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SCHOOL of PHYSICAL THERAPY

Athletic Training Program News

Summer | 2017

Dear Alumni and Friends

Jeff Kawaguchi | DIRECTOR



As this academic year comes to a close, I would like to recognize Ms. Linda McIntosh, MS, ATC. As a program, we owe everything that we are and have become to the vision

and perseverance of Dr. Rutt and Linda McIntosh...The entire program did not begin in 2013 with the acceptance of the first class of students, and it did not begin in 1993 with the meeting of these two willing partners...The program started in 1988, the day that Linda accepted the position as the head athletic trainer at Pacific University.

As the Head Athletic Trainer from 1988 to 2013, Linda provided the care and compassion necessary to allow countless student-athletes to fulfill their athletic dreams. During a vulnerable time in the lives of literally hundreds of sick and injured student-athletes that passed through the doors of the athletic training clinic, Linda was a trusted and consistent influence in whom these developing young men and women could find refuge and an understanding hand that could guide them through a difficult period. As these students left the University over the years, many would return to pay tribute to Linda and the role she played in helping

them to develop not just physically, but also cognitively, emotionally and professionally.

During this same period, Linda served as an educator for many aspiring future health care clinicians. It is for this reason that as a former educator and mentor for many of the clinicians with which our athletic training program currently affiliates with, Linda continues to be held in great esteem and reverence. Many of the clinicians that currently help to educate our current students owe a debt of gratitude to Linda for who they are today and what defines their current clinical practice.

As the profession changed and the University began exploring the implementation of a Master's of Science Program in Athletic Training, Linda McIntosh and Dr. Richard Rutt worked hand in hand to bring this goal to fruition. Both of these individuals toiled tirelessly to bring this opportunity to not just a number of current students, but to an infinite number of future athletic training professionals. When the program accepted its first class of students in the Fall of 2013, Linda accepted the new challenge of serving as the program's first and only Clinical Education Coordinator (CEC). In this new role, Linda's dedication to the students was unceasing. Linda single handedly developed the entire clinical education program that continues to be

in use today. The fondness and trust that Linda continues to show each and every student can clearly be seen in the number of students that constantly inundate her office for guidance and wisdom. As the current Program Director, I could not have wished for a more dedicated and compassionate individual to spearhead the clinical component of our program.

Highlights From The Year

- The program successfully put on (hopefully) the first of many "capture the flag" competitions.
- Ian Rojas represented the program as the senator to the NWATA Student Senate (Current 1st year student, Erica Nelson will serve as the senator next year)
- Guillermo Torres-Sanchez and Andrea Thompson gave oral presentations as a part of the student forum
- Ian Rojas, Kiana Lacaden and Camren Nebrija had poster presentations accepted, which they presented at the conference
- Ian Rojas and (current 1st year student Ke'ala Armstrong represented the program at the WCTSMA Competition in Tacoma Washington
- Dr. Gen Ludwig was named the chair of Oregon Athletic Training Society's Honors and Awards Committee and will be the local chair for the 2018 NWATA District Symposium.

Faculty Activities

Gen Ludwig, EdD, ATC completed a peer-reviewed publication with Calicchio, A. & DeBeliso, M. (June, 2016). Is there a relationship between core muscular strength and chronic ankle instability? *Journal of Physical Education Research*, Volume 3, Issue 2, 48-58.

Jeffrey Kawaguchi PT, PhD, ATC received a Teaching Advancement and Research Grant in Educational Technology (TARGET) from Pacific University. This grant entitled “Digital Recordings of Clinical Performance: Transforming Educational Competency into Clinical Proficiency”, will be used to continue to explore the use of digital recordings in enhancing the education of athletic training students.

New Faculty

Gen Ludwig, EdD, ATC is an Assistant Professor and Clinical Education Coordinator in the MSAT Program. Prior to coming to Pacific, she was an Assistant Professor and Clinical Education Coordinator for the Athletic Training Programs at the University of Minnesota Duluth and Southern Utah University. She completed her undergraduate degree at the University of Montana Western in K-12 Health and Physical Education with Emphasis in Sports Medicine (2003). Gen then completed her Masters’ degree in Secondary Education while working as an Athletic Training Graduate Assistant at Eastern Oregon University (2005). She earned her Doctorate of Education from Walden University in 2014. Dr. Ludwig has 12 years of work experience as a Certified Athletic Trainer in a variety of settings including Industry, Physical Therapy, Intercollegiate and High School Athletics as well as Collegiate Recreation and Club Sports. She has worked as a Clinical Education Coordinator for the past three years, coordinating clinical experiences for Athletic Training students in High Schools, Division I, II and III Athletics, Emergency Rooms and Chiropractic and Physician Offices.

Dana Bates, PhD, ATC: The faculty and staff of the Athletic Training Program at Pacific University are excited to announce that Dana Bates, PhD, ATC, has agreed to accept a teaching position within the program beginning in the Fall of 2017. Dr. Bates comes to Pacific University with both significant academic and clinical experience. Most recently, Dr. Bates has served as the Program Director and Clinical Education Coordinator (CEC) for the Athletic Training Program at George Fox University in Oregon where she has been since 2012. Prior to this Dr. Bates was an instructor at Whitworth University, and the CEC at the University of Texas in Austin Texas. From 2007 until 2010, Dr. Bates was the Program Director for the Athletic Training Program at Nebraska Wesleyan University. In each of these experiences Dr. Bates had significant clinical responsibilities, serving as a practicing athletic trainer at each of these institutions. As a member of the professoriate, Dr. Bates has used a number of innovative approaches including incorporating technology, peer-teaching and the use of the flipped classroom approach. Dr. Bates is also active in the National Athletic Trainers’ Association and has a number of regional presentations and peer-reviewed publications. Most recently Dr. Bates has been involved in research exploring critical thinking skills in athletic training students. At Pacific University, Dr. Bates will primarily teach a variety of courses within the program. She will also assist Dr. Ludwig with clinical education component.

Athletic Training Graduates

On May 20th, the class of 2017 walked on stage at Hanson Stadium on the campus of Pacific University and became only the 3rd class to graduate from the athletic training program. The class included, Kiana Lacaden, Carli Yamamoto, Camren Nebrija, William Mestas, Ian Rojas, Guillermo Torres-Sanchez, Connie Wang, Paul Gonzales and Andrea Thompson.



Students Participate in Community Service Activity

On the morning of May 16, 2017, athletic training students from Pacific University and Dr. Gen Ludwig joined students from other CAATE accredited program from District 10 at Emergency Food Network’s Mother Earth Farm in Puyallup Valley. The farm distributes 80,000 pounds of fresh fruit, vegetables, and herbs to Pierce County food banks and meal sites annually. Food from the farm is available to food banks within 24-hours of harvest.



MSAT students William Mestas, Paul Gonzales, Camren Nebrija and Ian Rojas join faculty member Dr. Gen Ludwig at Mother Earth Farm in Puyallup, Washington.



Students from the MSAT program at Pacific University join students from other CAATE accredited programs in District 10 at Mother Earth Farm in Puyallup, Washington.

Student Awards for 2017

As a tradition, Pacific University's Athletic Training Program would like to honor the following individuals.

Boxer Spirit Award: This award is given by the students to honor an individual for selflessly giving of themselves to help the students achieve their academic goals. This year's recipient is Tamarra Mellick.

Alumni Award: The Alumni Award is given by the honored alumni of the program to recognize a student in the program that has demonstrated achievements in the areas of: governance, cultural activities, campus activities, and community involvement. This year the alumni award went to Carli Yamamoto. Carli is deserving of this recognition because she truly represents all of the aspects of this award. As a student, Carli was consistently near the top of her class, which is a direct reflection to her work ethic. In the clinical setting, she was recognized for her passion for patient care and dedication for her clinical practice. Within the University community, this student is involved in a number of community and cultural activities.

Iota Tau Omega: Iota Tau Omega is a nationally recognized honor society, sponsored by the National Athletic Trainers' Association (NATA), whose purpose it is to recognize athletic training students that have shown a pattern of sustained excellence throughout their matriculation in a CAATE accredited program.

Membership is based on 3 criteria:

- Maintenance of 3.5 or better GPA throughout the program.
- Rank in the top 35% of all of the students in the program
- Be in good standing in the program

The students inducted from the class of 2017 were:

- Kiana Lacaden
- Carli Yamamoto

Valedictorian: The student from the class of 2017 with the highest overall GPA was Kiana Lacaden. Kiana finished the program with a cumulative GPA of 3.68.

Director's Award: At the end of last year Dr. Richard Rutt retired bringing to end an extraordinary career. Dr. Rutt had been at Pacific University for 24 years. The last 12 years he served as the director of the School of Physical Therapy. Dr. Rutt was also one of the founders of the Athletic Training Program. In recognition of the many gifts he has given to all of us, this award will be known as the Dr. Richard Rutt Director's Award.

The recipient of this year's Dr. Richard Rutt Director's Award was Andrea Thompson. Andrea was recognized with this award for all that she overcame over the past two years. In addition to completing all of the requirements of the program, Andrea did so, while enduring a tremendous personal loss. However, to anyone outside of the program, Andrea appeared as if her experience over these past two years was without episode. Andrea not only took it all in stride, but she did so without any additional assistance. In fact, Andrea completed the program with a passion for her own education and an understanding for the needs of everyone else. Andrea truly exemplified the Boxer Spirit...

Experiential Learning Initiative (ELI)

As a former athletic training student I am sure you recall the stresses of being a part of this program... the endless coursework, projects and assignments, the long nights studying... and the costs! So, in an effort to assist future students, the faculty has developed a scholarship to provide some financial assistance with the cost associated with the clinical education component. This fund has been given the title, **Experiential Learning Initiative (ELI)**. The funds for this scholarship will be distributed in the Fall of 2017. Eligible students will apply for

this scholarship directly through the program director. If you would like to contribute to this fund and be a part of the future of our profession, just follow the steps below.

- Go to the Pacific University Donation Page (<https://community.pacificu.edu/sslpage.aspx?pid=298>)
- Enter the amount of your donation
- In the Designation menu – select "other" After you do that a text field will appear Enter "Athletic Training Learning Initiative".

Alumni News

Sarah McSweeney ('15) is working for the Portland Timbers Academy, and is living in NW Portland, since graduation. Sarah recently got a puppy named Achilles!

Christina (Ippolito) Wright ('15) is currently working for Tuality Healthcare doing outreach at Glencoe High School. Christina has also provided coverage for Rugby Oregon, Lewis and Clark College, Orthopedic and Fracture Specialist and TAL. Living in Beaverton, OR. Christina got married in August 2016 in upstate New York.

Sarah Troicky ('15) is currently working towards her Doctorate in Physical Therapy at Pacific University. Sarah is also living in Hillsboro, Oregon. Sarah is also working as an athletic trainer over the summers and when she has time during school.

Donelle (McMahon) Heieie, ('15) started working for Novacare Rehabilitation in Saint Paul, Minnesota as an industrial specialist in November 2015. In this role, Donelle works on site at MSP Airport providing athletic training services. Donelle was promoted to site supervisor in October of 2016 and now supervise a staff of 5. Donelle got married to Andy Heieie in Sonoma California November of 2016. The couple is expecting their first child in October 2017.

Jacen Moore ('16) is working at Rush Sports Performance & Pinnacle Sports Therapy, as an Athletic Trainer / Sports Performance Coach. Jacen is living in Phoenix, Arizona.

Jayme Harrold ('15) is currently working at a private all girls high school in Pasadena, CA, Mayfield Senior School. This summer she is also covering summer athletics for them and teaching a pilates class for their summer school program. Jayme also started her own business making handmade leggings and sell them at markets and online (JayBirdFitWear.Etsy.com).

- In the comment section enter the account 1-050-09459-5213

The following individuals have generously made contributions:

Gold Level (greater \$500)
Kevin Chui, PT, DPT, PhD
Jeffery K. Kawaguchi, PT, PhD, ATC
Class of 2016

Silver Level (\$250-499)

Bronze Level (\$100-249)
Class of 2017

Directory

Jeffrey K. Kawaguchi, P.T., Ph.D., ATC
Professor and Director of Athletic Training

Michael Bridges PT, DPT
Assistant Professor of Physical Therapy

Genevieve Ludwig Ed.D, AT/L, ATC
Assistant Professor of Athletic Training

Linda McIntosh ATC/R, MS
Assistant Professor of Athletic Training
Clinical Education Coordinator

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Alumni Class Contacts

This is the current list of class contacts.

2015	Sarah McSweeney
2016	Brandon Walcott-Ayers
2017	Andrea Thompson

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Keep us Up to Date!

Let us know what you and your colleagues are up to.

Name: _____ Address: _____

Class Year: _____ Phone: _____

What's happening: _____

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