CLINICAL EDUCATION NEWS

It was another successful and busy school year in clinical education, as students traveled throughout the Pacific Northwest for internships, as well as to many Rocky Mountain states, Alaska, Hawaii, South Africa, and India. The clinical education team traveled as far south as South Africa, and as far north as Alaska, to visit our students and CIs. As always, we enjoyed their face-to-face interactions.

As far as the clinical education team goes, former administrative assistant Khloe Casillas has moved on to a new job, and we now have Alec Johnson helping with the administrative duties. Alec comes to us by way of Everett Institute, where she was involved in internships and facilitating job placements post-graduation. Alec is excited to work with the students, and we look forward to putting her experiences in education to good use!

The class of 2014 was the first cohort to go through our new clinical internship schedule, with three 9- or 10-week internships in the third year, a 6-week internship in the second year, and the 4-week internship in the first year. Feedback about this new setup has been positive from both CIs and students; everyone seems to like the longer internships with fewer interference interruptions.

We have continued to provide continuing education opportunities related to clinical education to our CIs as a way of saying “thank you” for the tremendous role that CIs play in the education of our students. Pacific was involved in planning the APTA Clinical Instructor Credentialing Course at Pacific in November 2013 and again in April 2014, another course is in the works for September 2014. This course is valuable for new and seasoned CIs alike, so if you haven’t already taken it, I definitely recommend it! For registration information and a full list of credentialing courses offered across the country, please visit http://www.apta.org/CIECP and look on the link for the schedule of classes.

Thank you to all of you who serve as clinical instructors and center coordinators of clinical education! You play a huge role in our program, and we appreciate you very much.

Brecia Reich, ACCE

EMPLOYMENT OPPORTUNITIES

Check out the Pacific PT website for employment postings. From the PT page click on Alumni and then view EMPLOYMENT OPPORTUNITIES to see what’s available. You can enter your gift to the Dr. Jean Baldwin P. T. Endowed Fund in the “Other” comment box.

PT Faculty & Students attend Diversity Dinner 2013.

PHYSICAL THERAPY SCHOLARSHIP ESTABLISHED IN MEMORY OF DR. JEAN BALDWIN

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WEB SITES FOR PHYSICAL THERAPISTS: 2013 Salary Survey Results

http://physicaltherapy.charn.edu/Web/External/ OnlineExtras/2013-5-Salary-Survey-Results-2.1.aspx

PT Magazine

www.apta.org/PT_magazine/index.html

Physical Therapy Journal

www.apta.org/PT_Journal/index.html

Therapy Student Journal

www.TSJournal.com

Wheelers’ Textbook of Orthopaedics

http://waxman.com

Oregon Physical Therapy Association

www.pta.org

Medline

www.medportal.com

Physician and Sports Medicine

Oaxes.org

Outlines of Clinical Medicine

www.aacoma.org

American Physical Therapy Association

www.apta.org

Oregon State Licensing Board

www.plba.state.or.us

North American Institute of Orthopaedic Manual Therapy (NAIOMT)

www.naimot.com

Employment Opportunities

email: shihan@apa.org

PHYSICAL THERAPY SCHOLARSHIP ESTABLISHED IN MEMORY OF DR. JEAN BALDWIN

The first class of Pacific University Physical Therapy students began their coursework in August 1975 under the direction of Dr. Jean Baldwin. Dr. Baldwin established the foundation of the program and served as Director until 1984. She passed away on June 6, 2010 at North Canyon Medical Center in Gooding, Idaho. An endowed scholarship in her memory has been established to benefit current Pacific University physical therapy students. The goal is to raise $25,000 which will provide approximately $1,000 per year in Dr. Baldwin’s name. Generous alumni have already contributed $6,000 this year. You can donate to the Dr. Jean Baldwin Physical Therapy Scholarship online at www.pacifi cu.edu. Please designate your gift to the Dr. Jean Baldwin PT. Endowed Fund in the “Other” comment box.

PHYSICAL THERAPY SCHOLARSHIP ESTABLISHED IN MEMORY OF DR. JEAN BALDWIN

We just completed another commencement ceremony. Forty-three graduates walked across the stage to receive their hoods and diploma signaling successful completion of their studies for the Doctor of Physical Therapy degree. We welcome these graduates as colleagues in the profession of physical therapy.

As always, please stay in contact with the School and let us know what is happening in your lives. We love to hear from each and every one of you.

Warm regards,

Richard A. Rutt, PhD, PT, ATC/R

Director, Pacific University School of Physical Therapy

www.pacific.edu

www.pacifi cu.edu
SAVE THE DATE/HOMECOMING 2014
We save the date for Homecoming 2014 for October 3-4. Volunteer recruitment for 2014 reunions is already underway for alumni in all colleges and programs. A minimum of two volunteers are needed to support a gathering. Alumni whose class years end in 4 or 9 are invited to participate in their reunion committee. At this time the PT class of 1989 & 94 will gather for a reunion on October 4th. To volunteer, contact Martha Calus-McLain ’90, director of alumni relations, at 503-352-2764 or martha@pacifcu.edu.

Activity Calendar:
- College of Health Professions continuing education
- Halliburton and Forest Grove campus tours
- Willamette Valley Wine Tour
- Southwestern Oregon College & Rogue Valley College University of Oregon Portland

Visit www.pacifcu.edu/homecoming to learn more. Registration available this summer.

A PT IN EUROPE: MY EXPERIENCE WORKING FOR THE US SKI TEAM
By: David Cizekowicz, DPT, CSCS

After graduating from Pacific in 2011, one of my professional goals was to become involved with the US ski team, and in particular, the cross-country team. Before PT school, I had raced as an undergraduate, and then went on to compete at the national level until 2005. I felt that my experience as a racer and a student of the sport, as well as my education level post-PT school, would be invaluable in meeting the needs of the athletes competing on the world stage. It is rare to find a PT that has both the racing background and the PT education level in cross country skiing, so I was excited to help in any way I could.

Finally, in 2013, I was named to the medical pool for the US Nordic Ski team. I was asked to travel with the Nordic Combined team in France and Austria for the world cup races leading up to the Olympics in Sochi, Russia. While in Europe, I fulfilled a few different roles for the team. One of the reasons I was brought over was my understanding of not only the body and skiing, but also because I could race, run, and support the athletes for races and jumping. My typical day consisted of having breakfast and then working on any musculoskeletal issues they may have before heading off to the jump. Once at the jump site, I would help warm the athletes up and then run triage during the initial jump period. As the athletes finished off their competition jumps, I would go to the wax cabin and start testing roughly 40 pairs of race skis to make sure the team had the fastest skis of the day. I would then take the race skis into the start/finish area and get the athletes out on course for their races. During the race, I would give race time splits and supply spare poles in case one was broken. After the race I would help with any warm-down needs the athletes had, get them back to the hotel for dinner, and then work on them until about 10pm. Long days!

For PT school, I took a lot of different courses that I incorporated. These included: the 4000 skis at roughly 60mph and fly up to 110 meters, so you can imagine the injuries sustained if things go wrong. In general, during the competition season the PT is typically focused on tissue and injury maintenance so that the athletes can continue to compete. I was also involved with the coaching staff, talking about technique changes that needed to be made and the role that those changes would make in the athletes’ success. In their injuries and symptomatic areas. In some cases, I was able to help cue the athlete as to whether his technique was correct based on the presence or absence of his symptoms.

The trip was very successful, as we placed two athletes in the top 10 at each event. Traveling with Nordic Combined was an honor and I am excited to continue with the US Nordic team. I experienced the friendship and the games that I made are invaluable and I am looking forward to contributing more in the future.

2013 WINTER VISIT TO NICARAGUA
Representatives from the College of Health Professions School of Dental Health Science, Physical Therapy, Physician Assistant Studies, Occupational Therapy, Pharmacy, Psychology, and Audiology returned to Nicaragua to provide services in Jinotepe in the South, and Jinotega in the North! Participants completed needs assessments and established relationships with two new residential homes for older adults. Health services were provided to 305 residents along with 1550sbs of supplies, including: medical & rehabilitation supplies, pharmaceuticals, and hygiene products. Training were held for 38 caregivers, 34 health professionals, and 18 volunteers through workshops and 1-to-1 activities.

2014 Class Listing

Graduates

Courtney Panace (Barnes) Kristin Paruzakiewicz
Larsa Bomberger Jennifer Salo (Reif)
Anna Leah (Bottari) Kelsey Rickabaugh
Anthony Braga Emily Rosei
Nicole Bivens Leah Rybolt
Jack Carter Samuel Schoutko
Dana Chambers Kayla Scotch
Laurel Charbonneau Elizabeth Simser (Snook)
Zach Christopherson Alysha Speer
Roland Cochrane Nathan Strineatt
Henry Junn Rikki Vertavag
Jamie Ford Laura Volkhoff
Cassandra Fuller (Garcia) Whitney Wengler
Lauren Stockwell (Gray) Rosie White
Eryn Kirschbaum Kelsey Wilde
Ellen Koebel Angela Chen (Wu)
Rylin Laplante Carrie Yap
Rachel Lee Kristen Zaporowski
Elizabeth Lopez Angela Zielinski
McKenna McFarland
Michael Okada
Michael Olson
Krystylna Owens

Clinical Doctorate for Practicing Therapists (TDPT)

STUDENT AWARDS FOR 2014
Alumni Award/Outstanding Graduate: Zachary Christopherson
Director’s Award: Michael Olson
Valloctorian: Jack Carter
Community Service Award: Dana Chambers

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**Alumni Update**

1983
Gail Miyasaka, Warren Arakaki, and others from the class of 1983 gathered in October 2013 for their 30-year reunion at McMenamins Grand Lodge in Forest Grove, OR.

2000
Jill (Diets) Kaskinen received her DPT from Evidence in Motion.

Julie Robertson is working as Associate Professor and Academic Coordinator of Clinical Education in a new Physical Therapist Assistant Program at Flathead Valley Community College in Kalispell, MT. She was involved in starting up the program; full accreditation was granted in November 2013.

2003
Toey Gilbertson, Cathleen King, and others from the class of 2003 gathered in October 2013 for their 10-year reunion at McMenamins Grand Lodge in Forest Grove, OR.

2004
Jade Wilcockson became a professional cyclist two years ago and at age 36, is the oldest member of the Optum Pro cycling women’s team. Jade won the USA Cycling Professional Road National Championships in 2013 and is considered a contender for a spot on the 2016 U.S. Olympic team. She has been the subject of many articles on websites such as Cycling and The Wall Street Journal. Go Jade!

2007
Tara Simonson, husband Cory, and son Mason (3) are expecting a baby girl in July. Tara continues to work for Southwest Physical Therapy in their Gold Beach office as well as at the local hospital in Gold Beach, Oregon.

Tasha MacIver of SE Asia with her brother in December 2013. She was recently named the Orthopedics and Spine Clinical Advancement Program lead with Providence, which means she is helping to elevate and standardize practice patterns for Providence outpatient rehab throughout the state of Oregon. Tasha will also represent Oregon as the chief delegate at the 2014 APTA House of Delegates in June.

Michelle (Axelson) Lacey welcomed a son, Weston Kyle Lacey, on May 2, 2014. Her daughter Anniston will turn 2 in July. She and her husband, Lance, purchased their first home in Wasilla, AK. Michelle has worked with Advanced PT for 7 years and is now a stakeholder at the company.

Lynsay (Lampman) Ludwig continues to work in a skilled nursing facility in Nampa, Idaho. Her son Gavin is 4 1/2 and her daughter Devyn is 3. She and husband, Kyle, will celebrate 7 years of marriage this year with a trip to Bend, Oregon in September.

Tom Lytle and wife, Katie (Stewart) ’06, are expecting a daughter in June. Their son Jack is 3 1/2. Tom is in the primary PT position of a new Legacy sports medicine clinic in Beaverton, Oregon. In September 2012 Tom was commissioned to be the second physical therapist in the Oregon Army National Guard.

2008
Mike Bridges and wife Crystal (Wilson) had a baby boy named Charles. Mike will begin teaching at Pacific University School of Physical Therapy fall of 2014. Erin Sturzinger and wife Megan welcomed twin boys named Jason and Ethan.

Jeremy Hilliard and wife Julie are expecting their first baby in August.

The class of 2009 gathered on May 31, 2014 for a 5-year reunion at Shute Park in Forest Grove.

2011
David Peterson and wife Amy (Smith) Peterson live on Maui, HI. They started their own company, Hana Lima Physical Therapy, which focuses primarily on manual therapy and movement-based rehab. Amy continues to enjoy her job providing pediatric PT services to the children of Maui County. They have a 1 1/2 year old daughter.

**Alumni Update continued....**

2013
Trisha Wilkie is employed in an acute care setting in Leavenworth, WA. She is being trained in wound care and is frequently reminded of debriding that orange in PT school!

Daniel and Liane (Nakamae) Truong married and are now living in Salt Lake City UT.

**IN MEMORIAM**

Steve Hodge, PT ’79 passed away February 16, 2014 after a long illness. Steve had received a Bachelor of Arts in Psychology from Southern Oregon State College in 1977 prior to attending Pacific University. He established a private practice in Grants Pass, Oregon in 1981. Steve is survived by his wife Patty Hodge and his children Elena Bongasser, Kyle Hodge, Stephanie Hodge and Christina Hodge and two grandchildren.

**A NOTE FROM THE EDITOR**

Catching Up
Greetings fellow PT Alumnus,

I had the opportunity to attend the Educational Leadership Conference (the annual conference of the Education Section of the APTA) in Portland, OR this past fall. I was able to catch up with PT Program Director Richard Rutt and Professor Kari Farrell. I enjoyed reminiscing about the “good old days” and my time at Pacific University. Although I have not been to Pacific University recently, I was able to visit the health professions campus in 2010 for my 10 year class reunion and I am astounded at the changes in physical therapy education over the years. I welcome you to share with me your reflections and memories of your days at Pacific University for inclusion in the next newsletter – along with any old photos. As always, I love to hear what you are doing both personally and professionally. Please take time to update us either by filling out the form in this newsletter or by emailing me at jrobertson@fvcc.edu. I look forward to hearing from you!

Julie Robertson, PT, MSPT
Class of 2000

**Alumni Class Contacts**

This is the current list of class contacts. If your class is not represented and you are willing to be your class contact person, please email the editor at jrobertson@fvcc.edu. Thank you!

1979
Anne (Harrington) Watson
1984
Endi Halewyn
1986
Lisa Goodrich
1988
Rita (Flaim) Larson
1989
Cathy (Leong) Doyle
1999
Jason Brunitt
2000
Juliette Robertson
2004
Jen Lambert
2005
Kathryn Hoover
2006
Stephanie Wolfe
2007
Jeanette Schacher
2008
Jeremy Hilliard
2009
Josh Zavernick
2010
Belen Garcia
2011
David Peterson
2012
Shahin Pahani
2013
Evan Hiles

**Keep Us up-to-date!**

Let us know what you and your colleagues are up to.

Name: ______________________
Class Year: __________________
Address: ______________________
Phone: ______________________

What’s happening: ______________________