CAREER ADVISING
A Complement to Academic Advising

CAREER DEVELOPMENT RESOURCES FOR STUDENTS
It is the goal of the Career Development Center to weave career advising and career preparatory activities as seamlessly as possible into students’ Pacific experience. Research and experience confirm that students have many questions about how to connect academics to careers. To this end all undergraduates are assigned career advisors to maximize their success at launching meaningful and rewarding careers upon graduation—if not before. Students are invited to visit Chapman Hall, call x2877, or schedule an individual appointment with a career advisor at www.pacificu.edu/career. The following services support student efforts to develop and maintain an actionable Future Focus throughout their Pacific experience:

- Researching and Applying to Graduate Schools
- Connecting Major Skills and Experience to Careers
- Administering Career Interest and Values Inventories
- Understanding the Value of a Liberal Arts Education
- Finding Part-Time and Summer Employment
- Developing Résumés and Cover Letters
- Securing an Internship to Gain Experience
- Launching a Full-Time Job Search
- Recognizing Decision Making Styles
- Networking with Alumni and Other Professionals
- Optimizing the Work-Study Experience
- Strength-based Interviewing

CAREER EXPLORATION COURSE
PACU-255 Two Credit Class

- This course helps students critically examine and articulate career interests, strengths, and work values
- Students research industries, occupations, individual employers, and meet with professionals for informed career conversations

CAREER ACTIVITIES FOR THE CLASSROOM
The Career Center works directly with faculty to coordinate:

- Class speakers from private sector and government agencies
- Alumni panels to discuss using their liberal arts skills at work
- Speakers from professional associations to address specific issues
- Field trips to top local and regional organizations and employers

CDC staff are willing and able to lead class sessions on:

- Articulating Your Academic Achievements
- Internships & Beyond
- Crafting Competitive Résumés and Cover Letters
- Preparing a Post-Grad Career Plan
- Strength-Based Interviewing
- The Value of a Liberal Arts Degree
- How to Obtain Great References
- Managing the Graduate School Application Process
- Career Exploration Utilizing the Strong Interest Inventory
- Creating a Personal Statement or Letter of Application
- Leveraging Your Senior Project in Your Job Search
- Networking: Entry into the Hidden Job Market

ANNUAL CAREER EVENTS
The Career Center co-sponsors many events with academic departments, clubs, and local organizations:

- Work and Service Fairs (first Thursday of each semester)
- First Avenue Career & Graduate School EXPO
- Arts & Humanities Career EXPO
- Career Launch: A Team Sport
- Dependable Strengths Articulation Process
- GRE Preparation
- FERPA: Managing Confidential Records
- Health Professions EXPO
- Individual Site Visits i.e. Mercy Corps
- International Career EXPO
- Internships
- Job Search 101
- Junior Junction
- Majorfest
- Recruiter Information Sessions (JET, Peace Corps, SCA, etc.)
- Résumania
- Senior Countdown to Graduation
- Senior Salute
- Senior Tailgate
- Social Sciences: Meet the Professionals (bi-annual)
- Speed Networking: Creating Connections
- Work with a Purpose: Values Driven Job Search

Hours
Monday through Friday
8:30 A.M. to 4:30 P.M.
Evening by Appointment

Brian O’Driscoll
Director
odriscob@pacificu.edu
503.352.2917

Katie R. Lardy
Assistant Director, Advantage Program
katielardy@pacificu.edu
503.352.2845

June Dressler
Associate Director, Career Counselor
dressler@pacificu.edu
503.352.2916

Julie Burris
Work-Study Coordinator
julieb@pacificu.edu
503.352.2877

Melissa Vieira
Internship Coordinator
melissav@pacificu.edu
503.352.3126