Clinical Education News

It was another successful and busy school year in clinical education, as students traveled throughout the Pacific Northwest for internships, as well as to many Rocky Mountain states, Alaska, Hawaii, South Africa, and India. The clinical education teams visited over 60 sites this year. As always, we enjoyed meeting with clinical instructors (CI) and students face-to-face.

We have continued to provide continuing education opportunities related to clinical education to our CI as a way of saying “thank you” for the tremendous role that CIs play in the education of our students. The Northwest Intermountain Consortium (NIC) conference was held in Salt Lake City last September, and several of our CIs participated in the continuing education opportunities offered there. I am scheduled to teach the APTA Clinical Instructor Credentialing Course at Pacific in June 2013 and again in November 2013. For registration information and a full list of credentialing courses offered across the country, please visit http://www.apta.org/CICEP and click on the link for the schedule of classes. On a final continuing education note, please mark your calendars for the APTA Education Leadership Conference, which will be held in Portland October 4-6. We are really excited to have this wonderful conference so close to home! Once schedules and registration details are finalized, they will be available on our website and the APTA website.

Thank you to all of you who serve as clinical instructors and center coordinators of clinical education! You play a huge role in our program, and we appreciate you very much.

Beca Reisch, ACCE

Employment Opportunities

Check out the Pacific University PT website for employment listings. From the PT page click on Alumni and then view the different states at the bottom of the page. Select a state and review the opportunities that are posted. If you have a job listing that you would like posted, email mel@ptjournal.org.

Take advantage of this great opportunity to market your position!

Become a gerontologist

Gerontology Online Graduate Certificate

Pacific University gerontology students will learn how to make change in healthcare environments by developing, leading and managing innovative geriatric programs to better serve older adults.

Refer your students "To the PT page click on Alumni and then view the different states at the bottom of the page. Select a state and review the opportunities that are posted. If you have a job listing that you would like posted, email mel@ptjournal.org. Take advantage of this great opportunity to market your position!"

Get a better job. Get a better life. Get a better future.

Physical Therapy News & Notables

We just completed another commencement ceremony. Thirty-eight graduates walked across the stage to receive their degrees and diploma signifying successful completion of their studies. We would like to thank the Doctor of Physical Therapy degree. We welcome these graduates as colleagues in the profession of physical therapy. Because of changes in rules by the Oregon Physical Therapist Licensing Board, several graduates took the national licensure examination (NPT), and are expected to graduate in January. It is my understanding that all who took the exam early passed. I have no doubt that those who have yet to take the examination will also do well.

It seems that each year I report having a record number of applicants seeking admission to our program; this year is no exception. We received approximately 975 applications through PTCAS, the centralized application service, of which almost 650 completed supplemental applications for Pacific. We again admitted 42 students into the class entering fall 2013.

In addition to excellence in teaching our faculty is also very involved in scholarship and service. During the past academic year 4 faculty members have published books: Erin E. Jobst is the Series Editor of a newly published book series titled Physical Therapy Case Files (McGraw-Hill, 2013). Each book contains over 30 case studies with evidence-based ratings for physical therapy examination and treatment strategies. Currently, two books have been released: Acute Care and Orthopedics. The Physical Therapy Case Files: Neurological Rehabilitation book will be published in Fall 2013. Three additional books in the series – Pediatrics, Geriatrics, and Sports – are due to be released in 2014. Dr. Jason Brumitt (class of 1999) was author of Physical Therapy Case Files: Orthopedics. Dr. Erin Jobst published Physical Therapy Case Files: Acute Care. Dr. Nancy Cicirello will again travel to China to consult with caregivers in the Fuding Social Welfare Institute. This year she will be joined by Hilary Smith who is completing her year-long residency in CDRC.

Interest in international experiences continues to grow among students. This fall 33 students will travel to South Africa for clinical internships. Two students will complete internships in Italy. Several students again traveled over the December holidays to Nicaragua to provide care to elders and to exchange ideas with care providers. This year Anja Gillard (class of 2013) and Talina Marshall (class of 2012) traveled with the students as advisors.

We have had several faculty changes over the last year as well. Trent Wilson left his faculty position following the fall semester. We have filled his position with someone who will be very familiar to many of you. Dr. Nancy Cicirello (class of 2002) and Antje Gillard (class of 1999) was author of Dr. Bob Nee will be resigning the faculty in the fall. He completed his doctoral studies in Australia a little over a year ago and has been teaching for the past year in the PT program at A.T. Still University in Phoenix. We are very happy that he has decided to return to Oregon. Also, Jenny Hilliard (class of 2006) has accepted a full-time faculty appointment with the School. His time will be divided among the clinic, lab instruction and assisting with the clinical education program.

The College of Health Professions continues to grow. This academic year the School of Audiology admitted its first class of 22 students making it one of the largest programs in audiology in the US. A new entry-level Master’s degree in Athletic Training program is approved to admit its first cohort of students this fall.

As always, please stay in contact with the School and let us know what is happening in your lives. We love to hear from each and every one of you.

Warm regards,

Richard A. Rust, Ph.D., PT, ATC/R
Director, School of Physical Therapy
Clinical Doctorate for Practicing Therapists (CDPT)

Graduates

Kelle Lewis
Bethany Lukens
Timothy Mansour
Miranda Montajo
Lauren Murphy
Liane Nakamae
Tracie Ngayda
John Peixoto
Sara Rees
Heather Robinson
Lee Sowada
Alexa Dobbs
Tamra Coleman
Vidy Jayapalaskhi
Nicholas Woods

2013 CLASS LISTING

PACIFIC UNIVERSITY PT STUDENT TESTIFIES AGAINST OREGON HOUSE BILL 2996

Laura Volcheff, SPT ‘14, testified in front of the Oregon House Healthcare Committee on March 1, 2013 to oppose HB 2996, which would have prevented physical therapists in Oregon from using myofascial trigger point release through dry needling technique.

More specifically, HB 2996 would modify the definition of “acupuncture” to include insertion of a solid metal needle into the body to promote health or treat disease. Furthermore, the bill would limit the ability of certain other health care practitioners to practice other therapy that involves insertion of a solid metal needle into the body. This was one of the many measures proposed by Volcheff and many others from the Oregon physical therapy community. The bill was killed at committee level.

Volcheff states that a big selling point on the acupuncturist side was that physical therapists are not trained in practice techniques with a solid needle. She countered by explaining that physical therapists are educated on sterile technique, use of solid needles in EMG, wound debridement, and various techniques for myofascial release which includes the anatomy and physiology behind the technique.

Dr. Brumitt was appointed to a search committee for the Orthopedic Faculty position in Physical Therapy. He also, was recently appointed to a search committee for the Orthopedic Faculty position in Physical Therapy. He also, gave a talk for Physician Assistant Studies on the Assessment of the Cervical/Thoracic Spine and Upper Extremities. Other lectures for Physician Assistant Studies were on the Assessment of the Lumbar Spine and Lower Extremities with professor Gabe Davis-Rivas, PhD, MS, Jan. 2013.

Jose was appointed to a search committee for the Orthopedic Position at the Oregon Pacific University. He also, was recently presented “Mobility and Foot Health” as the interprofessional care conference, as a continuing education series held by the University. The forum was titled “The One Stop Sugar Shop: An Inter-professional Approach to the Management of Diabetes.” May 2013.

Verna Ourada, PT, PhD

Verna Ourada presented a poster at the Oregon Public Health Association Annual Conference in Corvallis. The poster was titled “Physical Health Outcomes of Parent versus Adult Child Caregivers.” Oct. 2012

Verna presented a poster at the Oregon Pacific University Annual Conference in Corvallis. The poster was titled “Physical Health Outcomes of Parent versus Adult Child Caregivers.” Oct. 2012

Dr. Jobst is the Series Editor of a newly published book series titled Physical Therapy Case Files. Each book is a collection of orthopaedic cases that highlight for the reader the best examination and treatment strategies. It is available now through most online book retailers.

Dr. Farrell, along with Nancy Cicirello, PT and Dr. Cicirello, presented a Physical University faculty development grant for their proposal on Curing video library to enhance student learning. Jan 2013

Erin Jobst, PT, PhD

Dr. Jobst is the Series Editor of a newly published book series titled Physical Therapy Case Files. Each book is a collection of orthopaedic cases that highlight for the reader the best examination and treatment strategies. Currently, 2 books have been released: Acute Care and Orthopedics. Jason Brumitt is the Editor of the Orthopedics book. They are available now through most online book retailers. The Neurological Rehabilitation book is due out this fall.

LAST YEAR, DPT STUDENTS AND FACULTY FROM THE SCHOOL OF PHYSICAL THERAPY PARTICIPATED IN THE SALUD PROGRAM DURING THE SUMMER. SALUD IS A COLLABORATION BETWEEN LOCAL VINEYARDS AND TUALITY HEALTHCARE PHYSICIANS AND COMMUNITY HEALTH NURSES TO PROVIDE HEALTHCARE SERVICES TO MIGRATE VINEYARD WORKERS. STUDENTS WHO VOLUNTEERED THEIR TIME GAINED ADDITIONAL EXPERIENTIAL OPPORTUNITIES TO PERFORM MUSCULOSKELETAL ASSESSMENTS AND TREATMENTS PROVIDING NEEDED SERVICE IN A UNIQUE ENVIRONMENT.

Additionally, students gained experience participating in public health research. Five former students shared authorship on a manuscript published this year in the Journal of Agromedicine. This summer will be the School of Physical Therapy’s 5th year of participation with Salud.

Alumni Award/Outstanding Graduate: Bethany Lukens & Tracey Ngayda

Outstanding Service to the School of Physical Therapy: Bryan Lang

Director’s Award: Heather Robinson

Valuediscion: Tracey Ngayda

Community Service Award: Timothy Mansour & Kelsey Kalifonien

NIRUGA

Nicaragua: 2012. PT Faculty

Anjie Gafford and PT students Rhythm Laplante ’14, Alexandria Tarpo ’13

2013 CLASS LISTING

• www.pacificu.edu
ALUMNI UPDATE

1994
Gordon Smith owns Mountain Physical Therapy, a private practice in Kalsipell, MT that includes an onsite therapy pool and fitness center. He is remarried and has two boys and a girl ages 21, 18, and 13. In addition to treating patients, he does personal training for sports and weight loss as well as coaches lacrosse for a U13 boy's team.

Greg Miles continues to run his private practice, Hometown Physical Therapy, in Fairbanks, AK. He and his wife have four kids, Kaden (9), Wylee (8), Brady (4), and Scarlet (9 months).

Audrey Owens was married this past March in the Swiss Alps. She has lived in Basel, Switzerland for the past year and a half, learning German and traveling through Europe as much as possible. She writes that she must become fluent in German in order to practice physical therapy where she is taking language classes.

Jeremy Kearns reports that he is happily at the same job in Portland, has taken up sprint triathlons “for fun” in the summer and he does a couple of competitive 5k races each year. He won the “Run Like Hell” Halloween race in the Masters’ division last fall with a time of 1:18:28.

2007
Jeanette Schacher, husband Mark and son welcomed a baby boy, Paul Henry Schacher on August 19, 2012. Jeanette continues to manage the home health and hospice departments for Columbia Memorial Hospital in Astoria, Oregon. Marie (Beitron) and Troy Edd welcomed a beautiful daughter, Sonya, into their lives December 20, 2012. Marie is currently working in a geriatric outpatient/inpatient setting in New Mexico.

Kirsten (K zigf i) Zef ting is working as an outpatient physical therapist at Skyline Hospital in White Salmon, WA, as well as acute care in Medco Columbia Medical Center in The Dalles. She is also coaching CrossFit in her free time.

Lynnay (Lampman) Ludwig works for 4 different SNFs in southwest Idaho and eastern Oregon and has two beautiful children, Gaven (5 1/2) and Devyn (2). She was just inducted into the Nampa High School Athletic Hall of Fame.

Jolene (K jord st) Platko is the manager at an outpatient/inpatient facility in Fall River Mills, CA. Scott, her husband, works there as a PT. They are expecting a second baby in December.

Katrina (Lucker) Leming and her husband, Aaron, announce the birth of their twin daughters, Kaylie and Lena, born April 17, 2013.

Brianne Stevenson moved to Bozeman, MT and works in outpatient ortho for Freestone Rehab.

Michelle (Axelson) Lacey and her husband, Lance, welcomed Anniston May Lacey to their family July 31, 2012.

Sylvia (Sisto) Payne, husband David, and son Elijah, announce the birth of a new son, Emmanuel Marcus Payne, on January 20, 2013.

2008
Mike Bridges and Crystal Bridges (formerly Willard) were married in 2011. Adam Reinecker has been employed at Westside Physical Therapy for the past 3 years and obtained certification in MDT in September 2011. His family includes wife (Edith) and 3 1/2 year-old twins (Matthew and Elizabeth).

Nicole Nelson (formerly Dahl) works for Mercer Island School District and coaches soccer and track & field. She received her SCS certification last year. Her family includes husband Adam, a 3-year-old daughter, and a 1-year-old son.

Clint Harris and wife Megan Davis are enjoying the end of the first year of her new bakery in Hood River, and the opening of a new clinic on the same street. Tim Foley Physical Therapy just moved into a brand new building shared with two dentists, a podiatrist, and a chiropractor.

Jeremy Hillaard made the move from adjunct faculty to full-time faculty as Instructor and Assistant ACCE at Pacific University in February 2013. He continues to be involved with the Government Affairs Committee and in legislative activities at the state and federal levels.

IN MEMORIAM

Geoffrey John Clow died Jan. 25, 2013, at his Portland home after a battle with leukemia. He was 40. He was attending Pacific University to earn his doctorate in physical therapy. He was a member of the Class of 2012, though his illness delayed his graduation. Geoffrey enjoyed hiking, sea and river kayaking, downhill and backwoods skiing, sailing, cooking, car camping, music, photography, spending time with friends and family and looking out for others. He was known for his great sense of humor. He is survived by his partner, Kindra Scanion; mother, Susan Van Arsdale; sister Jennifer Leathers; and nieces Maya and Zoe Leathers.

PT ALUMNI RECOGNIZED AS AMERICAN BOARD OF PHYSICAL THERAPY SPECIALISTS

Congratulations to the Pacific University Physical Therapy graduates who were recognized at the American Board of Physical Therapy Specialties Ceremony hosted at CSM, January 21, 2013, in San Diego, CA.

Geriactic Physical Therapy
Mary E. Downey, PT, MS, GCS, ’91
Lisa Marie Gilbertson, PT, MSPT, GCS, OCS, ’99
Andrea Jean VanCampen, PT, GCS, ’99

Neurologic Health Physical Therapy
Annie Carin Zymikowiz, PT, DPT, NCS, ’04

Orthopedic Physical Therapy
Grant Andrew Borsens, PT, DPT, OCS, ’99
Catherine Mae Macnatt, PT, DPT, OCS, ’05
Michael Ken Hirata, PT, DPT, OCS, ’07
Adrienne Ako Ohashi, PT, DPT, OCS, ’09
Ariel Zita Salzman, PT, DPT, OCS, ’09
Michael David Teater, PT, DPT, OCS, ’06

Pediatric Physical Therapy
Brenna Ann Bramska, PT, DPT, PCS, ’05
Trent Bryan Tompkins, PT, DPT, PCS, ’04

Sports Physical Therapy
Kimberly Ann Williams, PT, DPT, SCS, ATC, ACS, ’01

SAVE THE DATE/HOMECOMING 2013

All are invited to celebrate during Homecoming 2013, October 10-13. Weekend activities will include:
- Class Reunions for years ending in 3 & 8
- College of Health Professions continuing education
- Hillborea and Forester Grove campus tours
- Willamette Wine Tour
- Pacific’s Finest Awards Reception
- Athletic Hall of Fame
- Gamma Sigma 150th Anniversary
- Volleyball and men’s soccer games
- Boxer Nation Celebration before the football game against University of Puget Sound

and more!
Visit www.pacificu.edu/homecoming to learn more. Registration available this summer.

A NOTE FROM THE EDITOR

Greetings fellow PT Alumni, I hope that this, the 14th edition of our annual newsletter, finds you prospering in your personal and professional lives. As I have spent the past year involved in the development and accreditation of a new PTA program in Northwest Montana, I have come to fully appreciate the extent to which our profession has evolved and developed throughout the years, especially in the areas of physical therapy education and research, as well as the changing legislation that affects us as health care practitioners. The articles and items in this year’s newsletter point out some of the outstanding things that our faculty, alumni, and current students are doing to support and further the profession of physical therapy at academic, community, and government levels. As always, I love to hear what you are doing both personally and professionally. Please take time to fill out the form in this newsletter or by emailing me at juliebortnem@gmail.com. I look forward to hearing from you!

Julie Robertson, PT, MSPT
Class of 2000

ALUMNI CLASS CONTACTS

This is the current list of class contacts. If your class is not represented and you are willing to be your class contact person, please email the editor at juliebortnem@gmail.com. Thank you!

1979
Anne (Harrington) Watson
annewats@aol.com
2005
Kathryn Hoover
huoverk@hotmail.com

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Lisa Goodrich
mlgoody@peak.org
2006
Stephanie Wolfe
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Stephanie Wolfe
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Belen Garcia
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Julie Robertson
juliebortnem@gmail.com
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David Peterson
pete4118@pacificu.edu

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Melissa Miller
melamiller@hotmail.com
2012
Shahin Pabani
paba8615@pacificu.edu

2004
Kirsten (Klimt) Zefting
2008
Michelle (Axelson)
Kirsten@klimt.com
2007
Julie Robertson
mptcnt@gmail.com

2011
David Peterson
pete4118@pacificu.edu

Jackie Mrachek PT ’02, PT ’03 Sets "Dream in Motion"
Adapted from an article by Bryce Kershner ’14

Dreams in Motion, a nonprofit organization that was created in 2011 in Bismarck, North Dakota. These sporting activities, which include swimming, basketball, sled hockey, curling, and much more, involve family, friends and volunteers. All participants use wheelchairs regardless of their actual mobility and as a result, more sporting activities must be provided; currently it offers over 30.

To learn more about Dreams in Motion visit their website at: www.dreamsinmotioninc.com.

Pacific University alumni Jackie Mrachek ’00, PT ’02, PT ’03 has dedicated herself to providing recreational and sporting activities for youth and young adults ages 2 to 25 with mobility challenges or visual impairments. Mrachek serves on the Board of Directors for Dreams in Motion, a nonprofit organization that was created in 2011 in Bismarck, North Dakota. These sporting activities, which include swimming, basketball, sled hockey, curling, and much more, involve family, friends and volunteers. All participants use wheelchairs regardless of their actual mobility and as a result, more sporting activities must be provided; currently it offers over 30.

To learn more about Dreams in Motion visit their website at: www.dreamsinmotioninc.com.

What’s happening: __________
Phone: _______________________
Name: ________________________________________________________________

KEEP US UP-TO-DATE!

In the last 14 issues, we have featured over 800 stories of our alumni. These stories highlight what you have accomplished professionally and personally, what it is that makes you unique as a physical therapist, and how you influence the world around you. If you have a story you would like to share or someone you know of that you think should be featured, please email us at juliebortnem@gmail.com. Your support is greatly appreciated.

Greetings fellow PT Alumni, I hope that this, the 14th edition of our annual newsletter, finds you prospering in your personal and professional lives. As I have spent the past year involved in the development and accreditation of a new PTA program in Northwest Montana, I have come to fully appreciate the extent to which our profession has evolved and developed throughout the years, especially in the areas of physical therapy education and research, as well as the changing legislation that affects us as health care practitioners. The articles and items in this year’s newsletter point out some of the outstanding things that our faculty, alumni, and current students are doing to support and further the profession of physical therapy at academic, community, and government levels. As always, I love to hear what you are doing both personally and professionally. Please take time to fill out the form in this newsletter or by emailing me at juliebortnem@gmail.com. I look forward to hearing from you!