Welcome!
Academics: Here’s What We Expect from You

Our Expectations of You / Support Services

Professor Steve Smith
Associate Dean for Student Academic Affairs
College of Arts and Sciences
What do we expect of our students?

That they do excellent academic work of which they are capable.

That they remember that academic work is *job one* at Pacific.

That they work harder as the going gets tougher.

That they ask for help when they need it.

That they do more than just the minimum required.
Minimum requirements for satisfactory academic standing

- 2.0 minimum GPA every semester
- 2.0 minimum cumulative GPA
- Minimum 12 earned credit hours each semester
How students perform each semester

- Meet minimum standards: 70%
- Far exceed minimum standards: 20%
- Do not meet minimum standards: 10%
WHAT HAPPENS IF YOU DO NOT MEET THESE MINIMUM STANDARDS?
"Warning" status

Lasts one semester

Generally assigned the first time a student does not meet the minimum academic standard

The faculty advisor is notified

Student receives a letter from the Academic Standards Committee and Associate Dean for Student Academic Affairs

Letter placed in the student’s record file

A sign that serious reorientation is necessary

A time for the student to reevaluate his/her "plan"
"Probabtion" status

Lasts for one semester; generally assigned for a second poor semester

The faculty advisor is notified

Student may not participate in inter-collegiate or club sports, forensics, media, and other college-sponsored activities

A serious sanction; noted in the student’s record file

Student receives a letter from the Academic Standards Committee and Associate Dean for Student Academic Affairs

Requires submission of academic improvement plan to the Associate Dean
"Suspension" status

Lasts for one full academic year

Course pre-registration records are cancelled

Must leave the university

"Suspension" status noted on permanent transcript

Must request permission to apply for readmission
Obstacles to academic success

- Poor time management
- Too much or too little social life
- Unclear educational or professional goals
- Outside employment (too much)
- Lack of commitment
- Inadequate study time
- No contact with faculty and/or faculty advisor
HOW MUCH IS “ENOUGH” STUDY TIME?
You should try to devote 2 to 3 hours of study outside of class a week for every hour you spend in the classroom.
Translation: If you are registered for 16 credits, you should be studying a minimum of 32 hours a week!
Resources/Support Services

Challenges

Resources
Tutoring and Learning Center (TLC)

Provides one-on-one and group tutoring by experienced and trained peer tutors

- Chemistry (general and organic)
- Mathematics (through calculus)
- Accounting
- Physics
- Statistics (math, sociology)
- Writing
- Foreign Languages (each language on a different night)
- Economics

Sundays through Thursdays from 7 to 10 p.m.
Afternoon hours vary by semester
Walk-in tutoring is preferred

Location: Scott Hall; check out the website www.pacificu.edu/tlc
Partners with faculty advisors to meet the advising needs of our students

Connect your career and life goals to your academic experience

Work on your graduation and professional program prerequisites

Declare your major(s) and minor(s) and Focal Studies

Bring your questions about graduation requirements, policies and planning

Gretchen Potter, Director of Academic Advising
advisingcenter@pacificu.edu; gpotter@pacificu.edu

Mike Shingle, Academic Advisor
mike.shingle@pacific.edu
Learning Support Services (LSS)

Designed to arrange for specialized academic support services or modifications to the learning environment for students with disabilities.

- these disabilities may be physical or learning related
- short or long-term

Once the appropriate documentation is turned in, the university works with students to provide a variety of services that will accommodate their specific needs to help them meet the established academic standards.

Student records and information are kept confidential and are distributed only with the consent of the student.

Location: Clark Hall  lss@pacificu.edu
The Student Counseling Center provides a range of services focused on the mental health and well-being of Pacific students.

Services are provided by professionally trained psychologists and counselors.

Concerns commonly addressed include:

- Adjustment to college or professional programs
- Depression and/or anxiety
- Interpersonal issues
- Grief and loss
- Identity exploration
- Academic difficulties
- Family issues
- Self-esteem
- Trauma and abuse
- Substance abuse
- Eating issues
- Stress management

For more information, please call the counseling center at 503-352-2191.
A professional medical clinic with services provided by licensed Nurse Practitioners, Physician Assistants and Certified Medical Assistants.

- **Treatment of Acute Illnesses and Injuries**
  
  Respiratory illnesses (colds, flu, bronchitis, pneumonia, ear infections), urinary tract infections, skin infections, acne, headaches, allergies, sprains, etc.

- **Treatment of Stable Chronic Illness (on a case by case basis)**
  
  Asthma, hypertension, depression, anxiety, etc.

- **Sexual Health Services**
  
  Testing and treatment of sexually transmitted diseases, birth control, emergency contraception, menstrual issues, vaginitis, etc.

- **Health Maintenance**
  
  Physicals (sport, travel, general), PAP smears, family planning services

- **Contraception**
  
  Oral contraceptives, emergency contraception, Depo Provera, free condoms

- **Immunizations**
  
  Measles, Mumps, Rubella (MMR), Hepatitis A, Hepatitis B, HepA/B combination, Tetanus/Diphtheria/Pertussis (Tdap), Flu Vaccine, and Tuberculosis (TB) screening

- **Health Education and Counseling**
  
  Nutrition, tobacco cessation, sleep counseling, illness prevention and stress management

- **Referrals to specialists as indicated. A list of local physicians is available.**
Associate Dean for Student Academic Affairs

Monitors student academic performance
Fields queries regarding student academic status
Refers students to appropriate campus resources
Fields queries regarding university and college policies
Intervenes with and provides ongoing support for students experiencing academic difficulty
Confers with Dean of Students and other university officers

Professor Steve Smith  
Bates House
Mission: Creating pathways to professions before graduation
First year: deciding

Work-Study
Work and Service Fair
  First Thursday of each semester
Career Advisor and Career Plan
MajorFest
Advantage Program - HPE 190
Second year: seeing

Declare a major
Conduct career field research
Attend networking events
Job shadow individuals who have interesting careers
Plan to study abroad
Take prerequisite classes for graduate programs
Third year: doing

- Update your Career Action Plan with your career advisor
- Research graduate schools
- Secure an internship
- Attend First Avenue Career Expo.
- Attend Junior Junction
Final year: convincing others

Create a LinkedIn profile and connect with Pacific Alumni

Utilize resources for mock interviews, polish your resume and get business cards

Get support with grad school applications

Attend Job fairs to perfect your elevator speech

Participate in networking events

Celebrate at Senior Tailgate and Salute
University Chaplain

Available to assist students and others in finding places of worship, to provide support to student faith groups on campus, and to further the mission of the University

The Chaplain is available to provide short-term pastoral care to students and other Pacific community members

Rev. Dr. Chuck Currie
chuck.currie@pacificu.edu

Center for Peace and Spirituality