

- Jason Brumitt, PT, PhD, SCS, ATC, CSCS, Assistant Professor  
 Kenneth Bush, PT, PhD, Professor  
 Nancy Cicirello, PT, Ed.D, MPH, Professor  
 Kihei Castillo, Administrative Assistant to ACCE  
 Pam Edwards, TDPT Assistant Coordinator  
 Katie Farrell, PT, DSc, GCS, Professor  
 Jeremy Hilliard, PT, DPT, Instructor  
 Erin Jobst, PT, PhD, Associate Professor  
 John Medeiros, PT, PhD, Professor  
 Tamarra Mellick, Administrative Assistant  
 Verna Ourada, PT, PhD, Assistant Professor  
 Rebecca Reisch, PT, DPT, OCS, Associate Professor, ACCE  
 Jose Reyna, PT, DPT, Instructor  
 Richard Rutt, PT, PhD, ATC/R, Professor, Director  
 Sheryl Sanders, PhD, Professor of Anatomy  
 Daiva A. Banaitis, PT, PhD, Professor Emerita  
 Laurie Lundy-Ekman, PT, PhD, Professor Emerita  
 Julie Robertson, MSPT, 2000, Editor  
 e-mail: julierobertsonpt@gmail.com
- OFFICE OF ALUMNI AFFAIRS**  
 Martha Calus-McLain, Director  
 503-352-2057  
 alumni@pacificu.edu
- PACIFIC UNIVERSITY**  
 School of Physical Therapy  
 222 SE 8<sup>th</sup> Ave.  
 Hillsboro, OR 97123  
 www.pacificu.edu/pt
- USEFUL WEB SITES FOR PHYSICAL THERAPISTS**  
 The following is a list of web sites that you might find useful. You can find the links on the Pacific University School of Physical Therapy web site at <http://www.pacificu.edu/academics/grad/pt/resources.shtml>
- PT Magazine**  
[www.apta.org/PT\\_magazine/index.html](http://www.apta.org/PT_magazine/index.html)
- Physical Therapy Journal**  
[www.apta.org/PT\\_Journal/index.html](http://www.apta.org/PT_Journal/index.html)
- Therapy Student Journal**  
[www.TSJournal.com](http://www.TSJournal.com)
- Wheelless' Textbook of Orthopaedics**  
[www.medmedia.com](http://www.medmedia.com)
- Oregon Physical Therapy Association**  
[www.opta.org](http://www.opta.org)
- Medline**  
[www.medportal.com](http://www.medportal.com)
- Physician and Sports Medicine**  
[www.physsportsmed.com](http://www.physsportsmed.com)
- Outlines of Clinical Medicine**  
[www.avicenna.com](http://www.avicenna.com)
- American Physical Therapy Association**  
[www.apta.org](http://www.apta.org)
- Oregon State Licensing Board**  
[www.ptboard.state.or.us](http://www.ptboard.state.or.us)
- North American Institute of Orthopedic Manual Therapy (NAIOMT)**  
[www.naiomt.com](http://www.naiomt.com)
- Employment Opportunities**  
 email: [sfisher@opta.org](mailto:sfisher@opta.org)

## CLINICAL EDUCATION NEWS

It was another successful and busy school year in clinical education, as students traveled throughout the Pacific Northwest for internships, as well as to many Rocky Mountain states, Alaska, Hawaii, South Africa, and Italy. The clinical education team visited over 60 sites this year. As always, we enjoyed meeting with clinical instructors (CIs) and students face-to-face.

We have continued to provide continuing education opportunities related to clinical education to our CIs as a way of saying "thank you" for the tremendous role that CIs play in the education of our students. The Northwest Intermountain Consortium (NIC) conference was held in Salt Lake City last September, and several of our CIs participated in the continuing education opportunities offered there. I am scheduled to teach the APTA Clinical Instructor Credentialing Course at Pacific in June 2013 and again in November 2013. For registration information and a full list of credentialing courses offered across the country, please visit <http://www.apta.org/CIECP> and click on the link for the schedule of classes. On a final continuing education note, please mark your calendars for the **APTA Education Leadership Conference, which will be held in Portland October 4-6**. We are really excited to have this wonderful conference so close to home! Once schedule and registration details are finalized, they will be available on our website and the APTA website.

Thank you to all of you who serve as clinical instructors and center coordinators of clinical education! You play a huge role in our program, and we appreciate you very much.

Becca Reisch, ACCE

### EMPLOYMENT OPPORTUNITIES

Check out the Pacific University PT website for employment postings.

From the PT page click on Alumni and then view the different states at the bottom of the page. Select a state and review the opportunities that are posted. If you have a job listing that you would like posted, email [mell9585@pacificu.edu](mailto:mell9585@pacificu.edu).

Take advantage of this great opportunity to market your position!



## Become a gerontologist.

**GERONTOLOGY ONLINE GRADUATE CERTIFICATE**

Pacific University gerontology students will learn how to create change in healthcare environments by developing, leading and managing innovative programs to better serve older adults.

**heal.** [pacificu.edu/gerontology](http://pacificu.edu/gerontology)

ARTS & SCIENCES | OPTOMETRY | EDUCATION | HEALTH PROFESSIONS | BUSINESS



503-352-7354 | [lhunt@pacificu.edu](mailto:lhunt@pacificu.edu)

# PHYSICAL THERAPY NEWS

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School of Physical Therapy  
 222 SE 8th Ave.  
 Hillsboro, Oregon 97123  
[www.pacificu.edu/pt](http://www.pacificu.edu/pt)

## DEAR ALUMNI AND FRIENDS,



We just completed another commencement ceremony. Thirty-eight graduates walked across the stage to receive their hoods and diplomas signifying successful completion of their studies for the Doctor of Physical Therapy degree. We welcome these graduates as colleagues in the profession of physical therapy. Because of changes in rules by the Oregon Physical Therapist Licensing Board, several graduates took the national licensure examination (NPTE) at the end of April prior to graduation. It is my understanding that all who took the exam early passed. I have no doubt that those who have yet to take the examination will also do well.

It seems that each year I report having a record number of applicants seeking admission to our program; this is true again this year. We received approximately 975 applications through PTCAS, the centralized application service, of which almost 650 completed supplemental applications for Pacific. We again admitted 42 students into the class entering fall 2013.

In addition to excellence in teaching our faculty is also very involved in scholarship and service. During the past academic year 2 faculty members have published books. **Erin E. Jobst** is the Series Editor of a newly published book series titled *Physical Therapy Case Files* (McGraw-Hill, 2013). Each book contains over 30 case studies with evidence-based ratings for physical therapy examination and treatment strategies. Currently, two books have been released: *Acute Care* and *Orthopedics*. The *Physical Therapy Case Files: Neurological Rehabilitation* book will be published in Fall 2013. Three additional books in the series – *Pediatrics*, *Geriatrics*, and *Sports* – are due to be released in 2014. **Dr. Jason Brumitt** (class of 1999) was author of *Physical Therapy Case Files: Orthopedics*. **Dr. Erin Jobst** published *Physical Therapy Case Files: Acute Care*. **Dr. Nancy Cicirello** will again travel to China to consult with caregivers in the Fuling Social Welfare Institute. This year she will be joined by Hilary Smith who is completing her year-long residency at CDRC.

Interest in international experiences continues to grow among students. This fall 7 third-year students will travel to South Africa for clinical assignments. Two students will complete internships in Italy. Several students again traveled over the December holidays to Nicaragua to provide care to elders and to exchange ideas with care providers. This year **Antje Gillard** (class of 2002) and **Talina Marshall** (class of 2012) travelled with the students as advisors.

We have had several faculty changes over the last year as well. **Brett Windsor** left his faculty position following the fall semester. We have filled his position with someone who will be very familiar to many of you. **Dr. Bob Nee** will be rejoining the faculty in the fall. He completed his doctoral studies in Australia a little over a year ago and has been teaching for the past year in the PT program at A.T. Still University in Phoenix. We are very happy that he has decided to return to Oregon. Also, **Jeremy Hilliard** (class of 2008) has accepted a full-time faculty appointment with the School. His time will be divided among the clinic, lab instruction and assisting with the clinical education program.

The College of Health Professions continues to grow. This academic year the School of Audiology admitted its first class of 22 students making it one of the largest programs in audiology in the US. A new entry-level Master's degree in Athletic Training program is approved to admit its first cohort of students this fall.

As always, please stay in contact with the School and let us know what is happening in your lives. We love to hear from each and every one of you.

Warm regards,  
 Richard A. Rutt, Ph.D., PT, ATC/R  
 Director, School of Physical Therapy

### COLLEGE OF HEALTH PROFESSIONS

- athletic training
  - audiology
  - dental health science
  - gerontology
  - healthcare administration
  - healthcare compliance
  - occupational therapy
  - physician assistant
  - pharmacy
  - physical therapy
  - professional psychology
- Preparing leaders in innovative healthcare for a diverse global community.
- 

## FACULTY NEWS

### Jason Brumitt, PT, PhD, SCS, ATC, CSCS

Dr. Brumitt presented 3 lectures and 1 lab (with Richard Rutt, PT, PhD, ATC) at the Colegio Mexicano de Medicina de Electrodiagnostico 1st National Congress in Queretaro, Mexico (Sept 19-22, 2012).

Dr. Brumitt was awarded a Pacific University faculty development grant for his proposal "Measures of Fitness and Injury Risk Factors in Vineyard Cellar Workers". He will work with students and other faculty members from the School of Physical Therapy to assess injury risk and incidence of injury in this population. Jan 2013

He also presented functional testing and prediction of lower extremity or low back injury among division III collegiate athletes (poster) at the APTA Combine Section's Meeting in San Diego, CA. Jan 2013

Drs. Brumitt and Jobst have published Physical Therapy Case Files: Orthopaedics (McGraw-Hill). The book is a collection of orthopaedic cases that highlight for the reader the best examination and treatment strategies. It is available now through most online book retailers. March 2013

Jason received the Junior Faculty Award. 2013

### Jose Reyna, PT, DPT

Jose is a member of The Interdisciplinary Diabetes Clinic, Salud Services Wellness Clinics, and the Pacific Physical Therapist & Virginia Garcia Cornelius Wellness Center. Sept. 2012

Jose joined a workgroup in developing a strategic planning process for CHP specific to "Strengthen community partnerships locally, nationally and internationally." Oct. 2012

Jose was appointed to a search committee for the Orthopedic Faculty position in Physical Therapy. He also, gave a lecture for Physician Assistant Studies on the Assessment of the Cervical/Thoracic Spine and Upper Extremities. Other lectures for Physician Assistant Studies were on the Assessment of the Lumbar Spine and Lower Extremities with professor Saje Davis-Risen, PA-C, MS. Jan. 2013

He also, recently presented "Mobility and Foot Health" at the interdisciplinary case conference, as a continuing education series held by the university. The forum was titled "The One Stop Sugar Shop: An Inter-professional Approach to the Management of Diabetes." May 2013

### Verna Ourada, PT, PhD.

Verna presented a poster at the Oregon Public Health Association Annual Conference in Corvallis. The poster was titled: Physical Health Outcomes of Parent Versus Adult Child Caregivers. Oct. 2012

### Nancy Cicirello, PT, EdD

UPC Walk Roll & Run event Saturday, September 8th was well supported by Dr. Cicirello and 9 PT student participants- Stephanie Yamamoto, Kristin Paruszkiewicz, Carrie Yap, Krystyna Owens, Tracie Nygaard, Joe Oelfke, Ricky Pitman. Also, Meghan Biggs, Angela Zielinski. Congratulations! Sept. 2012  
Nancy is also the winner of the Blair Service Award, 2013

### Rebecca Reisch, PT, DPT, OCS

Dr. Reisch was awarded a Pacific University faculty development grant for her proposal on the Prevalence of overactive bladder in female health professions students. Jan 2013

Lauren Murphy SPT '13, Gina Clark SPT '13, and Dr. Reisch presented on the accuracy of subjective examination for diagnosing urinary incontinence (poster) at the APTA Combine Section's Meeting in San Diego, CA. Jan 2013

### Katie Farrell, PT, DSc

Dr. Farrell, along with Verna Ourada PT, PhD and Nancy Cicirello PT, EdD were awarded a Pacific University faculty development grant for her proposal on Creating video library to enhance student learning. Jan 2013

### Erin Jobst, PT, PhD

Dr. Jobst is the Series Editor of a newly published book series titled Physical Therapy Case Files. Each book is a collection of case studies with evidence-based ratings for PT examination and treatment strategies. Currently, 2 books have been released: Acute Care and Orthopaedics. Jason Brumitt is the Editor of the Orthopaedics book. They are available now through most online book retailers. The Neurological Rehabilitation book is due out this Fall. (McGraw-Hill, 2013).

## PACIFIC UNIVERSITY PT STUDENT TESTIFIES AGAINST OREGON HOUSE BILL 2996

Laura Volcheff, SPT '14, testified in front of the Oregon House Healthcare Committee on March 1, 2013 to oppose HB 2996, which would have prevented physical therapists in Oregon from using myofascial trigger point release through dry needling technique. More specifically, HB 2996 would modify the definition of "acupuncture" to include insertion of a solid metal needle into the body to promote health or treat disorder. Furthermore, the bill would limit the ability of certain other health care practitioners to practice other therapy that involves insertion of a solid metal needle into the body. Thanks to the hard work of Volcheff and many others from the Oregon physical therapy community, the bill was killed at committee level.

Volcheff states that a big talking point on the acupuncturist side was that physical therapists are not safe to practice techniques with a solid needle. She countered by explaining that physical therapists are educated on sterile technique, use of solid needles in EMG, wound debridement, and various techniques for myofascial release which includes the anatomy and physiology behind the techniques.

Volcheff credits faculty and fellow students from Pacific University School of Physical Therapy as well as OPTA government affairs committee members for contributing to her testimony including Justin Elliot, APTA state government affairs director, and Inga Deckert, OPTA government affairs committee lobbyist. She states that she received significant guidance from Pacific PT faculty Dr. Medeiros and Dr. Brumitt, who provided her with advice, supplemental reading material, and tips for speaking in front of the committee. Volcheff especially credits fellow PT student Michael Olson, who leads many events for the government affairs committee, for giving her this opportunity to grow as a PT student and as an individual and for seeking out students like herself to get more involved.

According to Volcheff, the entire process "was an excellent experience for my education at Pacific to extend beyond the classroom" and it gave her the opportunity "to explain to the public what PTs are qualified to do."



### SALUD STUDENTS

Last year, DPT students and Faculty from the School of Physical Therapy participated in the Salud program during the summer months. Salud is a collaboration between local vineyards and Tuality Healthcare physicians and community health nurses to provide healthcare services to migrant vineyard workers. Students who volunteered their time gained additional experiential opportunities to perform musculoskeletal assessments and treatments providing needed service in a unique environment. Additionally, students gained experience participating in public health research. Five former students shared authorship on a research paper published this year in the Journal of Agromedicine. This summer will be the School of Physical Therapy's 5th year of participation with Salud.

#### STUDENT AWARDS FOR 2013

**Alumni Award/Outstanding Graduate:**  
Bethany Lukens & Tracie Nygaard

**Outstanding Service to the School of Physical Therapy:**  
Bryan Lang

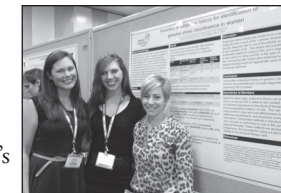
**Director's Award:**  
Heather Robinson

**Valedictorian:**  
Tracie Nygaard

**Community Service Award:**  
Timothy Mansour & Kelsey Kallioinen

#### CSM

Lauren Murphy SPT '13, Gina Clark SPT '13, and Dr. Reisch presented on the accuracy of subjective examination for diagnosing urinary incontinence (poster) at the APTA Combine Section's Meeting in San Diego, CA. Jan 2013



**NICARAGUA**  
Pacific University Health Professions faculty and students travel to Nicaragua 2012. PT Faculty Antje Gillard and PT students Rylin Laplante '14, Alexandra Tarpo '13.



#### Graduates

Ryan Abbott	Kellie Lewis
Melanie Amoruso	Bethany Lukens
Bethany Banke	Timothy Mansour
Brett Bousquet	Miranda Montejo
Gina Clark	Lauren Murphy
Angela Cochrun	Liane Nakamae
Daniel Cooper	Tracie Nygaard
Jonathan Eng	John Peixoto
Erin Galarza	Sara Rees
Sara Garfinkel	Heather Robinson
Sean Gustin	Lee Sowada
Kara Hamby	Megan Swift
Lindsey Hegdahl	Alexandra Tarpo
Sara Hieter	Trisha Wilkie
Evan Hiles	Cheryl Yasumoto
Ann Houlihan	Candace Yonashiro
Shandrea Hubbs	<b>Clinical Doctorate for Practicing Therapists (TDPT)</b>
Jason James	
Kelsey Kallioinen	Alexa Dobbs
Landon Kurata	Tamra Coleman
Bryan Lang	Vidya Jayaprakash
Healani Leite-Ah Yo	Nicholaus Woods

## ALUMNI UPDATE

1994

**Gordon Smith** owns Mountain Physical Therapy, a private practice in Kalispell, MT that includes an onsite therapy pool and fitness center. He is remarried and has two boys and a girl ages 21, 18, and 13. In addition to treating patients, he does personal training for sports and weight loss as well as coaches lacrosse for a U13 boy's team. He notes that the only church he belongs to now is "The Church of the Woods" and he completed the Spartan race in Northwest Montana in May 2013.

2000

**Joshua Rider** graduated from medical school this past year and is starting his residency program in radiology at the University of New Mexico this summer. Congratulations on your big accomplishment, Josh!

**Greg Milles** continues to run his private practice, Hometown Physical Therapy, in Fairbanks, AK. He and his wife have four kids, Kaden (9), Wylie (6), Brady (4), and Scarlett (9 months).

**Audrey Owens** was married this past March in the Swiss Alps. She has lived in Basel, Switzerland for the past year and a half, is learning German, and is traveling through Europe as much as possible. She writes that she must become fluent in German in order to practice physical therapy there so she is taking language classes.

**Jeremy Kearns** reports that he is happily at the same job in Portland, has taken up sprint triathlons "for fun" in the summer and he does a couple of competitive 5k races each year. He won the "Run Like Hell" Halloween race in the Masters' division last fall with a time of 18:28!

2007

**Jeanette Schacher**, husband Mark and son Sam welcomed a baby boy, Paul Henry Schacher on August 19, 2012. Jeanette continues to manage the home health and hospice departments for Columbia Memorial Hospital in Astoria, Oregon.

**Marie (Britton)** and Troy Edd welcomed a beautiful daughter, Sonya, into their lives December 20, 2012. Marie is currently working in a geriatric outpatient/inpatient setting in New Mexico.

**Kirsten (Kliment)** Zefing is working as an outpatient physical therapist at Skyline Hospital in White Salmon WA, as well as acute care at Mid Columbia Medical Center in The Dalles. She is also coaching Crossfit in her free time.

**Lynsay (Lampman)** Ludwig works for 4 different SNF's in southwest Idaho and eastern Oregon and has two beautiful children, Gavin (3 1/2) and Devyn (2). She was just inducted into the Nampa High School Athletic Hall of Fame.

**Jolene (Kjorstad)** Platko is the manager at an outpatient/inpatient facility in Fall River Mills, CA. Scott, her husband, works there as a PTA. They are expecting a second baby in December 2013.

**Katrina (Lucker)** Leming and her husband, Aaron, announce the birth of their twin daughters, Kaylie and Lena, born April 17, 2013.

**Brianne Stevenson** moved to Bozeman, MT and works in outpatient ortho for Freestone Rehab.

**Michelle (Axelson)** Lacey and her husband, Lance, welcomed Anniston May Lacey to their family July 31, 2012.

**Sylvia (Sisto)** Payne, husband David, and son Elijah, announce the birth of a new son, Emanuel Marcus Payne, on January 20, 2013.

2008

**Mike Bridges** and Crystal Bridges (formerly Wilson) were married in 2011.

**Adam Reinecker** has been employed at Westside Physical Therapy for the past 3 years and obtained certification in MDT in September 2011. His family includes wife (Edith) and 3 1/2 year-old twins (Matthew and Elizabeth).

**Nicole Nelson** (formerly Dahl) works for Mercer Island School District and coaches soccer and track & field. She received her SCS certification last year. Her family includes husband Adam, a 3 year-old daughter, and a one year-old son.

**Clint Harris** and wife Megan Davis are enjoying the end of the first year of her new bakery in Hood River, and the opening of a new clinic on the same street. Tim Foley Physical Therapy just moved into a brand new building shared with two dentists, a podiatrist, and another Pacific University grad optometrist. "Life's good in the Hood!"

**Jeremy Hilliard** made the move from adjunct faculty to full-time faculty as Instructor and Assistant ACCE at Pacific University in February 2013. He continues to be involved with the Government Affairs Committee and in legislative activities at the state and federal levels.

## IN MEMORIAM

**Geoffrey John Clow** died Jan. 25, 2013, at his Portland home after a battle with leukemia. He was 40. He was attending Pacific University to earn his doctorate in physical therapy. He was a member of the Class of 2012, though his illness delayed his graduation. Geoffrey enjoyed hiking, sea and river kayaking, downhill and backwoods skiing, sailing, cooking, car camping, music, photography, spending time with friends and family and looking out for others. He was known for his great sense of humor. He is survived by his partner, Kindra Scanion; mother, Susan Van Arsdale; sister Jennifer Leathers; and nieces Maya and Zoe Leathers.

## ALUMNI CLASS CONTACTS

This is the current list of class contacts. If your class is not represented and you are willing to be your class contact person, please email the editor at [julierobertsonpt@gmail.com](mailto:julierobertsonpt@gmail.com). Thank you!

1979	Anne (Harrington) Watson	<a href="mailto:annewats@aol.com">annewats@aol.com</a>	2005	Kathryn Hoover	<a href="mailto:hooverke@hotmail.com">hooverke@hotmail.com</a>
1986	Lisa Goodrich	<a href="mailto:mlgoody@peak.org">mlgoody@peak.org</a>	2006	Stephanie Wolfe	<a href="mailto:vbpsteph@msn.com">vbpsteph@msn.com</a>
1988	Rita (Flaim) Larson	<a href="mailto:ritajohnlarson@msn.com">ritajohnlarson@msn.com</a>	2007	Jeanette Schacher	<a href="mailto:jeanette_77_2000@yahoo.com">jeanette_77_2000@yahoo.com</a>
1989	Cathy Leong	<a href="mailto:mptcnt@gmail.com">mptcnt@gmail.com</a>	2008	Jeremy Hilliard	<a href="mailto:hill4088@pacificu.edu">hill4088@pacificu.edu</a>
1999	Jason Brumitt	<a href="mailto:brum4084@pacificu.edu">brum4084@pacificu.edu</a>	2009	Josh Zaverntnick	<a href="mailto:zave2503@gmail.com">zave2503@gmail.com</a>
2000	Julie Robertson	<a href="mailto:julierobertsonpt@gmail.com">julierobertsonpt@gmail.com</a>	2010	Belen Garcia	<a href="mailto:garcibelen@gmail.com">garcibelen@gmail.com</a>
2001	Melissa Miller	<a href="mailto:melamiller@hotmail.com">melamiller@hotmail.com</a>	2011	David Peterson	<a href="mailto:pete4118@pacificu.edu">pete4118@pacificu.edu</a>
2004	Jen Lambert	<a href="mailto:lamb5802@pacificu.edu">lamb5802@pacificu.edu</a>	2012	Shahin Pabani	<a href="mailto:paba8615@pacificu.edu">paba8615@pacificu.edu</a>
			2013	Bryan Lang	<a href="mailto:lang6602@pacificu.edu">lang6602@pacificu.edu</a>

## PT ALUMNI RECOGNIZED AS AMERICAN BOARD OF PHYSICAL THERAPY SPECIALISTS

Congratulations to the Pacific University Physical Therapy graduates who were recognized at the American Board of Physical Therapy Specialties Ceremony hosted at CSM, January 21, 2013, in San Diego, CA!

### Geriatric Physical Therapy

Mary E. Downey, PT, MS, GCS, '91

Lisa Marie Gilbertson, PT, MSPT, GCS, OCS, '99

Andrea Jean VanCampen, PT, GCS, '99

### Neurologic Health Physical Therapy

Anne Carlin Zymkowitz, PT, DPT, NCS, '04

### Orthopedic Physical Therapy

Grant Andrew Bortnem, PT, DPT, OCS, '09

Catherine Mae Brummett, PT, DPT, OCS, '05

Michael Ken Hirata, PT, DPT, OCS, '07

Adrienne Aiko Ohashi, PT, DPT, OCS, '09

Ariel Zita Salzman, PT, DPT, OCS, '05

Michael David Teater, PT, DPT, OCS, '06

### Pediatric Physical Therapy

Brenna Ann Brandsma, PT, DPT, PCS, '05

Trent Bryan Tompkins, PT, DPT, PCS, '04

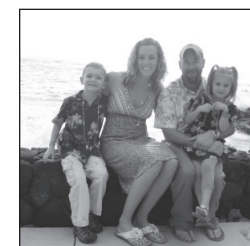
### Sports Physical Therapy

Kimberly Ann Williams, PT, DPT, SCS,

ATC, CSCS, '01

## JACKIE MRACHEK PT '02, PT '03 SETS "DREAMS IN MOTION"

Adapted from an article by Bryce Kershner '14



Pacific University alumna Jackie Mrachek '00, PT '02, PT '03 has dedicated herself to providing recreational and sporting activities for youth and young adults ages 2 to 25 with mobility challenges or visual impairments. Mrachek serves on the Board of Directors for Dreams in

Motion, a nonprofit organization that was created in 2011 in Bismarck, North Dakota. These sporting activities, which include swimming, basketball, sled hockey, curling, and much more, involve family, friends and volunteers. All participants use wheelchairs regardless of their actual mobility capabilities to provide an equal and competitive field.

Dreams in Motion plans to become a Paralympics organization by 2014. To become a Paralympics organization, 40 or more sporting activities must be provided; currently it offers over 30.

To learn more about Dreams in Motion visit their website at: [www.dreamsinmotioninc.com](http://www.dreamsinmotioninc.com).

To view the full article on the Pacific University website, go to [http://www.pacificu.edu/news/detail.cfm?NEWS\\_ID=12044&CATEGORY\\_ID=76](http://www.pacificu.edu/news/detail.cfm?NEWS_ID=12044&CATEGORY_ID=76)



## SAVE THE DATE/HOMECOMING 2013

All are invited to celebrate during Homecoming 2013, October 10-13. Weekend activities will include:

- Class Reunions for years ending in 3 & 8
- College of Health Professions continuing education
- Hillsboro and Forest Grove campus tours
- Willamette Valley Wine Tour
- Pacific's Finest Awards Reception
- Athletic Hall of Fame
- Gamma Sigma 150th Anniversary
- Volleyball and men's soccer games
- Boxer Nation Celebration before the football game against University of Puget Sound
- and more!

Visit [www.pacificu.edu/homecoming](http://www.pacificu.edu/homecoming) to learn more. Registration available this summer.

## A NOTE FROM THE EDITOR

Greetings fellow PT Alumni, I hope that this, the 14th edition of our annual newsletter, finds you prospering in your personal and professional lives. As I have spent the past year involved in the development and accreditation of a new PTA program in Northwest Montana, I have come to fully appreciate the extent to which our profession has evolved and developed throughout the years, especially in the areas of physical therapy education and research, as well as the changing legislation that affects us as health care practitioners. The articles and items in this year's newsletter point out some of the outstanding things that our faculty, alumni, and current students are doing to support and further the profession of physical therapy at academic, community, and government levels. As always, I love to hear what you are doing both personally and professionally. Please take time to update us either by filling out the form in this newsletter or by emailing me at [julierobertsonpt@gmail.com](mailto:julierobertsonpt@gmail.com). I look forward to hearing from you!

Julie Robertson, PT, MSPT  
Class of 2000

## KEEP US UP-TO-DATE!

Let us know what you and your colleagues are up to.

Name: \_\_\_\_\_

Class Year: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

What's happening: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_