Psychology is the empirical analysis of mind and behavior. The department members believe that reliable knowledge of psychological processes represents a necessary condition for meaningful action in the world. Virtually all disciplines profit from attention to psychological variables.

Psychology is a versatile, inherently interdisciplinary, and multi-methodological enterprise. We concur with one of the founders of modern psychology, William James, who wrote, "The union of the mathematician with the poet, fervor with measure, passion with correctness; that surely is the ideal."

The Department's mission is to engender the kind of student who possesses a varied, precise, and clear understanding of the major concepts, traditions, and findings within the field of modern psychology. Our goal is to mentor students to think critically and independently; who are well versed in both qualitative and quantitative methodologies and regard both as potentially valuable and appropriate.

The Goals of the Psychology Department are to:
- **introduce** students to the scientific approach and methods of critical analysis in the interpretation and evaluation of research and theory
- **present** a selection of courses that typify the breadth of the discipline and the expertise of departmental faculty
- **instill** cooperative learning strategies that enable students to participate effectively in group projects and in circumstances surrounding employment
- **polish** student writing so that they communicate clearly, succinctly and with authority both in oral presentation and in essay form.
- **mentor** and guide students' career choices by providing opportunity and instruction in basic and applied psychology, as well as allied health and service professions.

**REQUIREMENTS FOR THE PSYCHOLOGY MAJOR**
There are three general categories of courses that together make up the psychology major. All must be completed with a "C" or better.

Category I Courses are major requirements. You must complete all of these courses in order to graduate with a psychology major. Consequently, these courses are always offered annually (i.e., once a year) if not biannually (i.e., every semester).

Category II Courses are major elective requirements. You must complete one 4-credit course
from every sub-discipline area in order to earn your psychology degree at Pacific University. However, you may take more than one of these courses for credit toward the major. Course offerings vary from AD LIB (i.e., as needed) or biennial (i.e., every other year) to biannual (i.e., every semester).

Category III Courses are elective course options, emphases, and special topics courses that count toward the major. Students must earn an additional 12 credits by taking a variety of elective courses.

**CATEGORY I: Major Requirements**
Complete all of the below courses:
- PSY 150, Introduction to Psychology (4 credits)
- PSY 348, Research Methods (4 credits)
- PSY 349, Research Methods Laboratory (2 credits)
- PSY 350, Behavioral Statistics OR SOC 301, Social Statistics (4 credits)
- PSY 451, Senior Directed Research (4 credits)

**CATEGORY II: Required Breadth Elective Options**
Complete at least one course from the five groups below:

**Group A**
- PSY 252, BIOPSY I: Introduction to Behavioral Neuroscience with Laboratory (4 credits)
  OR
- PSY 352, Sensation and Perception with Laboratory (4 credits)

**Group B**
- PSY 202, Health Psychology (4 credits)
  OR
- PSY 211, Abnormal Psychology (4 credits)
  OR
- PSY 309, Personality Psychology (4 credits)

**Group C**
- PSY 316, Psychology of Studying (4 credits)
  OR
- PSY 314, Memory and Mind (4 credits)
  OR
- PSY 416, Cognitive Science (4 credits)

**Group D**
- PSY 240, Child Development (4 credits)
  OR
- PSY 281, Lifespan Development (4 credits)

**Group E**
- PSY 358, Psychology of Ethnic Diversity in the US (4 credits)
  OR
- PSY 308, Social Psychology (4 credits)
  OR
- PSY 310, Community Psychology (4 credits)
**CATEGORY III: Electives**
Category III courses are elective options, emphases and special topics courses that count toward the major. Students must take an additional 12 credits electives, although 4 must be upper division. Any course you do not take to fulfill Category II may be used for an elective, as can of the other Psychology courses except those required in Category I and the Professional Development courses (Category IV).

Additionally, the following classes from programs outside of psychology can electively be used towards the major or minor:
- BIOL 330, Genetics
- PHIL 310, Philosophy of Science
- PHIL 314, Philosophy of Mind
- PSJ 300, Community Based Action Research
- SOC 217, Gender and Sexuality
- SOCWK 325, Counseling and Interviewing Techniques

TOTAL: 50 credits required for Major with the B.A. degree
TOTAL: 58 credits required for Major with the B.S. (an additional 2 lab NS classes)

**CATEGORY IV: Professional Development Courses**
The following courses are recommended for any student interested in pursuing a graduate or professional degree. These courses DO NOT count toward upper division credits within the Major. However, they do fulfill upper division credits toward CORE.
These courses include:
- PSY 351, Directed Research
- PSY 448, Mentoring in Psychology
- PSY 451, Senior Thesis (You must take 4 credits of 451 but an additional 2 are also
- PSY 475, Internship Experience

**REQUIREMENTS FOR THE PSYCHOLOGY MINOR**
The Psychology minor must complete the following courses with a grade of "C" or better:
- PSY 150, Introduction to Psychology (4 credits)
- PSY 350, Behavioral Statistics or SOC 301, Social Statistics (4 credits)

**Elective courses (16 credits):**
Students intending to minor in Psychology should consult with a department member prior to choosing electives. At least 8 of the elective credits must be at the upper division level and no more than 2 elective courses outside of the Psychology may be used toward a Psychology Minor. These interdisciplinary courses must be Psychology-Approved courses.

Psychology-approved interdisciplinary courses include:
- EXIP 365, Perceptual Motor Learning
- BIOL 330, Genetics
- PHIL 310, Philosophy of Science
- PHIL 314, Philosophy of Mind
- PSJ 300, Community Based Action Research
- SOC 217, Gender & Sexuality
- SOCWK 325, Counseling and Interviewing Techniques

TOTAL: 24
TOTAL: 16