Surfing Multi-Day Individual Gear List  
*Used by Participant to pack for trip*

As part of your registration process you will be asked to give your sizes. You will also be asked if you would like to rent any gear from Voyages.

* = Available to Rent (fee included in trip price)  
** = Available to rent for a fee

- Backpack or duffle bag to carry all of your items  
- Sleeping bag**  
- Sleeping pad*  
- Day pack or fanny pack  
- Wool/synthetic socks (minimum of three pairs)  
- Sturdy Shoes for hiking down to beach  
- Shorts (synthetic)  
- Swimsuit (appropriate for activity)  
- T-shirt (three pairs of synthetic)  
- Sports Bras (two pair of synthetic)  
- Underwear (three pairs)  
- Long sleeve shirt (one synthetic)  
- Long underwear (one synthetic)**  
- Warm jacket (one fleece or wool)**  
- Warm top (one synthetic or wool)**  
- Warm pants (one synthetic or wool)**  
- Rain jacket**  
- Warm hat (wool or synthetic)  
- Brimmed hat  
- Gloves/mittens  
- Bandana  
- Beach shoes (flip flops or sandals)  
- Sunglasses (polarized, broad spectrum UV protection preferred)  
- Headlamp/Flashlight (spare batteries and bulb)**  
- Personal hygiene items:  
  - Toothbrush/toothpaste  
  - Gender specific items  
  - Wash cloth  
  - Sun Block/ Bug Spray  
  - Comb  
  - Medications if necessary  
- Optional:  
  - Journal with Pen  
  - Multi-Tool/Knife  
  - Playing cards  
  - Frisbee  
  - Instruments (Harmonica, etc.)  
  - Camera

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2/25/2019