

White Water Rafting Multi-Day Individual Packing List

Used by participants to pack for trip

- Sleeping bag
- Sleeping pad
- Day pack or fanny pack
- Wool/synthetic socks (one pair)
- Water Shoes (Sturdy, no flip flops)
- Shorts (synthetic)
- Swim Suit
- Sports Bras (two synthetic)
- T-shirt (three pairs of synthetic)
- Underwear (three pairs)
- Long sleeve shirt (one synthetic)
- Warm jacket (one fleece or wool)
- Warm top (one synthetic or wool)
- Warm pants (one synthetic or wool)
- Waterproof Jacket (breathable, with a hood on the jacket)
- Stocking cap (wool or synthetic)
- Brimmed hat
- Gloves/mittens
- Bandana
- Camp shoes (close-toed/old tennis shoes are great)
- Sunglasses (polarized, broad spectrum UV protection)
- Bowl, Cup, Spoon
- Water bottles (two 1 liter bottles)
- Headlamp/Flashlight (spare batteries and bulb)
- Whistle with lanyard (Voyages Provides)
- Journal with Pen (Flip top Steno is ideal)
- Personal hygiene items
 - Toothbrush/toothpaste
 - Gender specific items
 - Wash cloth
 - Sun Block
 - Comb
 - Medications if necessary
- Optional
 - Multi tool or knife
 - Camera
 - Playing cards
 - Hacky sack
 - Frisbee
 - Journal and pen
 - Instruments (Harmonica, etc)

Items Available to Rent for White Water Rafting

Fill out, Sign and Send this form to:
Voyages at Pacific University – 2043 College Way – Forest Grove, OR 97116

Clearly **check the item and size** of the items you wish to rent.
Items in bold are required.

- Voyage T-Shirt - **FREE**
 - SM
 - MD
 - LG
 - XL
- Backpack 5500 cubic inches \$20
 - TORSO IS SM
 - TORSO IS MD
 - TORSO IS LG
- Sleeping Bag and Sleeping Pad \$10
 - REGULAR
 - 6'4" OR TALLER
- Sleeping Pad Only (Free)
- Rain Jacket \$5
 - SM
 - MD
 - LG
 - XL
- Rain Pants \$5
 - SM
 - MD
 - LG
 - XL
- Fleece Top \$5
 - SM
 - MD
 - LG
 - XL
- Fleece Pants \$5
 - SM
 - MD
 - LG
- Synthetic Sox \$5
- Warm Hat \$5

- Everything (3 or more items) \$35

Total Rental Cost: \$ _____

By signing submitting this form I authorize Pacific University to charge my student account the full cost of any rental items that have been ordered here. We will not charge your student account for the rental items until you actually use these items on the trip.

Participant Signature: _____ **Date:** _____

Guardian Signature: _____ Date: _____
(if participant is under 18)

Voyages at Pacific University – 2043 College Way – Forest Grove, OR 97116
voyages@pacificu.edu :: (503) 352.3080