Surfing Multi-Day Individual Packing List
Used by participants to pack for trip

As part of your registration process you will be asked to give your sizes. You will also be asked if you would like to rent any gear from Voyages.

*= Available to Rent (fee included in trip price)
**= Available to rent for a fee

Backpack or duffle bag to carry all of your items
Sleeping bag*
Sleeping pad*
Day pack or fanny pack
Wool/synthetic socks (minimum of three pairs)
Sturdy Shoes for hiking down to beach
Shorts (synthetic)
Swimsuit (appropriate for activity)
T-shirt (three pairs of synthetic)
Sports Bras (two pair of synthetic)
Underwear (three pairs)
Long sleeve shirt (one synthetic)
Long underwear (one synthetic)**
Warm jacket (one fleece or wool)**
Warm top (one synthetic or wool)**
Warm pants (one synthetic or wool)**
Rain jacket**
Warm hat (wool or synthetic)**
Brimmed hat
Gloves/mittens
Bandana
Beach shoes (flip flops or sandals)
Sunglasses (polarized, broad spectrum UV protection preferred)
Bowl, Cup, Spoon
Water bottles (two 1 liter bottles)
Headlamp/Flashlight (spare batteries and bulb)**
Towel
Personal hygiene items
  o Toothbrush/toothpaste
  o Gender specific items
  o Wash cloth
  o Sun Block
  o Comb
  o Medications if necessary
Optional
  o Multi tool or knife
  o Camera
- Playing cards
- Hacky sack
- Frisbee
- Journal and pen
- Instruments (Harmonica, etc)