Steps to Follow

1. In a medical emergency, call 911. Do not move the injured student unless more harm will be incurred by keeping them stationary (risk of fire, etc.). Stay with the injured person(s) and provide basic first aid within your scope of training as indicated by the situation.

2. If uncertain as to whether injury is an emergency, call 911 for assessment and possible transport.

3. Notify Campus Public Safety (503-352-2230) if 911 has been called and emergency personnel are en route.

4. If the injury is not severe but medical attention is needed, proceed to an urgent care or emergency room. During business hours, you may also contact the Student Health Center at 503-352-2269 for assistance.

5. Once you’ve arrived at the hospital and when you come back, contact the RA or CPS to update them on the situation:
   - North Campus RA
     for residents of Burlingham, Gilbert
     .............................971.275.2028
   - South Campus RA
     for residents of Clark, Walter, Mac
     .............................971.275.2027
   - Vandervelden Residents: contact Campus Public Safety
     .............................503.352.2230

For Non-Emergencies

NOTE: Check with your insurance (call the phone number on your insurance card) to verify which urgent care centers are covered by your health insurance provider or for information on other centers in the area. These facilities are covered for students on the University Insurance plan (Academic Health Plans). Call ahead for hours.

Geneva Health & Urgent Care Center
3838 Pacific Ave., Forest Grove, OR
503-992-0288

1. Start going South on Cedar St., toward Pacific Ave.
2. Turn left onto 19th Ave/OR~8E. Continue to follow OR-8E apx. 2 miles.
3. Center is on your right between Ace Hardware & Auto Zone.

Tuality Healthcare Urgent Care Center
7545 SE TV Hwy, Hillsboro, OR
503-681-4223

1. Start going South on Cedar St., toward Pacific Ave.
2. Turn Left onto 19th Ave/OR~8E. Continue to follow OR-8E 6.4 miles veering to the right, which merges into TV Highway.
3. Located behind the 76 gas station and Jack in the Box.

Tanasbourne Medical Plaza Urgent Care
1881 NW 185th, Suite 101, Aloha, OR
503-216-9363

Directions from Hwy 26 going east, exit 64 (185th Ave. exit)
1. Turn right onto 185th Ave.
2. Drive 0.5 mile.
3. Location will be on the right at the corner of Cornell and 185th Ave.
Directions to local care facilities for medical emergencies

If your friend or fellow student needs to be transported for medical reasons, you may not be able to ride along in the ambulance with him or her. Below are directions to local area Urgent Care / Emergency Facilities. Remember to ask the ambulance driver what facility your friend is being taken to.

NOTE: Check with your insurance (call the phone number on your insurance card) to verify which hospitals are covered by your health insurance provider or for information on other hospitals in the area. These facilities are covered for students on the University Insurance plan (Academic Health Plans).

Tuality Forest Grove Emergency Room
1809 Maple St., Forest Grove, OR
503-357-2173
Open 24 hours a day

1. Start out going South on Cedar St., toward Pacific Ave.
2. Turn left onto 19th Ave/OR-8E. Continue on 19th Ave.
3. Turn right onto Maple St. Hospital is ahead on the left.

Tuality Hillsboro Emergency Room
335 SE 8th Ave, Hillsboro, OR
503-681-1111
Open 24 hours a day

1. Start out going South on Cedar St., toward Pacific Ave.
2. Turn left onto 19th Ave/OR-8E. Continue for 6.3 miles.
3. Turn left onto SE 8th Ave. Hospital is on left.

Providence St. Vincent Emergency Room
9205 SW Barnes Rd., Portland, OR
503-216-1234
Open 24 hours a day

1. Start out going North on Cedar St., toward 21st Ave
2. Turn left onto 21st Ave
3. Turn right onto Sunset Drive.
4. Turn left onto OR 47.
5. Turn right onto NW Verboort Rd. Pass through first roundabout. Enter next roundabout and take 2nd exit onto NW Cornelius Shefflin Rd.
6. NW Cornelius Shefflin Rd. becomes NW Zion Church Rd.
7. At the signal, turn left onto Glencoe Rd.
8. At the overpass, turn right and merge onto US-26 East toward Portland. Drive approximately 12 miles and take Exit 69B for Barnes Rd.
9. Merge onto SW 98th St./SW Baltic Ave.
10. Turn right at SW Barnes Rd.
11. Follow the signs to the ER.

Additional resource: Pacific University Student Health Center:
http://www.pacificu.edu/healthcenter

Not sure what you should do?

Do you need immediate medical care?  
An appointment the next day?  
Or will self-care help you?

The 24-Hour Nurse Advice Line*  
from Academic Health Plans provides convenient, easy and confidential way to get care advice. Call 1-877-924-7758 for health advice at any time.

*Available to students enrolled in the University’s Health Insurance plan with Academic Health Plans. A similar service may be available from other health insurance providers. Check with your insurance company to learn more.