Sea Kayaking Multi-Day Individual Packing List

Used by participants to pack for trip

As part of your registration process you will be asked to give your sizes. You will also be asked if you would like to rent any gear from Voyages.

* = Available to Rent (fee included in trip price)
** = Available to rent for a fee

Sleeping bag (Synthetic or down mummy style rated to at least 20º)*
Sleeping pad*
Day pack or fanny pack
Wool/synthetic socks (minimum of three pairs)
Shorts (synthetic)
Swimsuit (appropriate for activity)
Sports Bras (two synthetic)
Underwear (three pairs)
T-shirt (three synthetic)
Long sleeve shirt (one synthetic)
Long underwear (one synthetic)**
Warm jacket (fleece or wool)**
Warm Top (fleece or wool)**
Warm pants (fleece or wool)**
Rain Jacket**
Waterproof Pants (breathable)**
Warm hat (wool or synthetic)**
Brimmed hat
Gloves/mittens
Bandana
Camp shoes/ Water shoes (solid footwear- Crocs, Tevas, Chacos etc.)
Sunglasses (polarized, broad spectrum UV protection preferred)
Bowl, Cup, Spoon
Water bottles (two 1 liter bottles)
Headlamp/Flashlight (spare batteries and bulb)**
Personal hygiene items
  o Toothbrush/toothpaste
  o Gender specific items
  o Wash cloth
  o Sun Block/Bug spray
  o Comb
  o Medicine if necessary
Optional
  o Multi Tool
  o Camera
  o Playing cards
  o Hacky sack
  o Frisbee
- Journal and pen
- Instruments (Harmonica, etc)