



# GETTING THE CARE YOU NEED —AROUND-THE-CLOCK

## URGENT CARE

### Portland

Beaverton Medical Office,  
10 a.m.–5:30 p.m. weekends  
and holidays.

Interstate Medical Office South,  
6 p.m.–8:30 p.m. Monday–  
Friday and 7 a.m.–8:30 p.m.,  
weekends and holidays.

Mt. Scott Medical Office,  
10 a.m.–5:30 p.m. weekends  
and holidays.

### Salem

Skyline Medical Office,  
10 a.m.–5:30 p.m. weekends  
only, closed on holidays.

### Vancouver

Cascade Park Medical Office,  
10 a.m.–5:30 p.m., weekends  
and holidays.

### Longview

Longview-Kelso Medical Office,  
10 a.m.–5:30 p.m. Saturdays and  
holidays (closed Thanksgiving  
and Christmas).

## Call an advice nurse for guidance

If you have a health concern but aren't sure if you need to be seen or where to go for care, call an advice nurse. Advice nurses are available 24 hours a day, seven days a week. They can also help with urgent questions when your doctor's office is closed.

## Urgent care—dealing with unexpected illness or injury

You may need urgent care when you are sick or injured but do not have an emergency medical condition. For example, you might

need urgent care for a sore throat, earache, minor pet bite, or sprain.

When you need urgent care, call your medical office for a same-day appointment. If your medical office is closed, we offer after-hours and weekend urgent care at select locations.

## Emergency—care for severe symptoms that pose danger

If you have a sudden onset of severe symptoms (including severe pain) and believe your life or health is in immediate danger, call 911 or go to the nearest emergency facility.

## 24-HOUR ADVICE NURSE

Portland area . . . . .	503-813-2000
All other areas . . . . .	1-800-813-2000
TTY . . . . .	1-800-735-2900
Language interpretation services . . . . .	1-800-324-8010

For more information, sign on to [kp.org](http://kp.org). If you aren't yet registered, go to [kp.org/registernow](http://kp.org/registernow).



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