Hello and Welcome to Pacific University, we are so excited to meet you! Included in this newsletter you will find important information about Orientation, your First Year Seminar class, Pacific’s history, things to do to prepare before you arrive, and more. We hope you find this newsletter useful, and become more excited about starting your college experience! Our goal as the Orientation Staff is to provide you with the information you will need to be successful at Pacific!

Pacific University’s Orientation is a unique experience designed to help ease your transition to college life. It also introduces you to the expectations of academic commitment and genuine social engagement that are part of being a member of the Pacific Family. The activities during Orientation are designed to help you meet new people, get familiarized with our campus and its services, and gain a better understanding of yourself as an individual and provide you with the tools needed to be successful during your first couple of weeks and beyond. We look forward to seeing you soon.

- Orientation Staff
Letter from Orientation Director

Welcome! On behalf of the Orientation Staff and the Student Affairs division, it is my pleasure to welcome you to our community and introduce you to the next phase of your journey. Throughout the next couple of weeks, you will be receiving information from us to assist in our efforts to prepare for your arrival. It is important to read your emails and messages and respond to needed information as quickly as possible. These communications will contain information regarding your arrival to the University and what to expect during Orientation. In this newsletter you will find information to prepare yourself as you enter the Pacific and surrounding community. We look forward to seeing you in a few weeks. Until then, if you have any questions or concerns, please feel free to contact us!

Denise Price-Giesbers ‘00
Director; Orientation, Office of Transfer Student Services, and Information Center
Destination Pacific...

At Pacific University, we believe that life is a journey, and for our incoming students, their destination for 2015 is Pacific. They have chosen Pacific as a place to foster their intellectual growth, to learn about their perspective interests, to think critically about the world around them, and discover who they are and what they wish to do with their time here and in the years to come.

Destination Pacific: Orientation 2015 will be an introduction of how individuals of different cultures and backgrounds can come together to inspire new ideas and perspective for each other. Here at Pacific we are a diverse and supportive body made up of individuals who wish to better themselves so that they better the world.

Throughout Orientation, our staff will help connect new students to the resources and opportunities available, build friendships and connections to inspire and support one another in order to build a strong foundation for a better future; allow us to inspire and support one another towards greatness.
# Table of Contents

What is Orientation? ........................................... 04  
Voyages .................................................................. 05  
First Year Seminar ............................................... 06  
Pacific Essentials ............................................... 07  
Putting It All Together ....................................... 08  
Save The Date ..................................................... 09  
Legend Of The Boxer .......................................... 10  
Career Development Center ............................... 11  
Get Involved ....................................................... 12  
Boxer Lingo .......................................................... 13  
Stoller Center ...................................................... 14  
Academic Resources .......................................... 15  
Health, Safety, And Support ............................... 16  
Questions .......................................................... 17  
Tips For Residence Life ..................................... 18  
Academic Calendar ........................................... 19  
Directions .......................................................... 20  
Important Numbers .......................................... 21  
What is Orientation?

Who are the Ambassadors?
Orientation Boxer Ambassadors are current students of Pacific who will provide you with support throughout the week. They are your leaders during Orientation and proud Boxers. They arrive a week early for Orientation Training, and volunteer their time and energy to ensure that Orientation is an amazing experience for you! They will also serve as your peer mentor during the fall semester.

You will receive an email from your Orientation Boxer Ambassadors as they begin introducing themselves to you and getting to know you towards the end of July, beginning of August. If you have any questions regarding Orientation, don't hesitate to ask them as they will be your best resource during your first days at Pacific. If your Ambassadors do not contact you before the second week of August, please contact the Orientation Office at orientation@pacificu.edu

What is a POD?
A POD is a group of incoming students that is led by two Orientation Ambassadors. In a few short weeks we will send you an email introducing you to your Ambassador. You will then begin to hear from them at the end of July and the beginning of August. POD’s are created to make it easier to navigate the process during Orientation while becoming connected with other students. Each POD is created so you can meet new people from different places and backgrounds. You will be with your POD throughout Orientation to help you meet new people and make your college transition more enjoyable.

What do you do during Orientation?

- Attend your first college class, First Year Seminar
- Get to know your classmates at “Faces of Pacific.”
- Save money at Fred Meyer Night with huge savings for all Pacific students!
- Mingle with the students and faculty
Pacific Outdoor Pursuits

Pacific University’s Outdoor Pursuits program strives to serve the campus community by creating off-campus activities suitable for the enjoyment of everyone. Whether it be outdoor wilderness activities, urban programs, or service-oriented programs, the Outback hopes to fulfill the needs of all students. These programs, initiated and often led by students, encourage personal challenges, community responsibility, cultural diversity and appreciation for the natural world. These activities are provided at a discounted rate to assist students in learning new skills or enhancing those they already have. The hope is that these valuable skills will be applied to everyday student life and beyond.

503-352-2264

Rent a bike!
Choose between our line of long term Recycles Rental Bikes or join the ‘Free Bike Association’ and get access to eight bikes across campus for free anytime you want.

For more information please visit us in the Outback office or online at outdoors@pacificu.edu

GO WILD!

GO WILD! At the intersection of 21st Ave and College Way with games, raffle prizes, activities, and live music. The block party, hosted by Outdoor Pursuits in tandem with the Forest Grove Farmer’s Market, is a great place for students to get out and grab a taste of Pacific's recreational options while sampling all the fresh ideas Forest Grove has to offer. This year, we are holding the third annual GO WILD! Block Party to bridge the gap between community and campus, welcome students back to school in an engaging and interactive way, and to continue inspirit diversity in the outdoors.

Dinner will be held out on Marsh Lawn amid the ruckus, giving students a chance to enjoy all that the community has to offer while settling in to the 2015-2016 school year.
First Year Seminar

First Year Seminar (FYS) is a semester-long course designed to help you with your writing skills as well as teach you about yourself, your classmates, and the world around you. Generally, your classmates are also your neighbors in the residence halls, so you can work on assignments together as well as get help from one another.

All FYS classes are guided by common goals and principles, but each class is taught by different professors who incorporate their own area of expertise. A student mentor, selected by your professor or FYS staff, can assist you in your writing and class activities. You will be receiving a letter from your professor and student mentor over the summer.

In addition, each class will have different summer assignments; don’t be worried if your neighbor is writing a paper and you’re not. Be sure to read the letter from your professor closely and follow the instructions. Contact your professor or mentor immediately if you do not understand the assignment.

All FYS classes read a “Summer Text” that is shared by all sections. This year’s text is the ‘The Most Good You Can Do’ by Peter Singer. In addition to a group reading, all FYS classes will attend First Year Experiences (FYEs) together. You will learn more about FYEs during your first couple weeks of class.

Tips for Your First College Assignment

• Read the assignment carefully, making sure that you understand what you are being asked to do.
• Brainstorm ideas.
• Talk to your professor, classmates, student mentor, and fellow POD members.
• Go to a place with minimal distractions.
• Find a place where you can concentrate, such as the library, study rooms or an empty classroom.
• Understand that different people work best under different conditions.

Peter Singer’s books and ideas have been disturbing our complacency ever since the appearance of Animal Liberation. He directs our attention to a new movement in which his own ideas have played a crucial role: effective altruism. Effective altruism is built upon the simple but profound idea that living a fully ethical life involves doing the "most good you can do." Such a life requires an unsentimental view of charitable giving: to be a worthy recipient of our support, an organization must be able to demonstrate that it will do more good with our money or our time than other options open to us. Singer introduces us to an array of remarkable people who are restructuring their lives in accordance with these ideas, and shows how living altruistically often leads to greater personal fulfillment than living for oneself.

Peter Singer is Ira W. DeCamp Professor of Bioethics, Princeton University, and Laureate Professor, School of Historical and Philosophical Studies, University of Melbourne. The most prominent ethicist of our time, he is the author of more than twenty books including Animal Liberation, Practical Ethics and The Life You Can Save. He divides his time between New York City and Melbourne, Australia.
Pacific Essentials

Boxer Basics: Planner
College can be a very busy time full of assignments, club meetings, and your work study job. Pacific University understands this and will supply you with a daily planner to record your assignments and other plans. Boxer Basics will be distributed at Orientation. This planner also includes information about campus resources, events and personnel. Pick one up (while supplies last) at the Pacific Information Center anytime throughout the year after classes have started.

Your New Address:
Each student will receive their own mailbox and key during orientation. You will be issued a number for your mailbox which the Pacific Community calls your UC Box number. Your new address will look like this:

Name
Pacific University
UC Box # ****
2043 College Way
Forest Grove, OR 97116

Pre-order your Textbooks Today!
If you would like your books to be waiting for you at the bookstore when you arrive on campus, go to www.pacificu.edu and click on the University Bookstore link on the left-hand side of the page. Be sure you have your class schedule handy so you can select the proper classes. Select the “textbooks” bar and follow the steps under the heading “Your Customized Textbook List.” The bookstore will email you when your order has been received, and again when your order is ready to be picked up. There are options for pick-up and delivery.

Don’t forget Your Parking Permit!
If you plan to bring your car to campus, don’t forget to stop by the Pacific Information Center (PIC) when you get here, located in the UC, to purchase your parking permit for $40. Your student account will be charged, bring your Boxer ID and car information. Information can be found at: http://www.pacificu.edu/about-us/offices/campus-public-safety/parking

Laundry
Don’t save your laundry for the next trip home! There are laundry facilities on the bottom floor of each residence hall. All laundry machines are FREE to on-campus students.
Putting It All Together

Acclimation
• Print a copy of your class schedule and room assignments BEFORE the morning of the first day of class.
• Get to know your meal plan. Your Pacific ID card is also your meal card, so don’t lose it! Know the times of each meal and how your card works.
• Time management is important, plan on setting aside specific times during the day to study. We know it’s important to socialize with your new found friends, but you will find that professors don’t waste any time assigning homework and readings.
• Chat with your new roommate about expectations (cleaning, visitors, etc) and how you BOTH want to live.

Moving In
• Whether you are moving into the residence halls or into an apartment, the first thing to do is to set up and make your bed. This way, when you are exhausted from a full day of Orientation events, all you have to do is fall into it.
• Not everything is required to be moved in during the initial move in day on August 27th.
• Next, set up essential elements of entertainment (computer, TV, DVD player, Xbox, etc.).
• Take some time to decorate. Give your new room a personal touch with things like pillows, posters, pictures of friends, lamps, and even plants.

Transportation
• If you have a car, pick up your parking permit ($40 for the academic year) at the Pacific Information Center and learn where the student parking lots are in relation to your residence hall. Always lock your car! If you do not drive often, plan to check on it at least once per week.
• Store your bike in the bike storage rooms located in each building. It is important that you have a sturdy bike lock even though it’s in a bike storage.
• Figure out where each of your classes are located and how long it takes to get from one class to another—you don’t want to be late on the first day!
• Allow extra “travel time” because Pacific is a very personable campus - don’t be surprised if you stop to talk on the way to class!

Academics
• Read everything carefully. Each of your Professors will provide you with a written syllabus on the first day of class or ask that you print it from Moodle, an online tool where Professors share homework assignments and other class materials with their students. This syllabus has important details and dates for the semester— Try not to lose it, it is a useful guide to refer to throughout the semester.
• Engage in open dialogue with your professors early. Each professor is required to have weekly office hours, but if they do not fit with your schedule, most Professors will work with you to find another time to meet. Just ask!
• Do not wait until you are in academic trouble to talk to your professors! You will find that Pacific professors are the most important resources and advocates for your academic career.
• Start your projects and papers early and be sure to turn them in on time. This seems simple, but you will be surprised how easy it can be to procrastinate with your busy schedules and newfound freedom. If you start early you will save yourself many stressful and late nights.
• Don’t be afraid to ask for help! Everyone wants you to succeed: faculty, staff, and your peers!
Save The Date

Club and Organization Fair (9/11/15): Clubs and organizations have a chance to represent themselves and inform you about their activities and purpose. Come see all the options available and get involved!

Founders Day Corn Roast (9/19/15): The Forest Grove Community joins Pacific University on campus to celebrate the founding of the University. There are a variety of fun activities on campus, including a large corn roast and the Annual Chalk Art Festival.

Boxer Bash (TBD): Come celebrate our mascot! This program is sponsored by the Residence Housing Association (RHA) and offers many fun activities, games, and food. Boxer Bash provides an opportunity for clubs to host events for students, have fun, and represent themselves.

Homecoming and Reunion Weekend (10/2-4/15): Celebrate what it means to be a Boxer at this weekend celebration in the fall. Join in the fun on Friday evening at the Noise Parade, one of Pacific’s oldest traditions. On Saturday, join alumni and friends at the Boxer Nation Celebration and then cheer on the football team. Don’t miss the opportunity to connect with alumni who will be on campus during the weekend!

Family Weekend (10/23-25/15): Parents and family members join their students for all events on campus. Show your spirit at an athletic event, take in a student play, explore Forest Grove, and our annual Casino Night.

Wassail (December 2015): Join the Pacific University Greek Senate (PUGS) as they celebrate Wassail! All students, faculty and staff are welcome to join for a special dinner provided by food services along with a special program to honor new and established members of the Pacific community.

Lu‘au (4/9/15): The annual Lu‘au hosted by Na Haumana O Hawai‘i attracts over 2,000 people to campus in April. This entertaining evening is complete with authentic Hawaiian food, dancing, music, flowers, and gifts. Lu‘au is traditionally held the second Saturday of April, and students work hard all year to prepare for it, so mark your calendars!

Pacific’s Got Talent (TBD): Sign up and audition for Pacific’s Got Talent, brought to you by RHA. In this competition, students sing their hearts out and vote for their very own Pacific star!

Open Mic Nights (First Friday of every month): Throughout the school year, ACE Board sponsors Open Mic Nights which are open to all students to perform and attend. Sing, play your instrument, or read a poem—it’s open to everyone!

Senior Projects Day (4/27/16): A day in which classes are cancelled and the seniors present the thesis projects on which they have been working. This day is dedicated to the seniors who have been working hard all year. Make sure to support them by attending presentations of their theses and projects. It truly is amazing just how talented Pacific students are.
Legend Of The Boxer

Boxer has been the official mascot of Pacific University since 1969. Prior to the Boxer, the University’s mascot was the Badger, but far more people associate the University with Boxer due to the famous Boxer Tosses that took place throughout the 1900’s.

In the late 1800’s, Pacific University received a special gift from one of its alumni, Rev. J. Elkanah Walker. In 1881 he received the 16th century bronze incense burner as a gift and donated it to the University. It was presented and stored in front of the Chapel. The statue is of a mythical beast with scales, hooves, and horns, known as a Quilin, and is believed to frighten away evil spirits.

This incense burner acquired the name “Boxer” after the Boxer Rebellion in China during the 1890s. Boxer was first stolen in 1900; after this initial theft, various classes fought for possession of Boxer which became known as the “Boxer Toss.” Throughout the early 1900s, Boxer lost his tail and one front leg and is rumored to have ventured to France during World War One, and was even buried in a graveyard.

The original Boxer was last seen during a routine Boxer Toss in 1969, and remains missing to this day. In order to prevent the tradition of Boxer from dying out, three students arranged for another statue to be cast in bronze creating a new tradition on campus.

The Boxer Competition is an opportunity for various on-campus clubs to compete for possession of Boxer. The Gamma Sigma Fraternity were the last known holders of Boxer, and we believe the holders have since changed. Although the Boxer Competition replaced the Boxer Toss, our mascot was quite elusive and created quite a scene when it made appearances on campus.

Since then, the Boxer Toss and the Boxer Competition are not seen on campus because both Boxer Statues have been lost for some time now. Bits and pieces, such as the foot have been returned to the university in the recent years where it is displayed for the campus and community to see. Alumnae of the University are still involved in finding the original Boxer and hope that one day; they will be able to return its home, Pacific University.
Work Study Program
http://www.pacificu.edu/career/students/work_study/index.cfm

The Work-Study Program is designed to assist with the cost of a college education by making part-time jobs available for students while focusing on their academics. Work-Study is awarded to students by the Office of Financial Aid and is redeemed as wages for work one performs in qualifying jobs. Work-Study jobs can be located on campus, in local non-profit organizations, and governmental or community service agencies. Work-Study jobs can be found at the bi-annual Work & Service Fair, the first week of fall and spring semesters or by going to http://www.careercenterjobs.org/. All Work-Study jobs are coordinated by the Career Development Center. Students are encouraged to choose jobs that will compliment their educational and career goals. All students are required to fill out a W-4 and Form 1-9, which can be found on the Human Resource’s website under New Hire forms: http://www.pacificu.edu/hr/forms/index.cfm#newhire. Both forms must be completed and turned into the Career Development Center before you begin work. The Career Development Center will provide a Work-Study packet containing required forms.

- Note that official forms of identification are required (Social Security Card and birth certificate)
- Copies are not allowed, must show original

Internship Programs
http://www.pacificu.edu/career/students/internships/

An internship is a supervised, purposely educational and sustained work experience that supports a student's career development goals by providing the opportunity for the following:

Applied Learning - Apply the academic knowledge one has gained in the classroom to a professional setting;

Career Exploration - Learn about the qualifications and duties associated with a position or profession while exploring, identifying and confirming or disconfirming career interests;

Skill Development - Gain skills and knowledge required in particular work environments and cultures;

Personal Development - Engage in decision-making and gain critical thinking skills, increased confidence and self-esteem about career goals and the path you will take to achieve them.

Though facilitated by a Faculty Internship Advisor, a professional in the employment community, and the Internship Coordinator, you are the primary director of this learning experience, aimed at exploring the intersection of your academic and professional interests. Visit the Career Development Center in Chapman Hall to get started. Or visit the CDC website to make an appointment: http://www.pacificu.edu/career.
Get Involved

Being involved is the best way to get the most out of your college experience. At Pacific, we place a high value on volunteer and community service both on and off campus. We hope that you find a group that best represents who you are and what you love to do! But if you don’t, it’s not difficult to create your own!

**Clubs and Organizations:**

Accounting Club  Pacific Christian Fellowship
Active Minds  Philosophy
Activities and Cultural Events Board (ACE)  Pacific Slam (Poetry)
Ambassadors (SOAR)  Pacific University Greek Senate (PUGS)
Anthro-Soc Club  Pacific University Unified Sports
Art Club  Physics Club
B-Street Farm Club  Politics and Law Forum
Biology Club  Pre-Dental
Business Club  Pre-Med
Center for Civic Engagement  Pre-Occupational Therapy
Center for Gender Equity  Pre-Optometry Club
Chemistry Club  Pre-Pharmacy
Circle K  Pre-Physical Therapy
Colleges Against Cancer  Psychology/ Psi Chi
College Democrats  PUMA (Film Club)
Computer Science Club  Qilin Club (Chinese Club)
Connections Club (Transfer Students)  Racquetball Club
Dance Team  Rainbow Coalition
Drama Club
Exercise Science Club  RHA (Residence Housing Association)
Fashion Club  ROOTS
French Club  Rugby
Forensics (Speech & Debate)  SAAC (Student Athletic Advisory Committee)
German Club  SEA (Students for Environmental Awareness)
Gifts for Good  Slackline Club
Grappling Club  Social Work Club
Hilliel (Jewish Club)  Spanish Club
Hip-Hop Club  STAT (Students Today Alumni Tomorrow)
International Club  Ultimate Frisbee Club
Japan Club  Up Till Dawn
Math Club  Greek Life
Men’s Lacrosse  Sororities:
Music Club  Alpha Kappa Delta
Na Haumana O Hawaii (NHOH)  Theta Nu Alpha
Newman Club  Delta Chi Delta
PDFA (Pacific for Dignity of Animals)  Phi Lamda Omicron
Phi Eta Sigma  Fraternities:
Otaku Zone  Alpha Zeta
Pacific Christian Fellowship  Gamma Sigma
Rugby  Pi Kappa Rho
SAAC (Student Athletic Advisory Committee)  Publications and Media
SEA (Students for Environmental Awareness)  INDEX (Newspaper)
 Slackline Club  Boxerradio.com (Radio Station)
Social Work Club  PLUM (Pacific Literary Undergraduate Magazine)
Spanish Club  PUMA (Pacific University Media Arts)
STAT (Students Today Alumni Tomorrow)
**Boxer Lingo**

**AC** - Area Coordinator, a University Staff member who oversees Resident Assistants from several buildings. You can visit your AC if they have questions about housing, or just want support.

**ACE BOARD** - Activities and Cultural Events Board, a student organization that sponsors events such as Open Mic and Lip Sync. They are frequently at other organization’s events as the University DJ’s and tech support.

**BOXER PAUSE** - Multi-media conference room located on the top floor of the University center.

**CPS** - Campus Public Safety is responsible for overseeing the safety and security of the campus community. They are available 24/7, just dial x2230 from any campus phone, or 503-352-2230 from any other phone.

**CGE** - Center for Gender Equity, an active student organization best known for their ‘Brown Bags’ and guest speakers.

**CLIC** - The Center for Languages and International Collaboration. A multi-media, interactive, and collaborative learning center located in Scott Hall, the CLIC reflects the best practices of language and international pedagogy.

**LSS** - Learning Support Services, coordinates educational accommodations for students with any disabilities. Located in Clark Hall.

**MAC** - The affectionate term for McCormick Hall, one of the on-campus residence halls.

**SAC** - The Stoller Center, houses a gymnasium, field house, classrooms, aerobics room, weight room, wrestling room, sports medicine facility, and much, much more!

**PIC** - The Pacific Information Center provides general info on Pacific and the external community activities. They are a great referral resource and also performs multiple functions such as parking permits, sale of movie tickets and bus tickets.

**P.O.D** - On campus student market located in the top floor of the University Center.

**PRB** - The student-chaired Peer Review Board is responsible for adjudicating violations of the student Code of Conduct. Hopefully you don’t hear about it to much!

**PUGS** - The Pacific University Greek Senate is the governing body for Pacific’s Greek System.

**RA** - Resident Assistants are full-time students who are responsible for planning activities in your wing of the residence hall. They have also gone through extensive training; thus they are prepared to help you with anything you need.

**RHA** - Residence Housing Association is a governing body that creates guidelines for the students residing in University residences as well as organizing activities.

**THE GROVE** - All you care to eat dining facility located in Washburn Hall.

**THD** - The Technology Help Desk serves as the University’s headquarters for computer and technology support. Located in the basement of Marsh Hall.

**UC** - The University Center is our living room. You will eat your meals here, pick up your mail, study, and socialize in this building. It is also called Washburne Hall.

**UC Box** - This is how we refer to your mailbox, which is located in the lower level of the UC. Be sure to check it often!

**Vanders** - Vandervelden Court is the apartment-style housing on campus.
Amenities:

Weight Room
Our 5,000 sq. ft. weight and fitness center includes free weights and Hammer Strength machines. There are also a number of aerobic machines such as treadmills, elliptical trainers, exercise bikes, rowing machines, and stair climbers.

Intramurals
Teams form throughout the year for basketball, volleyball, soccer, softball and more! There will be weekend tournaments for dodgeball, mixed tennis doubles and organized bikes rides as well as weekly Zumba and yoga. Contact the Intramural Desk in the Stoller Center at intramurals@pacificu.edu.

Equipment Check Out
A variety of sports equipment is available to check out. Visit the Intramural desk in the Stoller Center and have your BoxerCard ready.

Open Gym
During open gym times, the Stoller Center has five basketball courts and volleyball courts available for use.

Raquetball and Handball Courts
The Stoller Center has three courts available for competitive or recreational use. Sign-ups at the main athletic office.

Classes
Throughout the year, the Stoller Center hosts a number of classes including: Dance Aerobics, Weight Training, Yoga, Womens Self-Defense, Golf, Sea Kyaking, Intramurals, etc. Look on BoxerOnline for classes listed as “HPER” classes.

Lockers for Checkout
If you have a lock, you can fill out a locker form and use any free locker. Available in the basement of the Stoller Center.

Forest Grove Aquatic Center:
Pacific University students receive free use of the Forest Grove Aquatic Center during the public swim and fitness swim hours with their BoxerCard. These hours change seasonally and are posted at the aquatic center or online at: http://www.forestgrove-or.gov/city-hall/aquatic-center-hours.html.
Academic Resources

Pacific University has 14 computer labs, utilizing both Mac and PC computers, which are available for students to use. Some of these labs are accessible 24 hours a day while others are available for special projects and departmental use. Information about each lab is available on the Technology Information Center website. All computers include essential software that is required for classes, as well as programs for personal use. Pacific recommends that students bring a personal computer—either laptop or desktop—to accommodate all student needs outside of what is provided on campus, but it is not required.

Tutoring and Learning Center
The Tutoring and Learning Center provides free tutoring to students who would like assistance with both Writing, Math, and Natural Sciences. Tutorial assistance is given in math and science while feedback is given to students on written assignments. The tutoring center is staffed by highly trained and experienced tutors willing to help. Tutoring is also available for individual courses.

Learning Support Services
The Learning Support Services for Students with Disabilities Office is designed to arrange for specialized academic support services or modifications to the learning environment for students with disabilities. The University requires appropriate documentation of a disability to better enable students to meet established academic standards. In general, the University will work with students to provide note-takers, e-text, extended exam time, segregated testing, readers, reduced academic load and physical accommodations. The University complies with the Americans with Disabilities Act Amendments Act of 2008 (ADAAA).

The Library
- Research help -- drop in or by appointment with librarians.
- 24-hour study room and library classroom with 24 MAC computers, a photocopier/printer available 24 hours a day with Boxer Card
- Learning Commons with 24 computers and staff to offer assistance
- Collaborative study rooms equipped with TVs and DVD players
- Web-based research databases
- Access to print and electronic journals and books, DVDs, and an extensive music collection
- Summit Borrowing: students can borrow materials from other libraries in the system

Undergraduates may borrow:
- Books: 3-week checkout period
- DVDs & Videos: 6-day checkout period
- Reserves: 2 hours/4 hours or 2 or 6 days (depending on item)

PUNet ID and BoxerCard are used for:
- Checking out items
- Accessing the 24-hour study room
- Interlibrary loan borrowing
- Logging onto campus computers and printers
- Accessing your own library record
- Getting into Residence Halls
- Paying for your meals
Health, Safety, And Support

Student Health Center

Services include:

The Student Health Center (SHC) provides treatment, by appointment, of acute illnesses (colds, flu, acne, skin infections, allergies) and stable chronic illness (asthma, depression, hypertension, anxiety); sexual health services (including annual exams, birth control, STD screening and treatment); health maintenance (general, study abroad, and sports physicals, health education, immunizations); and assistance with referral to specialists as needed. All enrolled students are eligible to receive services. There is no charge for office visits, and lower cost charges for other services including, in-office lab work, medications, physicals, and immunizations. Providers can prescribe medications when appropriate and medications not carried in the clinic can be filled at any Oregon pharmacy.

For more information on hours, services and costs, please visit www.pacificu.edu/healthcenter.

Counseling Center:

The Counseling Center offers confidential individual and couples psychotherapy, emotional and mental health consultation, and crisis services to enrolled Pacific University Students. There is no fee for the first 10 sessions in an academic year (July 1-June 30). The cost is $15 per session above 10 in one academic year. Students often seek counseling support or consultation to discuss concerns they have about their adjustment to college, relationships, personal identity, depression, anxiety, past or recent trauma, substance use, body image, and academic difficulties. Students with urgent concerns may walk in during the noon hour on weekdays, when no appointment is needed to see a counselor. Referrals to off-campus resources may be made when additional services are required to meet the psychological needs of students.

See http://www.pacificu.edu/about-us/offices/student-counseling-center or call 503-352-2191 for more information or self-help resources.
Questions

When will I get my housing and roommate assignment?
Housing assignments will be mailed to you by the end of July. Please be patient, let us know if you have any questions!

What happens if my roommate and I keep focusing on our differences and not our similarities?
The Housing and Residence Life staff have years of experience in assisting students when difficulties arise between roommates and will help students in a variety of ways, including facilitated mediation. If the issues cannot be resolved it is possible to change the living situation. Many students find that even though they have little in common with their assigned roommate, it can be a good life experience in learning to accept differences.

What is the alcohol policy?
Students under the age of 21 may neither possess nor consume alcohol. Additionally, underage students are prohibited from being in a space where alcohol is present. For a more detailed description of this policy and others, please refer to the residence hall handbook, “Living on Campus,” which is online at http://www.pacificu.edu/policies/student/sec03.html

What is the Smoking Policy?
Pacific University prohibits smoking anywhere on Pacific University campuses. This includes all Pacific owned or controlled properties and events on the Hillsboro, Forest Grove, Woodburn and Eugene campuses.

What if I don’t like the food?
Dining Services strives to provide enjoyable meals and plenty of options, including vegan, vegetarian and gluten free. They are open to hearing student feedback and making adjustments if possible.

What happens if I forget my BoxerCard in my room and can’t get back into the building?
You can call CPS who will send an officer to let you into the building between 7 p.m. and 7 a.m. During daytime hours, call the RA on duty.

What happens if I get locked out of my room?
You can call your RA who will unlock your door for you. Be aware that they will start charging you after you have been locked out three times. Never assume that your roommate will leave your room unlocked—always bring your keys and Boxer Card with you and remember that it’s always a good practice to lock your door.

What happens if I’m late to class?
This depends on the professor. Some professors don’t mention it. Others will take points off your grade, and some will tell you not to come at all if you’re going to be late. Either way, being late is disrespectful to your professor and classmates and should be avoided.

When do I have to declare my major?
Pacific students are not required to officially declare their major until the end of their sophomore year. If you’re not sure yet, you still have time! You can still change your major even after you declare.

How safe is campus?
Most students report that they feel very safe on campus. CPS is a strong presence and they will respond to any situation to help you, whether you need an escort or see suspicious behavior. This is your community; report suspicious behavior.
A FEW TIPS FOR LIVING IN RESIDENCE HALLS FROM CURRENT STUDENTS...

• You can enter YOUR residence hall 24/7, but your BoxerCard will only get you into other halls from 7 a.m. to 10 p.m. Sunday through Thursday, and 7 a.m. to 12 a.m. Friday and Saturday.
• Read and understand the “Living on Campus” residence hall handbook which can be found at http://www.pacificu.edu/studentlife/housing/documents/HallHandbook_Final2013.pdf
• Know your resources so that you can know where to go to get help.
• Openly communicate with your roommate. Don’t wait until issues get out of hand to deal with them.

Consider:
- Umbrella
- Fan
- Television/DVD Player/Printer
- Stereo/iPod/CD Player
- Ethernet Cord
- CD’s/DVD’s
- Books/Magazines
- Board Game/Deck of Cards
- Bicycle and Lock
- Sewing Kit

Necessities:
- Insurance Cards
- Backpack
- Bank Information, Checks, ATM Card
- Bedding (Extra Long Twin!)
- Pillow
- Towels/Washcloths

- Alarm Clock
- Desk Lamp /Light Bulbs
- Extension Cord
- Power Strip
- Trash Can
- Wall Decorations
- Laundry Baskets
- Laundry Soap/Dryer Sheets
- Hangers
- First Aid Kit
- Flashlight
- Computer
- Highlighters
- Pens/Pencils
- Stapler/Staples
- Notebooks
- Tape
- Binder/Folders
- Calculator

Prohibited:
- Candles with Burnt Wick
- Halogen Lamps AC/Heating units
- Dartboard
- Illegal Substances
- Pets (Especially the furry kind)
- Microwaves or Open Coil Burners
- Personal Furniture (Wood or Cloth)
## Fall Semester 2015

### AUGUST
- 10-27 Optional Voyage Trips for New Students
- 26-28 International Student Orientation
- 27 New Student Orientation Begins
- 27 Convocation
- 31 Courses Begins

### SEPTEMBER
- 4 Last day for New Student Registration
- 7 Labor Day
- 14 Last day to add full semester courses
- 30 Last day to withdraw from 1st half semester courses

### OCTOBER
- 9 Fall Break – No Courses
- 16 Last day of 1st half semester courses
- 19-23 Final Exams for 1st half semester courses
- 19 First day of 2nd half semester courses
- 23 Last day to drop 2nd half semester courses with no record

### NOVEMBER
- 9 Last day to withdraw from full semester courses
- 18 Last day to withdraw from 2nd half semester courses
- 23 Advising Ends for Winter & Spring Terms
- 25-27 Thanksgiving Holiday – No Courses

### DECEMBER
- 8 Last day of courses
- 9 Reading Day
- 10-11 Final Exams
- 14-16 Final Exams

*Dates can be subject to change. Please double check the website [http://www.pacificu.edu/as/calendar](http://www.pacificu.edu/as/calendar)
Directions

Driving to Campus

Pacific University is located in Forest Grove, Oregon, 22 miles west of downtown Portland. From Portland, the preferred route to campus is via Highway 26 (Sunset Highway), turning south at Banks (via Highways 6 and 47). The area map below displays these routes.

1. FROM THE NORTH...
   Traveling southbound on Interstate 5, take the 405 West exit, follow signs and exit to Highway 26 West (Ocean Beaches/Zoo).

   FROM THE SOUTH...
   Traveling northbound on Interstate 5, take Highway 217 North exit, follow signs and exit to Highway 26 West.

   FROM THE EAST...
   Traveling westbound on Interstate 84, follow signs and exit to Interstate 5 Southbound, follow signs to 405, and to Highway 26 West.

2. THEN... FROM HIGHWAY 26
   Exit left onto Highway 6 (Tillamook/Banks), after driving 2 miles exit and turn right to Highway 47 South. Travel about six miles. Upon entering Forest Grove, turn right onto Sunset Drive at stoplight. Sunset Drive ends when it runs into campus. Turn right at the stop sign to (University Avenue). The next left is College Way, the main entrance to campus.
Important Numbers

**Orientation Office**
email: orientation@pacificu.edu  
website: [http://www.pacificu.edu/orientation](http://www.pacificu.edu/orientation)  
phone: (503)-352-3040

**Business Office**
email: cashiering@pacificu.edu  
website: [http://www.pacificu.edu/offices/bo/index.cfm](http://www.pacificu.edu/offices/bo/index.cfm)  
phone: (503)-352-2128

**Financial Aid Office**
email: financialaid@pacificu.edu  
website: [http://www.pacificu.edu/financialaid/](http://www.pacificu.edu/financialaid/)  
phone: (503)-352-2222

**Technology Help Desk**
email: help@pacificu.edu  
website: [http://www.pacificu.edu/uis/tic/](http://www.pacificu.edu/uis/tic/)  
phone: (503)-352-1500

**Housing and Residence Life**
email: housing@pacificu.edu  
website: [http://www.pacificu.edu/studentlife/housing/index.cfm](http://www.pacificu.edu/studentlife/housing/index.cfm)  
phone: (503)-352-2200

We hope you have found this newsletter to be helpful and informative. We look forward to meeting you this fall and hope that you are as excited as we are! If you have any questions, please feel free to contact us at the Orientation Office.

**ORIENTATION STAFF**
Taylor Farris, ‘16 Transfer Coordinator  
Jessica Cueva Caves, ‘16 Parent Coordinator  
Mackenzie Huddleston, ‘15 Freshman Coordinator  
David Kelley, ‘16 Freshman Coordinator

**ORIENTATION PROFESSIONAL STAFF**
Denise Price-Giesbers,  
Angela Surratt, and Will Perkins