Additional Student Success Resources

Student Counseling Center:
The Student Counseling Center provides a range of services focused on the mental health and well-being of Pacific students including issues relating to academic difficulty. Services are provided by professionally trained Psychologists and Counselors. For information on Student Counseling Center hours and scheduling appointments visit us on the web at http://www.pacificu.edu/studentlife/counselingcenter/ or call us at 503-352-2191.

Concerns commonly addressed include:

- Adjustment to College or Professional Programs
- Depression and/or Anxiety
- Interpersonal issues
- Grief and loss
- Identity Exploration
- Academic Difficulties
- Family Issues
- Self-Esteem
- Trauma and Abuse
- Substance Abuse
- Eating Issues
- Stress Management

Learning Support Services for Students with Disabilities:
Learning Support Services (LSS) at Pacific University coordinates educational accommodations for students with disabilities. Disabilities may be physical or learning related, and may be permanent or temporary.

Academic standards require qualified documentation to receive accommodation. Students are responsible for furnishing this documentation to the University through LSS.

To help them succeed, Pacific University welcomes students to be forthcoming about their status and needs at any time.


Study Locations

Some students need to seek locations to study outside of their dorm rooms. The list below includes some of the options available on and off campus:

- 24 hour study lounge in the Library
- Empty classrooms
- Forest Grove Public Library
- Coffee Shops