved 1.5 CE Units for this course.*

| REGISTER ONLINE   | Unaffiliated with Pacific University | Preceptor* | Pacific Alumni |
|---|--------------------------------------|------------|----------------|
| AAPA category 1 PI-CME 20 hour course Fee (must complete all 3 stages within 6 months.)   | \$300                                | \$250      | \$200          |
| Inaugural PI CME rate for Pacific University School of Physician Assistant Studies Alumni |                                      |            | \$100          |
| OR Board of Pharmacy 16 hours   | \$240                                | \$200      | \$160          |
| OR Board of Naturopathic Medicine 16 hrs  | \$240                                | \$200      | \$160          |
| June 25 live course only  | \$100                                | \$90       | \$75           |

\* Take advantage of the discount and apply to become a Preceptor today!  
Contact [Lisa Downing](#) for more information.

### REGISTRATION AND REFUNDS

Space is limited. Participants are registered in the order they are received. Refunds less \$25 administrative fees are granted up to June 6. Beginning June 7 no refunds will be granted.

Questions? Contact: [lisa.downing@pacificu.edu](mailto:lisa.downing@pacificu.edu) | 503.352.2663

COLLEGE OF HEALTH PROFESSIONS  
CONTINUING EDUCATION  
SCHOOL OF PHYSICIAN ASSISTANT STUDIES  
SCHOOL OF PHARMACY

## Addressing Geriatric Polypharmacy: Minimizing Multiple Medications

Performance Improvement—CME  
Continuing Interprofessional Education Course

**Saturday | June 25, 2016**  
**8:00am to 3:45pm**

**190 SE 8th Avenue**  
**Room 150**  
**Hillsboro, Oregon 97123**



## COURSE OUTLINE | MAXIMUM OF 20 HOURS CE

### STAGE A | OPTION |

Participants must review 10 charts of patients aged 65 years or older who routinely take 5 or more medications. A chart audit form will be issued to participants with instructions for identifying practice gaps. Participants must report findings to Pacific University College of Health Professions Continuing Education Program Coordinator. Participants must attend the live course on June 26 to receive credit for this session.

### STAGE B | LIVE AT PACIFIC UNIVERSITY

JUNE 26, 2016 | 8:00AM—3:45PM

AAPA PI—CME = 5 hours | All other professions = 6 hours CE

At the conclusion of Stage B participants will be able to:

- Identify inappropriate (not clinically indicated) prescriptions and/or over-the-counter medications.
- Identify the primary chronic disease state(s) which place patients at higher risk of polypharmacy
- Identify polypharmacy related issues for stepwise intervention
- Prioritize medication related issues
- Develop reduction, tapering and elimination approaches
- Recognize and monitor for adverse drug-withdrawal events
- Implement appropriate compliance enhancement strategies
- Create a practice improvement plan

#### Live Course/ Stage B Agenda June 26, 2016

|         |   |
|---------|---|
| 7:30a   | Breakfast and Sign In   |
| 8:00a   | Commonly misprescribed or misused medications in the elderly        |
| 9:45am  | Break   |
| 10:00am | Reduction, tapering and elimination strategies                      |
| 11:30am | Lunch Included. Polypharmacy discussions encouraged!                |
| 12:45pm | Motivational Interviewing and beyond.                               |
| 2:00pm  | Break   |
| 2:15pm  | Create a practice improvement implementation plan for your practice |
| 3:45pm  | Live Course/Stage B concludes                                       |

### STAGE C | OPTION |

Between December 15 and December 31, 2016. Participants must review 10 charts of patients aged 65 years or older who are routinely take 5 or more medications. These 10 charts must be different than the charts audited in Stage A. Participants will receive instructions for measuring practice improvements. An online survey will be used. Participants must report findings to Pacific University College of Health Professions Continuing Education Program Coordinator.

### BONUS FOR PA'S ONLY | OPTION | ONLY IF COMPLETE 3 STAGES

Participants must complete a final evaluation and reflection no later than December 31, 2016. Once completed return to Pacific University. This final evaluation will be added to submitted Stage A and Stage C chart audit results. Participants will then be issued a certificate for the full 20.00 credits of PI-CME.

The AAPA states “it is important to note you do not need to demonstrate actual practice improvement in order to receive [PI-CME](#) credit, since the primary intent is to help you reflect on your own practice.”

This course is appropriate for Physician Assistants, Nurse Practitioners, Naturopathic Doctors and other healthcare providers who wish to improve their proficiency in managing care of patients aged 65 years and older who are at risk of complications as a result of polypharmacy.

Polypharmacy is defined as 5 or more prescribed medications. This course will focus on patients aged 65 or older who are prescribed 5 or more medications.

Older adults are more likely to take multiple medications for medical conditions. Multiple studies conclude polypharmacy in older adults is linked to increased risk of adverse events, mismanagement, drug-drug interactions and increased cost. Reduction of polypharmacy is expected to increase patient satisfaction and compliance, provide better care and lower healthcare costs.

### Pacific University Hillsboro Campus

This campus is ADA accessible. Parking is free in the parking garage 1 block from the Building 2. The TriMet Tuality station is within 1/2 block of Building 2. See [Hillsboro Campus Map](#) for more details.