Rock Climbing Multi-Day Individual Packing List

Used by participants to pack for trip

As part of your registration process you will be asked to give your sizes. You will also be asked if you would like to rent any gear from Voyages.

*= Available to Rent (fee included in trip price)
**= Available to rent for a fee

☐ Sleeping bag*
☐ Sleeping pad*
☐ Day pack
☐ Wool/synthetic socks (minimum of three pairs)
☐ Hiking Shoes (sturdy shoes that lace up for hiking moderate distances)
☐ Swimsuit (appropriate for activity)
☐ Shorts (one pair of synthetic)
☐ T-shirt (three pair of synthetic)
☐ Sports Bras (two pair of synthetic)
☐ Underwear (three pairs)
☐ Long sleeve shirt (one synthetic)
☐ Long underwear (synthetic)**
☐ Warm jacket (fleece or wool)**
☐ Warm top (fleece or wool)**
☐ Warm pants (fleece or wool)**
☐ Rain jacket**
☐ Warm hat (wool or synthetic)**
☐ Brimmed hat
☐ Gloves
☐ Camp/ Water shoes (Crocs, Tevas, Chacos etc.)
☐ Sunglasses (polarized, broad spectrum UV protection preferred)
☐ Bowl, Cup, Spoon
☐ Water bottles (plan on carrying a min. of 2 liters)
☐ Headlamp/Flashlight (spare batteries and bulb)**
☐ Personal hygiene items
  ☐ Toothbrush/toothpaste
  ☐ Gender specific items
  ☐ Sun Block/ Bug Spray
  ☐ Comb
  ☐ Any medications you may need

☐ Optional
  ☐ Multi-tool
  ☐ Journal and Pen
  ☐ Camera
  ☐ Playing cards
  ☐ Hacky sack
  ☐ Frisbee
- Instruments (Harmonica, guitar etc.)