

## Urban Adventure Individual Gear List Multi-Day

*Used by participants to pack for trip*

**As part of your registration process you will be asked to give your sizes. You will also be asked if you would like to rent any gear from Voyages.**

\*= Available to Rent (fee included in trip price)

\*\*= Available to rent for a fee

- Backpack or duffle (to carry all of your items)
- Day pack or fanny pack
- Socks (minimum of three pairs)
- Sturdy Shoes (for walking around city and light hike)
- Clothes
  - 4 days in the city (weather appropriate)
  - 1 day mild hiking (weather appropriate)
- Swimsuit (appropriate)
- Warm jacket\*\*
- Rain jacket\*\*
- Brimmed hat
- Shower shoes
- Sunglasses (polarized, broad spectrum UV protection preferred)
- Water bottles (plan on carrying a min. of 1 liters)
- Personal hygiene items
- Extra cash (souvenirs, meals out, etc.)
  - o Toothbrush/toothpaste
  - o Shampoo/ Conditioner/ Soap
  - o Gender specific items
  - o Towel
  - o Sun Block
  - o Comb/ Brush
  - o Medications if necessary
- Optional
  - o Camera
  - o Playing cards
  - o Frisbee
  - o Journal and pen

