

OUTDOOR PURSUITS VOYAGES

White Water Rafting Multi-Day Individual Gear List

Used by Participant to pack for trip

As part of your registration process you will be asked to give your sizes. You will also be asked if you would like to rent any gear from Voyages.

*= Available to Rent (fee included in trip price)

**= Available to rent for a fee

- Sleeping bag (Synthetic or down mummy style rated to at least 20°)**
- Sleeping pad*
- Small day pack or fanny pack
- Duffle Bag to hold items
- Wool/synthetic socks (one pair)
- Water Shoes (Sturdy, Chacos, Texas, Crocs—**no flip flops**)
- Shorts (synthetic)
- Swimsuit (appropriate for activity)
- Sports Bras (two synthetic)
- T-shirt (three pairs of synthetic)
- Underwear (three pairs)
- Long sleeve shirt (one synthetic)
- Warm jacket (one fleece or wool)**
- Warm top (one synthetic or wool)**
- Warm pants (one synthetic or wool)**
- Rain Jacket**
- Warm hat (wool or synthetic)
- Brimmed hat
- Gloves/mittens
- Bandana
- Camp shoes (close-toed/old tennis shoes are great)
- Sunglasses (polarized, broad spectrum UV protection preferred)
- Bowl, Cup, Spoon
- Water bottles (two 1 liter bottles)
- Headlamp/Flashlight (spare batteries and bulb)**
- Personal hygiene items:
 - Toothbrush/toothpaste
 - Gender specific items
 - Wash cloth
 - Sun Block/ Bug Spray
 - Comb
 - Medications if necessary
- Optional:
 - Journal with Pen
 - Multi-Tool/Knife
 - Playing cards
 - Hacky sack
 - Frisbee
 - Instruments (Harmonica, etc)
 - Camera- in dry bag